

Melrose Recreation Department PROGRAMS & EVENTS

FALL 2022

MAYOR PAUL BRODEUR



MELROSE RECREATION DEPARTMENT
562 MAIN STREET, MELROSE, MA 02176
PHONE: 781-979-4179
EMAIL: RECREATION@CITYOFMELROSE.ORG

FALL PROGRAMS

HAVING FUN TOGETHER AS A COMMUNITY



REGISTRATION NOW OPEN!

ONLINE REGISTRATION AVAILABLE AT
WWW.CITYOFMELROSE.ORG/RECREATION

INTRODUCTION

Director's Corner

We are very excited about all we have to offer this fall through the Melrose Recreation Department. We have programs, classes, events, and leagues for youth and adults of all ages. We have added a lot of new offerings that we hope you find interesting throughout our Brochure Book. Please take your time and be sure to register early so you don't miss out on the fun.

If you are looking to stay informed please sign-up for our weekly "Recreation Weekly Newsletter" email that we send out every Friday. This is a great way to be reminded of activities that are starting. You can sign-up for our newsletter by visiting the Recreation Department at www.cityofmelrose.org/recreation.

Thank you for your continued support, and we look forward to seeing everyone this fall.

Sincerely,
Frank Olivieri, CPRE
Director of Recreation

Mission Statement

The Melrose Recreation Department strives to create high quality recreational programs and events that are affordable and safe for residents of all ages and abilities. With dedicated leadership and pride, we offer resources and opportunities to strengthen our community by increasing the social, cultural, and physical well-being of its residents and visitors.

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Melrose Recreation Dept.

562 Main Street, Melrose, MA 02176

Main Phone781-979-4179

Email.....recreation@cityofmelrose.org

Recreation Dept. Staff

Frank Olivieri.....Director of Recreation
Rob Carrillo.....Recreation Coordinator
Julie Pino.....Recreation Assistant

Park Commission

Bob Christiansen John McLaughlin Jr.
Bill Gardiner (Chair) John Mercer
Jim Lane

*The Park Commission meets the second Monday of every month at Mount Hood Golf Course in the Carr Room at 7:00pm. Check city website for changes.

Office Hours

Mon – Thu 9:00am – 2:00pm
 2:00pm – 8:00pm (By appointment)

Fri 9:00am – 12:00pm
 12:00pm – 4:30pm (By appointment)

Note:

On weekday afternoon / evenings the Recreation staff visits numerous locations to supervise programs, leagues and events. Please contact us if you would like to schedule an after-hours appointment so we can assist you.

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Lisa Howitt
Century 21 Sexton & Donohue Inc.
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The Melrose Recreation Department Scholarship Fund



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We sell Melrose.



"Do you know what my favorite part of the game is?
The opportunity to play the game."

— Mike Singletary



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SCHOLARSHIP SPONSORS



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454 Main Street, Melrose, Massachusetts 02176,
United States

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Hours

Mon 04:00 pm – 09:30 pm
Tue 04:00 pm – 09:30 pm
Wed 04:00 pm – 09:30 pm
Thu 04:00 pm – 09:30 pm
Fri 04:00 pm – 10:00 pm
Sat 04:00 pm – 10:00 pm
Sun 04:00 pm – 09:00 pm

SCHOLARSHIP SPONSORS

**Buckalew's is proud to support
the Melrose Recreation
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www.buckalewsgeneralstore.com



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Mass in Motion



MELROSE | WAKEFIELD

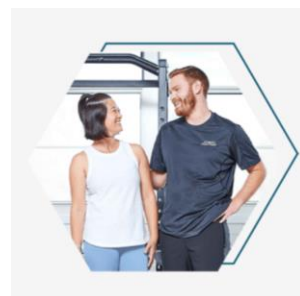
*Proud supporter of the
Melrose Recreation Department's
Scholarship Fund Program.*

FITNESS TOGETHER®

MELROSE LOCATION:

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Proudly supports the
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Department
Scholarship Program.



Kevin M. Sexton
29 Essex Street
Melrose, MA 02176
781-640-1484
KevinMSexton@gmail.com

MELROSE
M
RECREATION

SCHOLARSHIP SPONSORS

The Melrose Recreation Department is very proud of our scholarships that allows Melrose kids who cannot afford programs to participate for free. Our goal has always been to never turn away a child due to economic hardship.

