

U8 Coed/Girls Quick Reference Sheet

- Size 3 ball
- Blue jersey ("home" team), white jersey ("away" team)
- Parents/Spectators should sit on the outside perimeter of the fields, not between the two game fields and at least 10 feet away from any sideline.
- 4 players per side (4V4), no goalkeeper
- Two simultaneous games on adjacent fields, (8 members of your team will be playing at the same time)
- (4) 10 minute quarters
- Teams switch goals at beginning of half
- 'Visiting' teams switch fields at half time
- One Coach/Assistant Coach/Parent Helper per team will be on the field to provide direction, not to referee
- Timekeeping: Continuously running clock, kept by the coach.
- Rest periods: 2 minutes at quarters; 5 minutes at halftime
- Team that elects, or is provided the kickoff at the coin toss will kick off 1st and 4th quarters; opposing team will kick off 2nd and 3rd quarters.
- Substitutions: Unlimited. Substitutions may be made before goal kicks; own throw-ins; between quarters; at halftime or when a goal is scored; and when an injured player is removed. Each team may substitute one player (1 for 1). Unlimited substitutions authorized on throw-ins by the team in possession. The opposing team may substitute if and only if the team in possession for the throw-in is making a substitution.
- No score kept
- No scoring directly from kick-offs
- No offside and no protecting goal area (i.e., players in goal area with no opposing players). Play/coaching which appears to intentionally attempt to gain unfair advantage considered unsporting conduct.
- No slide tackles
- No penalty kicks
- Re-throws permitted for incorrect throw-ins after the improper method is explained to the player.
- Retreat Line: During a Team's goal kick, the opposing players must retreat back behind the halfway line. Players must remain behind the half way line until the ball is kicked. Once the ball is kicked the opposing players can cross over the line to apply pressure and play is resumed as normal. If the ball is kicked out of bounds then it will be played as a Kick-in for the opposing team at the spot where the ball went out. Failure to have opposing players behind the half way line will result in a re-kick

Additional item of note:

If there is extreme weather on site, please follow the [Inclement Weather Guidelines](#). If the coaches of both teams agree that the conditions at the field warrant a cancellation please clear the field then the head coach representing each team (both coaches) will email the Fields Coordinator at fields@staffordsoccer.com to possibly reschedule the game for another date. Thank you!