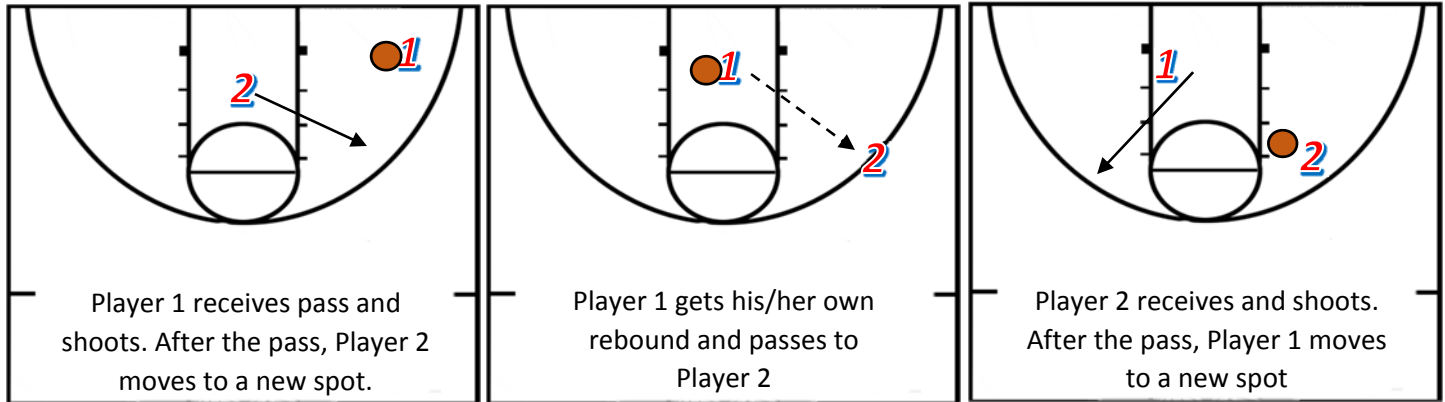


SHOOTING 8



Drill: "Partner Shooting"

Set up:



Directions:

- Players will take turns shooting from different spots on the floor
- One shooter will begin at a spot on the floor, receive a pass, and shoot.
- The shooter will retrieve his/her rebound and pass to his/her partner who is now at a new spot on the floor.
- This rotation will continue for an assigned time or number of shots. You can have partners compete against one another or against other teams.
- Variations: Have players stay in the same spot with more than 1 group at the goal. Have the passes run out to contest the shot, have the shooter shot fake and drive, have the the shooter shot fake, dribble, and pull up for another shot.