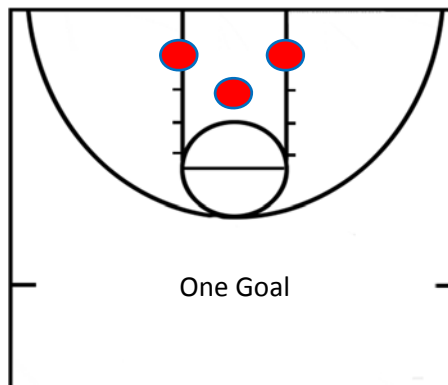
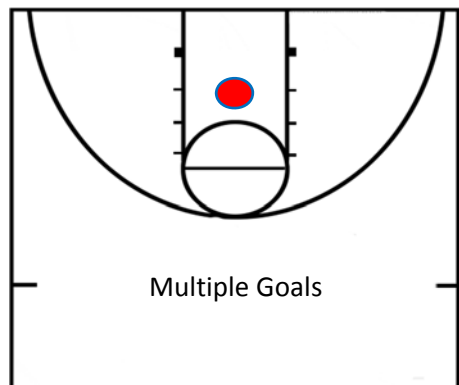


Set up:



Directions:

- Use as many goals as available to avoid crowding shooters, If there is only one goal available space the groups out as shown above
- Place the shooter about 5 feet from the center of the goal.
- One shooter will go through shooting mechanic cues and shoot 5 consecutive shots
- Scoring:
 - 1 point for shooting it straight make or miss (hits front/back of rim or back board)
 - 2 points for a swish
 - 0 points for a shot that is not straight (misses or makes that hit the side of the rim, or air balls)
- After shooter 1's turn shooter 2 will attempt his 5 shots, best score wins