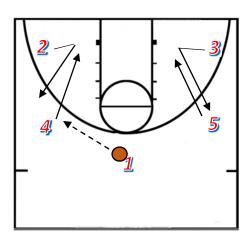
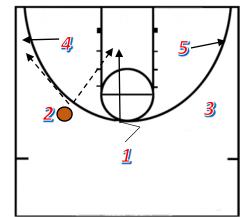
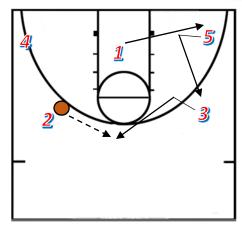
TEAM OFFENSE: 5 OUT









Players 4 & 5 start with downscreen.

Player 1 makes pass to first open, in this case player 2. Emphasize players going to their left, not only to the right side.

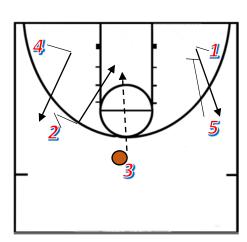
Player 1 jabs away from the pass, then makes a cut in front of the defender to the basket. Players 4 & 5 fill corner spots. Player 2 has his/her first two passing options.

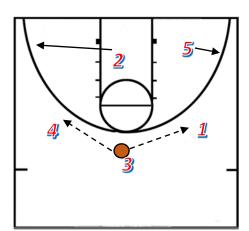
Remember to always look to score at the basket.

Player 3 replaces player 1 spot. Player 5 replaces player 3 spot. Player 1 replaces player 5 spot. Player 2 passes to player 3. Always look to score the ball by having the offensive player face the basket.

TEAM OFFENSE: 5 OUT







Player 2 cuts to basket following pass to Player 3.

Player 4 replaces Player 2. Player 3 can pass to players 2, 4, or 5.

Player 5 can down screen to player 1 if covered.
Every pass ad cut is with a purpose to score.

The offense continues to pass and cut to the basket. The whole ties players look to pass, shoot, drive, etc. to score the ball

5 Out

Benefits:

- -Everyone gets involved, even distribution of the ball.
- -Teaches constant movement and spreading the floor which is tough to defend
- -Open lane for dribble penetration and backdoor cuts
- -Forces all defenders to guard on the perimeter including post players

Drawbacks:

- -Requires perimeter skills for a 5 players
- -Requires 5 players who can pass, cut, and get open efficiently

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