

During this uncertain time, we need to be fluid with our Return To Play Protocols. Decisions made today may not be same as tomorrow. Please refer back to this document often. We have used many sources in coming up with our Return To Play recommendations, including but not limited to local high school athletic association guidelines, [the Aspen Institute](#), [the Play Sports Coalition](#), [the Centers for Disease Control and Prevention](#), Massachusetts reopening phases and [NFL FLAG](#) recommendations.

## **SYFFL REQUIREMENTS:**

### **MANDATES FOR COACHES/ATHLETES**

- Must conduct daily symptom assessments (self-evaluation) on their participant(s). Anyone that is experiencing symptoms, a temperature of 100.3 or above, or has come into contact with someone who is sick must stay home.
- Wash your hands with soap and water and bring personal use hand sanitizer to the fields.
- Bring a personal water bottle which MUST be labeled with players' names.
- **The current outdoor covid protocols state once coaches and players are on the field, masks may be removed. Spectators that cannot maintain 6 feet apart should wear masks. If you personally prefer to wear a mask, please do so as we are sure we will have a mix of both on the field.**
- Players are highly encouraged to not touch their mouth guard once it has been placed in their mouth and to sanitize their hands after it has been touched.
- No touch rule – players should refrain from high fives, handshake lines, and other physical contact with teammates, opposing players, coaches, officials, and fans. A “round of applause” can be used following the game in lieu of the handshake line.

### **MANDATES FOR SPECTATORS**

- Must conduct daily symptom assessments (self-evaluation). Anyone that is experiencing symptoms, a temperature of 100.3 or above, or has come into contact with someone who is sick must stay home.
- Must not enter player areas during including both practices and games.
- Please use judgment when bring senior citizens and others with health issues to the games.
- Spectators that cannot maintain 6 feet apart should wear masks. If you are interested in wearing a mask
- Avoid post play socializing.
- Leave the field as soon as reasonably possible.

### **MANDATES FOR COACHES**

- **The current outdoor covid protocols** once coaches and players are on the field, masks maybe removed. Spectators that cannot maintain 6 feet apart should wear masks. If you are interested in wearing a mask, please do so as we are sure we will have a mix of both on the field.
- Must conduct daily symptom assessments (self-evaluation). Anyone that is experiencing symptoms, a temperature of 100.3 or above, or has come into contact with someone who is sick must stay home.
- There will be no coin toss. The home team will begin with ball possession and the away team will begin with ball possession after half time.

- No touch rule – coaches should refrain from high fives, handshake lines, and other physical contact with teammates, opposing players, coaches, officials, and fans. A “round of applause” can be used following the game in lieu of the handshake line.
- No coaches will be allowed on the field to disagree or argue a call. Coaches must call the referee to their sideline with all questions and remain 6ft away. This is going to be an adjustment for us all so all coaches’ parents etc. must show good sportsmanship and patience. Arguing judgement calls will not be tolerated. The referees are going to do the best they can. For the safety of all we will not allow aggressive arguing with any referee.
- Must ensure that players are following COVID-19 -related prevention measures included herein.
- Teams must be on opposite sides of the field.
- All teams must use their own balls and keep them clean in between possessions (wiping them down with a sanitizer wipe).
- No team snacks/drinks
- No after game team huddle
- Avoid post play socializing.
- Leave the field as soon as reasonably possible.

## **MANDATES FOR OFFICIALS**

- Must conduct daily symptom assessments (self-evaluation). Anyone that is experiencing symptoms, a temperature of 100.3 or above, or has come into contact with someone who is sick must stay home.
- Must adhere to 6-foot social distancing practices when interacting with players, coaches, and spectators off the field of play.
- Wear face coverings at all times.
- Must avoid exchanging documents or equipment with players, coaches, or spectators.
- There will be no coin toss. The home team will begin with ball possession and the away team will begin with ball possession after half time.

**This information is subject to change as state and local requirements change.**