



# SMSA Soccer Academy

## Player Agreement

**South Middleton Soccer Association**

### **Purpose of the Agreement**

The SMSA Soccer Academy is designed to support long-term player development by giving players additional opportunities to improve technical ability, confidence, decision-making, athletic habits, and overall love for the game.

This agreement outlines the expectations for players and families who participate in the SMSA Soccer Academy. The goal is to create a positive, committed, and development-focused environment where every player understands their role in their own growth.

### **SMSA Soccer Academy Standard**

Effort. Commitment. Respect. Development.

At SMSA, success is measured by player growth, not just the scoreboard.



## Player Commitment

As an SMSA Soccer Academy player, I understand that my development depends on my effort, attitude, consistency, and willingness to learn. I agree to:

### 1. Work Hard and Stay Coachable

I will give my best effort during every SMSA Soccer Academy session. I will listen to coaches, accept feedback, ask questions when needed, and work to improve each time I train.

### 2. Complete Daily Ball Work

I will work toward completing **300-400 touches on the ball daily** outside of team practices and games. This may include dribbling, juggling, passing against a wall, ball mastery moves, first touch work, or other individual training activities.

### 3. Attend Academy Sessions Consistently

I will make every effort to attend at least **three SMSA Soccer Academy sessions per month** when available. I understand that consistent attendance helps me build habits, improve skills, and get the most out of the program.

### 4. Take Evaluations Seriously

I will participate in player evaluations with a positive attitude. I understand that evaluations are used to help me identify strengths, areas for improvement, and goals for future development.

### 5. Attend In-Season Agility Training

I will make every effort to attend in-season agility training opportunities when offered. I understand that coordination, balance, speed, and movement are important parts of becoming a better soccer player.

### 6. Show Respect

I will show respect toward coaches, teammates, opponents, referees, parents, volunteers, and facilities. I will use positive language, encourage others, and represent SMSA in a professional and respectful manner.

### 7. Be Prepared

I will arrive on time, ready to train, and properly equipped. I will bring the required soccer gear, including appropriate footwear, shin guards when required, water, and a soccer ball.

### 8. Wear the SMSA Soccer Academy Training Jersey

I understand that I am required to wear the **SMSA Soccer Academy training jersey** to every SMSA Soccer Academy event, session, evaluation, or activity unless otherwise directed by SMSA staff.

### 9. Focus on Development Over Results

I understand that SMSA Soccer Academy is focused on long-term development. I will measure success by my growth, effort, improvement, and commitment - not only by wins, losses, goals, or game results.



## Parent/Guardian Commitment

As the parent or guardian of an SMSA Soccer Academy player, I understand that my support plays an important role in my child's development. I agree to:

### 1. Support the Development Process

I will encourage my child to focus on effort, improvement, confidence, and growth. I understand that player development takes time and requires patience, consistency, and a positive environment.

### 2. Encourage Training Outside of Team Practice

I will support my child in completing individual ball work at home, in the backyard, at a field, or by using a wall or other safe training space. I understand that extra touches outside of team training are important for long-term development.

### 3. Promote Consistent Attendance

I will make every reasonable effort to help my child attend SMSA Soccer Academy sessions, evaluations, and agility training opportunities when available.

### 4. Understand the Academy Jersey Requirement

I understand that my player is required to wear the **SMSA Soccer Academy training jersey** to every SMSA Soccer Academy event, session, evaluation, or activity unless otherwise directed by SMSA staff.

The first SMSA Soccer Academy training jersey will be provided by the SMSA Soccer Academy. Any additional or replacement jerseys will be purchased at the family's expense.

### 5. Respect Coaches and Volunteers

I will communicate respectfully with SMSA coaches, instructors, volunteers, and administrators. I understand that SMSA staff and volunteers are working to provide a positive learning environment for all players.

### 6. Reinforce Positive Behavior

I will encourage my child to be respectful, coachable, hardworking, and supportive of teammates. I will help reinforce the expectations outlined in this agreement.



## SMSA Soccer Academy Expectations

SMSA Soccer Academy is intended to supplement regular team training. Players are expected to continue participating in team practices, games, and other team responsibilities while using Academy sessions to further develop their individual skills.

The Academy may include:

- Ball mastery and foot skills
- First touch and passing activities
- Dribbling and 1v1 attacking concepts
- Juggling and coordination work
- Shooting and finishing technique
- Speed, agility, balance, and movement training
- Player evaluations and feedback
- Individual development goals

## Attendance and Participation

Players should make every effort to attend scheduled Academy sessions. If a player cannot attend, families should follow any communication procedures provided by SMSA.

Players are expected to participate fully unless limited by injury, illness, or another approved reason. Players should notify a coach or instructor if they are unable to participate in any activity.

## Conduct Standards

SMSA Soccer Academy players are expected to represent South Middleton Soccer Association with pride. Poor behavior, disrespect, bullying, unsafe conduct, or repeated failure to follow coach instructions may result in a conversation with the player and parent/guardian and could affect future participation in Academy sessions.

Expected behavior includes:

- Listening when coaches are speaking
- Treating teammates with respect
- Giving full effort during activities
- Using appropriate language
- Following safety instructions
- Taking care of equipment and facilities
- Maintaining a positive attitude



## Player Development Goals

Goal #1

Goal #2

Goal #3

## Acknowledgment

By signing below, the player and parent/guardian acknowledge that they have read and understand the SMSA Soccer Academy Player Agreement. We agree to support the expectations, purpose, and development-focused environment of the SMSA Soccer Academy.

Player Name: \_\_\_\_\_

Player Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

SMSA Coach/Instructor Name: \_\_\_\_\_

SMSA Coach/Instructor Signature: \_\_\_\_\_ Date: \_\_\_\_\_