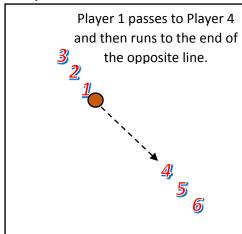
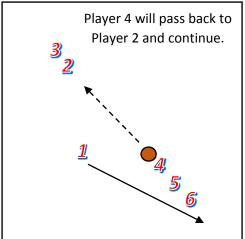




Set up: Drill: "2 Line Passing"





## **Directions:**

- Players will be placed in two lines facing each other with a ball in front of one line.
- On the signal the ball will be passed from the front of one line to the other. After the player makes a pass they must run to the end of the other line.
- Keep track of how many passes can be made successfully in a row, or give a goal for how many passes to be made in a minute
- Variations: require ball fakes before passing, use bounce passes, create longer passes by moving the lines to different locations, have the players move to get open at a spot before receiving the pass.