Each sponsor below represents several scholarships that we will be able to grant this year!

Thank you to all of our generous sponsors for their continued support!!!

Proud Supporters of the
**Melrose
Recreation
Department
Scholarship Fund
Program**

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***Thank You
Sponsors!***

Proud Supporter of the
Melrose Scholarship Fund!

YOUTH PROGRAMS



Super Soccer Stars

Wednesday Classes

Dates: Sept 7 – Oct 26
(Rain Date Nov 2 & 9)

Saturday Classes

Dates: Sept 10 – Oct 29
(Rain Date Nov 5 & 12)

Sessions: 8 Classes
Cost: \$176
Location: Gooch Park
Class Size: Max 14 Kids / Class

Ages 2 - 3: 9:00am – 9:40am (40 min)
(Parent / guardian participation required)

Age 3 – Young 4: 9:45am – 10:30am (45 min)

Age Older 4 - 5: 10:35am – 11:25am (50 min)

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence, and to develop teamwork in every class. Our specially designed curricula use positive reinforcement and a low child-to-coach ratio to ensure that each child improves at his or her own rate while having endless fun. Parent participation is required in our 2-3 year old class. T-shirts are included! All children are required to bring a soccer ball, water, and mask.

Run by:

Super Soccer Stars www.supersoccerstars.com

North Suburban Child & Family Resource Network

INFORMATION COMING SOON!

**Classes will be offered for a variety of ages!
(6 months – 5 years old)**

Several new programs will be available and posted on the Melrose Recreation Department website by the end of August. Programs will be held at the Common Park in Melrose.

Please be sure to check back on offerings!

In partnership with:

North Suburban Child & Family Resource Network
<https://www.nsfamilynetwork.org/>

Follow on Facebook at:

www.facebook.com/pg/northsuburbanfamilynetwork



YOUTH PROGRAMS



**MELROSE
LACROSSE**



Melrose Athletics - Youth Lacrosse Clinic

Ages: 5 – 14, Boys & Girls
Dates: Sept 11 – Oct 2
Days: Sundays
Cost: \$55
Location: Franklin Field (lower field)

Boys: 9:00am – 10:15am

Girls: 10:30am – 11:45am

Join the Melrose Girls and Boys Lacrosse program for instructional 5 v 5 games. Games will be broken up by age groups and will be a great chance to improve game play, stick skills, and improve Lacrosse IQ. This will be a great opportunity for new players to be introduced to a fast paced, instructional, and supportive game that will allow for maximum touches and opportunities to learn. Experienced players will be able to compete in the fall in a lower stakes game. New players will receive 15 minutes of small group instruction to help develop basic skills and will join their assigned team after. Experienced players will play in a 4 quarter game with 15 minute running time. High School coaches and players will instruct, coach and officiate games to ensure everyone is learning and getting an opportunity to play.

Boys: Beginners will need to bring a helmet, gloves and a stick. Previous playing experience full equipment.

Girls: All will need a stick, goggles, and mouthguard.

Run by:

Boys Varsity Coach Matt James
Girls Varsity Coach Matt Galusi

Middle School Basketball Skills & Drills

Grades: Boys & Girls, Grades 6 – 8
Sessions: 4 Total Sessions
Dates: Sept 12 – Oct 3
Days: Mondays
Time: 7:45pm – 9:00pm
Cost: \$55
Location: Middle School Gym

Each skills and drills session is **75 minutes**. This workout focuses on fundamentals of the game of basketball, including footwork, ball handling skills, shooting form, offensive attack, strength and conditioning. Workouts will vary from week to week, but the focus of improving the form and skill of each player is always the top priority. This workout is adjusted to fit all ages and skill levels. Players will work out on each court with our instructors for increments of time. They will get to work with our instructor throughout the evening and focus on specific skill work depending on the focus of the night. **All participants are required to bring their own basketball to each session.**

Please contact the Recreation Department if you need assistance with providing a basketball.

