

Jose Casique - Assistant Coach/Head of Fitness and Performance.

Jose comes to East Atlanta after previously working with the U17 Venezuelan National Team and has worked with different professional academies in the US and Venezuela. Jose's motivation and passion for what he does comes from his role model Rodolfo Paladini, which was Jose's Fitness coach while he played for Caracas F.C. Academy. Rodolfo Paladini worked at Atlanta United F.C. as an assistant coach and is currently working with the Mexican national team a long side opportunity Tata Martino.

Jose's role at the Club as the head of Fitness and Performance will be, establishing and maintaining a strength and conditioning program for the athletes, improving athletic performance, reducing athletic injuries, and teaching lifelong fitness and movement skills. He will build and maintain a professional athletic analysis program for the evaluation of athletes, by maintaining a database on all players and their performance. He will design and implement strength training and conditioning programs in season, off season and pre-season in a manner that reflects research, driven practices in the long term athletic /fitness development.