



GABL SUMMER 3x5 LEAGUE

RULES & ADMINISTRATIVE POLICIES

Rules Modifications

Unless modified below, all play will be governed by the National Federation of State High School Associations Rulebook.

1. **Overtime Periods.** Overtime periods will be 3 minutes in duration.
2. **Scorekeeper/Scoreboard Operator.** The home team shall provide a volunteer to keep score as the official scorer and the visiting team shall provide a volunteer to operate the scoreboard. This may be reversed upon mutual agreement by the coaches. The person assigned must be at least 16 years of age. Once assigned this person becomes a member of the officiating staff of the game and shall conduct him or herself in that fashion.
3. **Game Clock.** Each 3on3 game will consist of one, 20-minute half, with a running clock. Each 5on5 game will consist of two, 15-minute halves, with a running clock. The clock does not stop except for timeouts.
4. **Timeouts.** There will be two full timeouts per 5on5 game, there will be no timeouts given during 3on3 games. There will be one additional time-out for overtime periods in addition to any remaining time-outs not used in second half.
5. **Pressing/Defense.** 1st-3rd grade: no full court pressing or zone is allowed at any point during the game. No trapping outside of the lane however a defender may "help" a teammate when the opposing team drives to the basket. Double teaming is only allowed in the lane. Defenders may not begin to defend against the ball until the offense has penetrated 6 ft into the front court. The officials will designate a line when the defense can start to guard. In 4th grade-8th Grade: Pressing is allowed except when a team is ahead by 20 points or more.
6. **Basketballs.** 1st grade boys and girls and 3rd grade girls will use a 27.5 size basketball; 3rd grade boys and all 4th-8th grade teams will use a 28.5 size basketball.
7. **Special Rules.** The height of the goal for 1st & 2nd grade will be 8ft; 3rd grade 9ft and 4th-8th will play on a 10ft goal. 2nd-3rd grade lane violations will be called at 5 seconds; Free throw line for 1st-4th grade will be set at 12ft. One person or stack offense in 1st-3rd grade is prohibited. (this rule is at the discretion of the officials and is to eliminate one on one offense.) A warning will be issued to the head coach and a second or subsequent attempt will result in a technical foul. This rule does not apply to inbound plays.

Administrative Policies

1. **Schedules.** Game schedules are final when established. Schedule changes will only be made to correct errors or on approval by the league office.
2. **Rosters.** Each team must have a roster of players on file at the league office. No player who has not registered online and completed the waiver is eligible to play in a game.
3. **Conduct** The head coaches are responsible for the conduct of the players, coaching staff and fans during the game. The league provides a gym supervisor at each game site, who is responsible for supervising the facility for the league. This extends to supervision of the spectators and the operation of the game in general. The league's disciplinary program will be applicable to the spring league.
4. **Uniforms & Equipment.** All teams shall have a matching set of jerseys with appropriate numerals. Matching shorts are not necessary. In a conflict situation, the home team will wear over-jerseys provided by the league.
5. **Awards.** Awards will be provided to the top team in each league at the conclusion of the season.