Instructor:

Ted Cottrell & Staff



YOUTH PROGRAMS

M MELROSE FIELD HOCKEY



Melrose Youth Field Hockey

Grades: 3 - 5
Dates: Sept 11 – Oct 30
Cost: \$95

Days: Sundays
3:00pm – 4:00pm
Fred Green Field (Turf)

Wednesdays
4:30pm – 5:30pm
Cabbage Patch Field (MVMMS)

The Melrose Field Hockey is expanding to YOUTH (MYFH)! Registration is open to ALL players in third, fourth and fifth grade. MYFH group will learn how to be a good teammate, how to listen & engage with their teammates & coaches, & the fundamental skills for the sport of field hockey (stick handling, passing/receiving, offensive/defensive ball movement, shooting)! This is ideal for all skill levels regardless of experience. We will be offering one hour instructional grass practice per week on Wednesday afternoons and one hour instructional practice on Sunday afternoons on our turf field. There will be some Sunday morning games throughout the season located at surrounding towns. Within their age group, players will participate in 7v7 small sided refereed games. We cannot wait to see you on the field!

Players will need their own stick. Please contact the Recreation Department if you need assistance with providing a field hockey stick.

Run by:

MHS & MS Field Hockey Coaching Staff & Players

Melrose Field Hockey Day!

Sunday, October 9

Youth Field Hockey Scrimmage
3:00pm – 4:30pm

Melrose Alumni vs. MHS Varsity Team
4:30pm – 6:00pm

MS Field Hockey Scrimmage
At halftime of alumni game

The Melrose Field Hockey Day will give youth participants the chance to play in front of current and former MHS Field Hockey players! Following the conclusion of the youth scrimmages, join us to watch the alumni take on the current MHS Varsity Team. The event features a scrimmage at halftime between our two MS Field Hockey Teams!



Photo from Melrose Field Hockey Day

MIDDLE SCHOOL AFTERSCHOOL

6th – 8TH GRADE

The **Melrose Recreation Department** is proud to be running the following After School Sports for all Middle School students during the upcoming school year. Please be sure to check the Melrose Recreation Departments main website for announcements and flyers on all activities www.cityofmelrose.org/recreation. If you would like more information on any programs or are interested in registering please contact us at recreation@cityofmelrose.org.

FALL

- Football
- Cheerleading
- Cross Country
- Field Hockey
- Strength & Conditioning

WINTER

- Basketball
- Ice Hockey
- Wrestling
- Strength & Conditioning

SPRING

- Outdoor Track
- Volleyball
- Strength & Conditioning

MELROSE



MIDDLE SCHOOL

**ALL SPORTS & ACTIVITIES ARE
LISTED ON THE NEXT FEW PAGES**

*Middle School level sports are independently
Run by the Melrose Recreation Department



MIDDLE SCHOOL FALL SPORTS



Middle School Cross Country

Grades: 6 – 8
Date: Sept 12 – End of Oct
(No Oct 10)
Days: Mon, Wed, & Fri
Time: 3:00pm – 4:15pm
Cost: \$95
Location: Melrose Middle School
(Near Fred Green Field)

Description:

- Practices directly afterschool
- 2 - 3 competitive meets will be scheduled
- Participants receive a XC shirts for meets



*Middle School level sports are independently
Run by the Melrose Recreation Department

Middle School Field Hockey

Grades: 6 – 8
Date: Sept 9 – End of Oct
(No Oct 10)
Cost: \$125

Team Meeting: Wed, Sept. 7
3:00pm
MS Cafeteria

Practices/Games: Mon, Wed, & Fri
3:00pm – 5:00pm
Cabbage Patch Field

Sundays *(New!)*
3:00pm – 4:00pm
Fred Green Field (Turf)

Description:

- Games against outside schools may be scheduled as additional dates
- Halftime intersquad match played at Varsity HS & Alumni game on Sun, Oct 9 at 4:30pm
- Team will participate in Melrose Alliance Against Violence (MAAV) walk on Oct 23
- Must provide your own goggles, sticks, shin guards, and mouth guards.
- Uniform is provided



2021 MS Field Hockey Team
(MAAV Walk)

Melrose Field Hockey Day (Page 12)



MIDDLE SCHOOL WINTER SPORTS



See MS Basketball Skills & Drills (Page 11)

