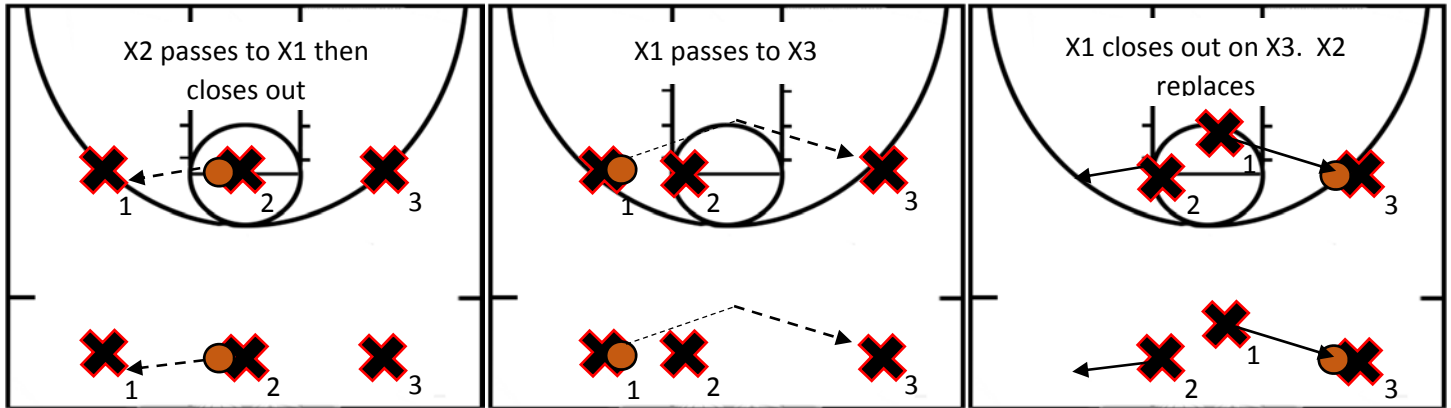


Set up:

Drill: "Defensive Trio Touches"



Directions:

- Same set up as Defensive Trio, now have offensive player hold and protect the ball for a few seconds then make the pass when they are ready.
- The defensive person is trying to tip or deflect the pass. Each deflection is worth a point. Have players keep track of the number of points they get within the group.
- Stress the offensive player to move the ball around the offensive square, and to use ball fakes.
- This can be preformed with a stationary offensive player, or you could allow them one dribble to gain a better passing angle.