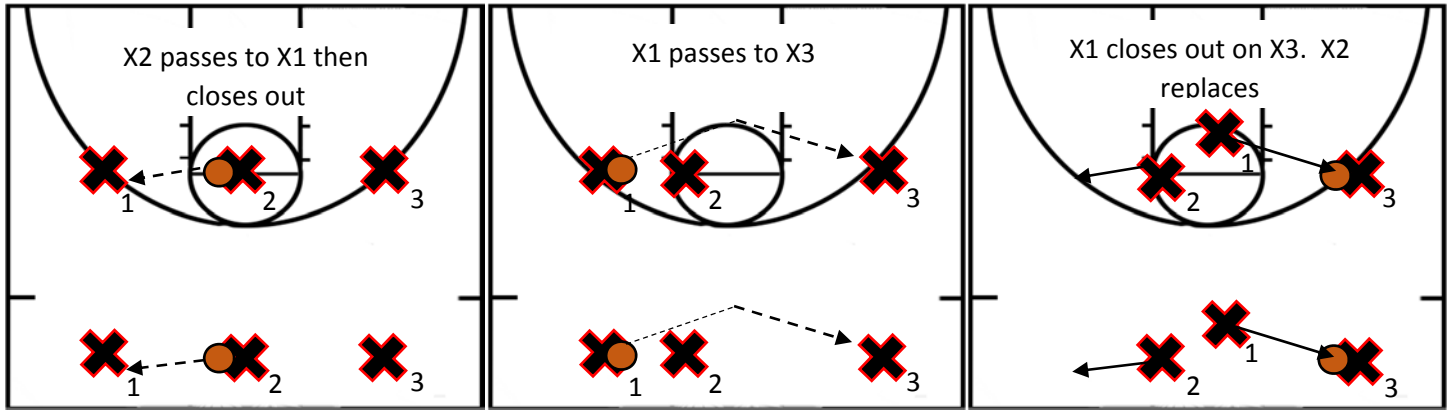


Set up:



Directions:

- Put players in groups of three as shown with the ball with the middle player
- On the signal the middle player will pass to the side directed by the coach and closeout on that player.
- The offensive player should catch in triple threat and use their pivot foot to move the ball around the offensive square
- The defensive player will position themselves in front of the offensive at a proper distance and will mirror the basketball as the offensive player moves for around 5 seconds.
- On the signal the offensive will pass across to the third player.
- Rotate as follows: the player who passed becomes the defender and closes out, the receiver of the pass becomes the offensive player, the former defender replaces the spot left by the player who passed the ball.