Middle School Boys Basketball

Boys 8:

Tryouts: Sun, Oct 23 (11:30am – 1:00pm)
*Preregistration is required for tryouts

Boys 7:

Tryouts: Sun, Oct 23 (9:45am – 11:15am)
*Preregistration is required for tryouts

Boys 6:

Tryouts: Sun, Oct 23 (8:00am – 9:30am)
*Preregistration is required for tryouts

Description:

- Cost \$385 (Does not include basketball uniform or outside tournaments)
- League: Eastern Basketball League
- Two practices per week in the evening (2.5 - 3 total hours / week)
- Pre-registration is required to participate in tryouts (no cost to tryout)

Middle School Ice Hockey

Varsity Team: Grades 6 – 8
(Bantam Age Level Rules)

Tryouts: TBD (announced in Sept)
Flynn Rink or Hockeytown
*Preregistration is required for tryouts

Description:

- Cost \$350
- Practices: 2 hours of team practices will be held towards the beginning of the season.
- VMSHL game schedule including playoffs
- Participants cannot miss more than 4 games in a season
- Pre-registration is required to participate in tryouts (no cost to tryout)

Middle School Girls Basketball

Girls 8:

Tryouts: Sun, Oct 16 (11:30am – 1:00pm)
*Preregistration is required for tryouts

Girls 7:

Tryouts: Sun, Oct 16 (9:45am – 11:15am)
*Preregistration is required for tryouts

Girls 6:

Tryouts: Sun, Oct 16 (8:00am – 9:30am)
*Preregistration is required for tryouts

Description:

- Cost \$385 (Does not include basketball uniform or outside tournaments)
- League: River Valley League
- Two practices per week in the evening (2.5 - 3 total hours / week)
- Pre-registration is required to participate in tryouts (no cost to tryout)



*Middle School level sports are independently
Run by the Melrose Recreation Department

TRAINING COURSES

Safety at Home

Ages: 8 - 12
Date: Sun, Sept 25
Time: 1:00pm – 4:00pm
Cost: \$55
Location: Roosevelt Café

Safety at Home, is a designed to better prepare your children to be alone before and after school. This program is a stepping stone for younger kids, to prepare them for what is to come, and for older kids that are seeking a better understanding and that need reinforcement of what they are experiencing. This course will teach basic safety rules and help build self-confidence, sense of responsibility and decision-making abilities through a variety of fun interactive activities and discussions, including acting and worksheets. Knowing when your child is ready to stay home alone is a difficult decision; preparation can make the transition much easier for you and your child. Topics include but are not limited to:

This course discusses:

- Child safety
- Strategies to look after yourself for short periods of time
- Having an emergency contact list
- Arriving home safely
- How to prevent injuries or problems by creating a safe and positive environment
- Fire safety
- Key, Internet, and Telephone Safety
- How to handle real-life situations and emergencies
- Snacks & meals
- When & how to get help
- Being aware of your surroundings
- Things to do while you are home alone
- And more

It is recommended to bring a snack. Pamphlets and handouts will be provided.

Babysitter's Training

Ages: 11 - 15
Date: Sat, Oct 1
Time: 9:00am – 1:00pm
Cost: \$65
Location: Roosevelt Cafe
Instructor: Debbie LaFlamme

Babysitters Training will better prepare young teens to be a more responsible, trustworthy babysitter for family and friends.

This course discusses

- Learn the basics for interviewing with parents
- Learn infant and toddler care (diapering and feeding techniques, creative reading, activities for young children, and appropriate snacks)
- Handle bedtime issues\
- Choose safe and age-appropriate toys & games
- Intro to basic first aid (choking, cuts, puncture wounds, bruises, eye injuries, nosebleeds, tooth injuries, burns, seizures, poisoning, bites)
- Learn tips for having a safe babysitting experience including setting up a "code" with your parents in case of an emergency.

All participants receive a certificate for completing the course.

It is recommended to bring a snack.

Babysitting – Debbie LaFlamme

Debbie LaFlamme is a licensed day care provider in Woburn, MA. With her degree in Early Childhood Education, she has over 20 years of experience in caring for children of all ages in her home. About ten years ago, she created this babysitting class. In the past 5 years, it has grown tremendously and is now being offered to many local schools, church groups, and organizations.



