

Yellow and Red Card Disciplines/Actions

Abusive or foul language (by a coach or player) directed to any player, coach, referee or spectator

First offense – Yellow Card (Some referees will not tolerate and may result in straight red)

Second Offense – Red Card – ejection from the match plus additional game/games as determined by SAY North Committee

Delaying the restart of the game, failure to respect distance on a throw-in, free kick or corner kick

First offense – Yellow Card (Some referees will not tolerate and may result in straight red)

Second Offense – Red Card – ejection from the match plus additional game/games as determined by SAY North Committee

Threaten actions, physical contact, spitting, fighting, kicking by any player, coach or spectator

First Offense – RED Card - ejection from the match plus additional game/games as determined by SAY North Committee

Denies an opponent a goal on an obvious goal-scoring opportunity (DOGSO) by deliberately handling the ball (does not include the goal-keeper within the penalty area) or by deliberate foul.

First Offense – RED Card - ejection from the match plus additional game/games as determined by SAY North Committee

Engaging in dangerous or unsporting behavior off the fields with intent to harm or the use of drugs or alcohol before or during the game **First Offense – RED Card** ejection from current game and all remaining games of the season.



Two Yellow Cards in a single game will equal a red card resulting in ejection from the current match plus suspension from next game and any extra games determined by SAY North.