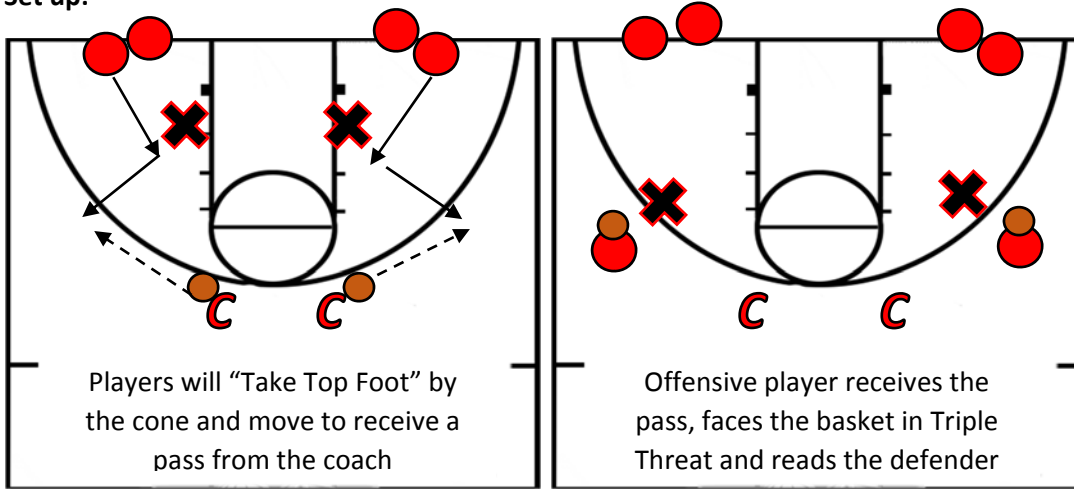


BALL HANDLING/OFFENSIVE SKILLS 3



Set up:

Drill: "Catch, Read, and Attack"



Directions:

- The offensive player will "Take the Top Foot" of the defender to get open and receive a pass from the coach. As players are learning this skill have the defender go $\frac{1}{2}$ speed and allow the offensive to make the play.
- When the offensive player receives the pass they will pivot to "Triple Threat" and read the defender. Are they a "Red, Yellow, or Green Light?"
- Make sure the offensive player moves the ball around the "Offensive Square" as needed, uses ball fakes, and does not travel
- Variations: Have the offensive player drive and score, drive and pass, shoot the open shot, cut "Back door", or other offensive options that need practice