GIRLS ON THE RUN IS SO MUCH FUN!!

More than a running program!

- Girls have fun making connections and meeting new friends
- Girls get outside, set goals and move more
- Girls learn intentional decision making, how to use their voice and become confident leaders

Girls On The Run Is For **EVERY Girl**

REGISTER ONLINE
WWW.CITYOFMELROSE.ORG/RECREATION

REGISTRATION INCLUDES:

18 Interactive lessons with trained coaches

Personal kits with materials for the season including a branded shirt, water bottle, & activity journal

Entry into the Celebratory 5K and a commemorative finisher's medal & more!

**Join us at
Lincoln Elementary hosted
by Melrose Recreation
this Season!**



Registration Opens: Aug. 17 @ 9 am

Girls in Grades: 3rd-5th

Program Days: Tu/Th 2:30-4 PM

Program Starts: Sept. 20th

Program Ends: Nov 20th or Nov 22nd

Program Location: Lincoln Elementary

Program Fee: \$240

Financial Assistance is Available

Contact: Melrose Recreation:

(781) 979-4179 or email:

recreation@cityofmelrose.org

You can learn more about the program by visiting
www.girlsontherunboston.org



ADULT PROGRAMS

Men's Fall Pick-Up Soccer

Ages: 25(+)
Days: Sundays
Time: 6:00pm – 7:30pm
Cost: \$65
Location: Fred Green Field
Session: September 11 – November 20
(No Oct 9)

8 Sunday Pick-up Nights (plus two rain dates)

Every pick-up game is staffed with a referee and will be played under the lights on the turf at Fred Green Field. Games will be continuously running for the entire time period. Uniforms are not included in the registration fee (see below). Rain dates have been built into the schedule as extra days. If night(s) are cancelled due to weather or HS athletics they will not be made-up.

If you need a new reversible team jersey there is an additional \$15 fee at time of registration. Be sure to include your jersey size if you are purchasing a new jersey. All players are required to own a Recreation Dept. reversible jersey to participate. You can use your jersey for all future seasons.



Women's Fall Pick-Up Soccer

Ages: 25(+)
Days: Sundays
Time: 7:30pm – 9:00pm
Cost: \$65
Location: Fred Green Field
Session: September 11 – November 20
(No Oct 9)

8 Sunday Pick-up Nights (plus two rain dates)

We welcome all women to join our adult pickup soccer program. This program is about soccer, exercise, and having a fun time. Each game is staffed with a referee and will be played under the lights on the turf at Fred Green Field. No prior experience required. Rain dates have been built into the schedule as extra days. If night(s) are cancelled due to weather or HS athletics they will not be made-up.

If you need a new reversible team jersey there is an additional \$15 fee at time of registration. Be sure to include your jersey size if you are purchasing a new jersey. All players are required to own a Recreation Dept. reversible jersey to participate. You can use your jersey for all future seasons.



ADULT PROGRAMS

Men's Over Thirty Fall Basketball League

Ages: 30(+)
Days: Sundays
Time: 4:30pm – 8:30pm (one hour game)
Cost: \$125
Location: Roosevelt Gym

Fall Session: Sept 18 – Dec 11
(No Games Oct 9 & Nov 27)

Registration Deadline: Sept 11

8 game regular season plus playoff

Each game is staffed with two certified referees and a scorekeeper. Two 20 minute halves are played per game. Space is limited to the first 48 players before they are placed on the waiting list in hopes of opening up additional teams. The league fills up fast so please do not wait to register.

If you need a new reversible team jersey there is an additional \$15 fee. When you register please be sure to include your jersey size (if you are purchasing a new jersey), your playing experience, your height, and DOB.

Women's Pick-Up Basketball

Ages: 25(+)
Days: Sundays
Time: 3:00pm – 4:15pm
Cost: \$90
Location: Roosevelt Gym

Fall Session:
Date: Sept 18 – Nov 20
(No Oct 9)

9 Sunday Pick-up Nights

We invite all women to join our adult pickup basketball program. All skills levels welcome. Games will be played for an hour and 15 minutes each afternoon and is staffed with a patch official. Participants will wear reversible jerseys (see below) and pick their own teams each night. Teams will sub players equally. The number of participants will be capped at 16 to maximize playing time. If you are under the age of 25 and wish to join please contact the Melrose Recreation Dept.

