



WE ARE AYSO

Balanced Teams, Everyone Plays, Positive Coaching, Open Registration, Good Sportsmanship

FREQUENTLY ASKED QUESTIONS

Can my child play soccer in AYSO Region 310? We accept all children that meet the U4 to U19 age requirements. AYSO Region 310 has hundreds of children from 3 - 18 years of age playing soccer.

What are divisions and what do they mean? There are seven divisions based on the child's age. They are: U19, U16, U14, U12, U10, U8, U6, U5, and U4. The U means "under". For example, the U10 division is comprised of players who are primarily eight and nine years of age, as of July 31, of the current registration year.

What division will my child play in? The division is based on the age of your child. Using the table below, start by finding your child's age, ensure that your child's birth date is within the birth date range. Move to the left of the table and you will find the division for your child.

Division	Age	Eligible Birth Dates
U – 19	16 - 17 – 18	8-1-96 thru 7-31-99
U – 16	14 – 15	8-1-99 thru 7-31-01
U – 14	12 – 13	8-1-01 thru 7-31-03
U – 12	10 – 11	8-1-03 thru 7-31-05
U – 10	8 – 9	8-1-05 thru 7-31-07
U – 8	6 – 7	8-1-07 thru 7-31-09
U – 6	5	8-1-09 thru 7-31-10
U-5	4	8-1-10 thru 9-1-11

What do I bring to register my child? A birth certificate and cash, credit card (Visa or Master Card), or money order for the registration fee.

What do the registration fees include? The registration fee includes: a jersey, shorts and socks, and field rentals. The fee also includes the AYSO National Registration fee, and player supplemental insurance.



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What do parents/guardians supply? Shoes, practice balls and shin guards. Shoes can be tennis shoes or shoes with cleats. Shoes may NOT have a “center” toe cleat. A “center” toe cleat is a single cleat in the front middle of the shoe. A “center” toe cleat is considered a safety violation. The referee will not allow a player to participate in a game if the player’s shoes have a “center” toe cleat. These cleats are typically found on football or baseball shoes. All commercially available soccer shoes are acceptable.

What ball size does my child need? Ball sizes increase with the player’s age and are defined by the division the player is in.

Division	Ball Size
U14 through U19	5
U10 and U12	4
U4 and U8	3

When and where will games be located? A majority of games are played on Saturday at Sahuaro Ranch Park. Occasionally, there may be a need to hold weekday night games. Older age divisions interplay with other AYSO Regions, which will require traveling to other areas.

When will my child receive a uniform? Uniforms are given to coaches and usually handed out at the first practice. The uniform is not returned at the end of the season. The player keeps the uniform.

Can my child play with their brother/sister/friend? All players are grouped based on age divisions. A player can request to play up one division but, must have played at least one year in the division in which they are assigned by their age. However, it is strongly discouraged, and will only be allowed if there is room in the upper division, after teams are formed, and the lower division is not displaced. *No guarantee will be made for a child to play up a division.* Co-ed is available for the U6 and U5 divisions only or as deemed necessary and approved by the regional board.

When will practices be? Practice locations and times are primarily determined by each coach and can run from one to two times a week.

When will my child wear shin guards? Players must wear shin guards at practices and during games. Shin guards must be completely covered by socks.



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Are Coaches volunteers? Region 310 is made up of a 100% volunteer base. In order to provide teams for registered players, parents volunteer as coaches, referees, team parents, board members, etc. We allow as many children as possible into the organization, but that can only happen with the assistance of those who volunteer their time. All coaches are TRAINED AND CERTIFIED. ALL volunteers are required to complete an application and are 100% background checked.

Can I Coach/Referee my Child? Coaches and referees are always welcome. Coaches and Assistant Coaches will coach their own child. We do have coaches that volunteer their time and do not have children in the organization. They may have either had children in the organization or played in the organization and are dedicated to making it successful for other players. The more volunteers we have, the more children that can play in a fun, fair and safe environment. Comprehensive training for beginning coaches and referees is available. We provide you with the basic knowledge to coach soccer and learn more about the Laws of the Game. A small time commitment is requested for these classes. Visit the coach or referee page at www.ayso310.org for additional information.

Can my child request a Coach? Players or parents cannot request a coach. AYSO Region 310 will not "stack" a team. Our primary concern is with location, balanced teams and availability. Coaches do not pick their teams, however, there are exceptions in the U16-U19 age divisions in order to retain high school soccer players.

Can my player wear jewelry? A player may not participate in a game while wearing jewelry. This is considered a safety violation, which the referee will enforce prior to the start of each game.

What type of hair clip can my child wear? Players may wear soft hair ties. Metal or Hard plastic clips are not allowed. The referee will decide if an article of clothing is unsafe.

Can my child play wearing a cast? Casts, splints and taped fingers are not allowed. A player may participate if a soft bandage is being worn.

How are injuries handled during a game? Referees will decide when to stop play to take care of an injury. Referees are encouraged to stop play immediately in the U6 and U8 divisions. Older players may attempt to feign an injury as a tactical move, or may "bounce back" from a minor fall. As a courtesy, a team is encouraged to kick the ball out of play. The referee can then tend to the injury. If a serious injury occurs, the referee will stop play as soon as he/she is aware of the injury. A player that is bleeding CANNOT play in the game until the bleeding has stopped. Blood on clothing must be covered or removed.



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What is the refund policy? The Treasurer must receive notice of a player's resignation from AYSO. All requests must be submitted on a Refund Request Form, which can be located on our website at www.ayso310.org. Players leaving the region prior to the first game will be issued a full refund upon request less a \$20 processing fee. Refunds are contingent upon the return of region issued player uniform. **NO REFUNDS WILL BE ISSUED FOR REQUESTS POSTMARKED AFTER THE DATE OF THE FIRST GAME OR IF THE CHILD HAS PARTICIPATED IN A GAME.**

What is the waiting list policy in the event that a player needs to be put on a waiting list for registration/team opening, the following will apply:

- Checks for players on the waiting list will not be cashed until the player has been offered and accepted a spot on a team.
- The player will be listed in the order by the paid registration receipt date.
- All efforts will be made to place the player on a team: if another player drops out or if a new team is created.
- The first player on the waiting list will be contacted first and given the opportunity to be placed on a team. If they do not want it (due to practice location, times, etc) the placement will be offered to the next player on the list.
- If the player cannot be placed until midway through the season, the registration fee will be prorated and a refund given.
- If the player cannot be placed on a team at all the registration fees will be refunded.