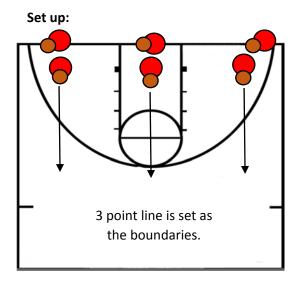
## BALL HANDLING/OFFENSIVE SKILLS 4



**Drill: "Dribbling Partner Challenge"** 



## **Directions:**

- Position players on the baseline with a partner. Each partner will have a ball, and provide spacing between the pairs
- On the signal one partner will dribble to half-court and back, the other partner will stay at the baseline and complete a stationary ball handling skill and keep track of how many they completed.
- After each partner has had a turn, they will compare scores and determine who the winner is.
- Variation: rotate partners after each turn, rotate skills after each turn, do each skill paired with right and left, have the partners combine scores and compete agains the other groups.