If you need a new reversible team jersey there is an additional \$15 fee. When you register please be sure to include your jersey size (if you are purchasing a new jersey), your playing experience, your height, and DOB.





11th Annual Melrose Tennis Open



Singles Weekend ***Saturday, Sept 10th & 11th***

Available Draws:

- Men's Singles (A & B Flights)
- Women's Singles
- Junior's Singles (18 & Under)
- Rain Date: Sept. 24th & 25th
- \$30 for Singles
- Registration Deadline: Sept. 7

Registration Details

- Early Registration - By August 29th
(Guaranteed t-shirt size)
- Final Registration - By Sept 7 or Sept 14
(Will receive Adult L)

Doubles Weekend ***Saturday, Sept 17th & 18th***

Available Draws:

- Men's Doubles (A & B Flights)
- Women's Doubles
- Junior's Doubles (18 & Under)
- Rain Date: Sept. 24th & 25th
- \$50 for Each Team

Registration Deadline: Sept. 14

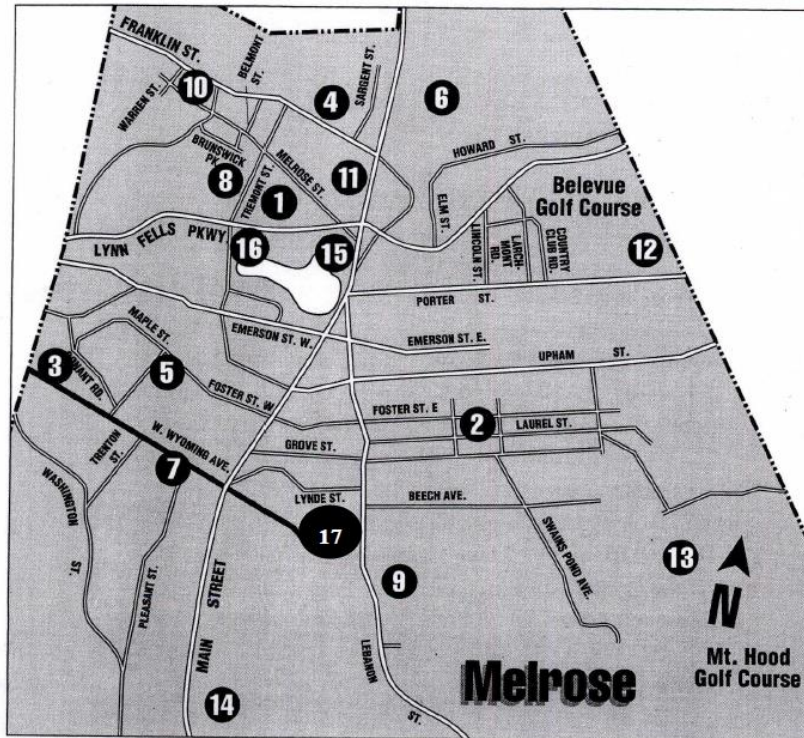
Tournament Details

- Open to players of all levels!
- Free t-shirts for all registrants!
- Spots are limited!
- Participants cannot play in both flights of one draw

To register, or for more information, please visit www.cityofmelrose.org/recreation. For questions please contact the Recreation Department by phone at 781-979-4179 or by email at recreation@cityofmelrose.org.

