



# TTHFC NEWS

Tallahassee Tottenham Hotspur FC Monthly News - Nov 2022

## NPL DIVISION CHAMPS



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This year, the National Premier League (NPL) divided Florida into four geographic divisions to give NPL teams league games closer to home. Our club was placed in the Panhandle Division, and it has proven to do more than cut down on travel time for us. It's given us a chance to win division titles early in the season, and that's exactly what three of our teams did in October.

We are proud to share that our 2008 Elite Boys, 2009 Elite Boys and 2010 Elite Boys can already claim Panhandle Division championships. They are a combined 12-0 so far this NPL season, giving them more than enough points to qualify for the NPL playoffs in May. Our 2004 Elite Boys remain in contention for a division title as well.

Last year, our 2009 Elite Boys represented Florida at the NPL East Playoffs in North Carolina and won the championship.

This year, NPL state champions advance straight to US Club National Cup in Denver, Colorado.





## TOURNAMENT CHAMPS IN 3 STATES



October is one of the best month's to play soccer in the Southeast, from great weather to great tournaments. And we made the most of our opportunities. Last month, we sent teams to Pensacola for the Blue Angel Classic; Thomasville, Georgia for the Rose City Invitational; and Montgomery, Alabama for the Capital Cup.

In total, 10 of our teams won tournament championships and another six teams were finalists. This month, we hope to keep the momentum going and finish the fall season with more tournament championships in multiple states. We have teams traveling out of state to Savannah, Georgia; Columbus, Georgia and Gatlinburg, Tennessee. We also have teams playing in the Florida Cup and Tampa Super Cup here in our home state.



## THE TALLY TO COLLEGE PATHWAY

When our 2004 Elite Girls visited Albany State for a friendly game and tour in August, there was a familiar face on the ASU sideline. Alesha Kostrzewa, one of our former players and coaches, is now an assistant coach for Albany State, where she also played for four years.

This month, we caught up with Alesha to ask about her path from Tallahassee player to college coach:

### **What's it like to be coaching at the same university you played?**



It is such an amazing opportunity to be able to coach at the same university I played at for four years. I have so many great memories playing, making history and building a strong foundation for the new soccer program at Albany State. It feels like home and that is a feeling you can not beat.

### **Are there any experiences that stand out to you from your time coaching in Tallahassee that you carry with you?**

One of my favorite experiences from coaching in Tallahassee that I will always carry with me was from when I was a senior in high school and I was helping coach the 2006 girls team. It was the last tournament of the season and the last tournament I would be coaching the girls. After winning their semifinals game Sunday morning, they told me they had something for me. They gave me a picture frame signed by all of them and then one by one the girls gave me letters that they wrote for me, and I read them out loud to them. It was very emotional for me to receive such kind letters from them and to see the impact that I had on those girls. I still have the letters and read them from time to time.



## **What is the biggest difference between coaching club soccer versus college soccer?**

There are a lot of big differences between coaching club soccer and coaching college soccer, but the biggest difference is getting ready for season. With club soccer, usually girls have been playing together since they were little and know how each other plays. In college, you might play with someone all four years or for only one semester. The other challenging part is we have girls that come from all over the world, and we have a very short preseason to get everyone fit and ready for season. In that short time of preseason, the girls themselves as well as the coaching staff are learning how each girl plays and what combinations will work best for the team to have a successful season.

## **What advice do you have for players who want to get the attention of college coaches so they can play at a school like Albany State?**

My advice to any player interested in playing college soccer is just reach out to coaches as much as you can. It never hurts to put your name out there. Making film to send to coaches is also very helpful and sending information about any upcoming tournaments or games that coaches might be able to go see you play live. If a coach does come watch you play, don't be nervous. Play with confidence. It will make you stand out more.

## **What advice would you give a young player who wants to be a coach someday?**

To young players wanting to be a coach someday, enjoy your time as a player first because that time will go by so fast. When you do become a coach, set goals for yourself each season. Winning isn't everything. Helping players grow into their potential is more rewarding than any win. Coaching is a job, but just like a player, if you're not having any fun then you will not enjoy it. At the end of the day, you are only in a player's soccer career for a short time, so make sure you make it count and help guide them to be the best player they can be.





## FRIENDLY MORNINGS AT MORNINGSIDE



Our in-town games at Morningside Church continued in October. These fun games feature players from our Academy, Jr. Academy, Recreation and Rising Stars programs.

The fall season of in-town games will end this month and begin again in the spring.

## WINTER SKILLS WEDNESDAYS

On November 30, our Winter Skills Camp gets started. It includes five Wednesdays of training at Tom Brown Park.

You do NOT need to be a currently registered Florida Elite Player to attend. Register now at [tthfc.org](http://tthfc.org).

## NOVEMBER EVENTS

### NOVEMBER 5

UFA FRIENDLY GAMES  
TALLAHASSEE, FL

### NOVEMBER 5-6, 12-13

FLORIDA CUP  
TBD

### NOVEMBER 5-6

GATLINBURG COLLEGE  
SHOWCASE KICKOFF  
GATLINBURG, TN

### NOVEMBER 19-20

COLUMBUS CHALLENGE CUP  
COLUMBUS, GA

SAVANNAH SHOWCASE  
SAVANNAH, GA

TAMPA SUPER CUP  
TAMPA, FL

### NOVEMBER 30

WINTER SKILLS TRAINING  
TOM BROWN PARK

CENTER OF EXCELLENCE

# WINTER SKILLS

WEDNESDAY'S  
NOVEMBER 30  
DECEMBER 7  
JANUARY 4, 11, 18  
AT TOM BROWN PARK

BOYS & GIRLS AGES 6-14

## OCTOBER PHOTO ALBUM



# TTHFC NEWS



ROSE CITY INVITATIONAL  
THOMASVILLE, GEORGIA



ROSE CITY INVITATIONAL  
THOMASVILLE, GEORGIA



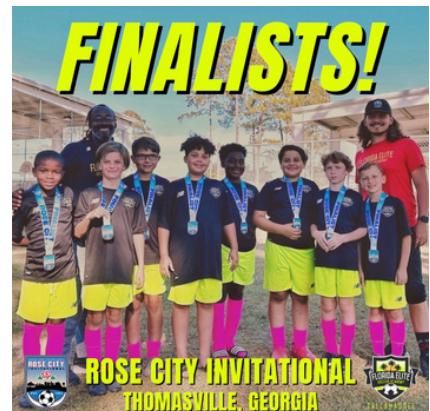
ROSE CITY INVITATIONAL  
THOMASVILLE, GEORGIA



BLUE ANGEL CLASSIC  
PENSACOLA, FLORIDA



FLORIDA ELITE TALLAHASSEE U12 PREMIER



ROSE CITY INVITATIONAL  
THOMASVILLE, GEORGIA

## FOLLOW US ON SOCIAL MEDIA



We're posting more photos and videos than ever on social media. Follow us to keep up with the latest TTHFC news and to see our players in action. We also encourage you to tag us in your photos on social media or send them to [chris@tthfc.org](mailto:chris@tthfc.org).

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