Online registration is available for tournament spots!

parks and fields



Park Locations

Park Name

1. High School Athletic Complex
2. Common Park
3. Conant Park
4. Dunton Park
5. Gooch Park
6. Hesseltine Park
7. Lincoln Park
8. Messenger's Park
9. Lebanon St. Park
10. Volunteer. Park
11. Franklin School Park
12. Drinkwater Park
13. Mt. Hood Golf Course & Park
14. Pine Banks Park
15. Ell Pond Park – East
16. Ell Pond Park – West
17. Foss Park

Amenities

- Football, baseball, track
 Tot lot, basketball, softball
 Play area, ball fields
 Tot lot, benches
 Play area, basketball
 Tot lot, ball field, basketball, tennis
 Tot lot, tennis, basketball, ball field
 Tot lot, fields, basketball
 Play area, basketball, softball
 Tot lot
 Soccer field, tot lot
 Tot lot
 Golf, hiking, fishing, x-country skiing
 Baseball, hiking, rugby, soccer
 Tennis, soccer, Dog Park
 Tennis, baseball
 Basketball, pickleball, baseball, play area

Location

- Lynn Fells Pkwy
 Laurel & Foster St.
 Conant Rd.
 Franklin & Pratt St.
 Florence, Maple, Vinton St.
 Hesseltine Ave.
 Rear Lincoln St.
 Rear Roosevelt School
 Lebanon St.
 Warren & Melrose St.
 Rear Franklin School
 Porter & Ellis Farm
 Stillman Rd.
 Main St.
 Lynn Fells Parkway
 Tremont St.
 Malvern St.

Parks Department

Joan Bell Superintendent of Mt. Hood G.C. & Public Open Space

781-979-4169

Guide to Use & Maintenance of City Recreational Facilities

<http://www.cityofmelrose.org/departments/parks/Permits/RecFacilityUserGuide.pdf>

GENERAL INFORMATION

Payment

Payment must accompany all program registrations. Cash, checks, and credit card (online only) are all accepted. Checks should be made payable to "Melrose Recreation Department." Mastercard, and Visa are accepted for all online registrations. All printable registrations forms can be found on our website at www.cityofmelrose.org. To register online visit our website (listed above) and click on the "Online Registration" link. If you have any difficulties please contact us at 781-979-4179.

Scholarships & Financial Aid

Scholarships are provided for families who qualify for the Free or Reduced Lunch Program through the Melrose School System. Other financial assistance may be available to interested participants. For eligibility information, please contact the Melrose Recreation Department by phone or email.

Financial Aid

Financial assistance may be available to interested participants. For eligibility information, please contact Melrose Recreation by phone or email.

Refunds

Because our classes are supported solely by fees, no refunds will be given after a class or a session begins unless for a medical condition. If you cancel for other reasons, you must do so **before two weeks prior to the first class** for a refund (minus administrative fee). Request must be in writing with a short explanation. Refunds may take 4 – 6 weeks for processing. An administrative fee of \$10.00 will be retained per person per program for all withdrawals from programs. If you cancel after the start of a program, no credit or refunds will be given.

Participants Responsibility

We ask that all participants respect the staff, other participants, program equipment, age requirements, and facilities when participating in programs offered by Melrose Recreation. If participants fail to cooperate with the rules, Melrose Recreation reserves the right to dismiss or suspend a participant in any program without a refund.

Attention Parents / Guardians

All program participants are encouraged to bring water and snacks to programs, however, due to increased nut allergies, please do not bring or send items containing nuts for snacks and lunches.

Inclement Weather

All weather announcements and updates will be made via email to registered participants. Please check your email regularly to find out the status of your programs and field conditions.

Cancellations

Melrose Recreation reserves the right to cancel or postpone a program due to low enrollment. If a multi-session program must be cancelled due to inclement weather or other unforeseen circumstances, refunds or program credits will not be given, however we will do our best to reschedule.

Course Confirmation

A participant is registered ONLY when payment is received. If at any time, there are questions regarding your enrollment status please contact Melrose Recreation either by phone or email.

Special Needs

Participants with special needs are encouraged to attend all of our programs. Staff members are sensitive to their needs and will do everything possible to assist. If you are unsure about program registration, call regarding specifics.

Volunteer Opportunities

Melrose Recreation greatly depends on volunteers to support all of our programs and special events. If you are interested in volunteering, there are a variety of programs and activities looking for a caring heart, a specific skill, and a helping hand! Contact us for openings. Thank you to all who have already given their time and energy!!!

Scholarship Funding

In order to continue offering quality programs at affordable costs, when registering, please consider donating to our scholarship fund. Melrose Recreation's goal is never to turn away an interested participant due to economic hardship. With your help, we will be able to continue this practice. Thank you.