

Ludington Recreation Adult Beach Volleyball 2022

1. Sign up!

- a. Sign up your team at ludingtonrec.net
- b. You can have up to 6 players on a team. \$30/player
- c. Give your team a name
- d. Choose your shirt color and style
 - i. Some colors come in tank tops and T-shirts
- e. Team self-evaluated rating - **This is a recreation community league. Everyone and every level are welcome to play. If you are an A or A+ team, you may be scheduled to play B or BB teams.**
 - i. "B" Level- Beginner player with a very basic understanding of the game and rules, few developed skills.
 - ii. "BB" Level- Intermediate player with solid knowledge of the game and rules. Understands rotational sequence, offensive concepts, and defensive positions but may be working to solidify those skills.
 - iii. "A" Level- Advanced player that understands game and player strategies and can apply them in competition.
 - iv. "A+" Level- Competitive player with an advanced level of play and who wants to play with other A+ players.

2. League Schedule

- a. All games are played at Steans Park
- b. The schedule will be available on July 3rd.
- c. League games
 - i. Sunday games between 2:30-7:00 PM
 - Games start at 2:30 PM, 4:00 PM, and 5:30 PM
 - ii. July 10, July 17, July 24, July 31, August 7, August 14
 - No rain days
- d. League Tournament
 - i. Sunday, August 21
 - Rain day, Sunday, August 28
 - ii. Qualifying round-robin
 - Single games played to 30 points
 - ~10:00am-6:00pm
 - iii. Top 4 teams play in a single-elimination final four
 - ~6:30pm
 - Best of 3 games
 - iv. Championship games
 - Winners from the final 4
 - The final 4 Losers will play for 3rd place

3. League Play

- a. 4 players on a court from each team
- b. Teams may sub in after a side out when it is their turn to serve. Sub must come in as server.
- c. Substitute players may be used when a teammate is absent. They must be replacing a paid player on a team.
- d. No team may play more than 6 players in a game.

- e. Please review all of the league rules below.

LEAGUE RULES

1. Referees

- ALL GAMES WILL BE SELF-REFFED. Captains are responsible for reporting the results of their game to the Beach Volleyball Organizers.

2. Team size

- Each team consists of 4 players on the court at one time. You can have up to 6 players on your team.
- No team may play more than 6 players.
- Players 5 and 6 must be part of the side-out rotation. Players will sub out before the server position, and sub in at the server position.

3. Substitutions

- He/she must actually be replacing a PAID player that is absent. (For example: if you sign up 4 players as your team, you may not play with more than 4 players.)
- The sub must notify a Beach Volleyball Organizer and sign a waiver.

4. Make-up games

- Teams that cannot play during their scheduled time may make arrangements to play either three days before or three days after. The winning team captain is responsible for reporting the scores to the Beach Volleyball Organizers.
- Arrangements may be made to borrow lines and balls.

5. League play

- **Common faults in playing the ball: (side out)**
 - i. Four hits
 - ii. Catch/throw.
 - iii. Double contact; hits the ball twice or ball contacts various parts of body in succession.
 - iv. Illegal rotation (substitutions made anywhere other than the front-right line).
 - v. No “prolonged contact” between the player and the ball, otherwise known as a lift. The contact should continue in one fluid motion and the ball should not come to rest at any time in that motion.
- **Serving**
 - i. A legal serve is one that crosses the net and is either touched by an opposing player or lands within the opposing team’s area of the court within the boundary lines. A serve that makes contact with the net and carries over to the opponent’s side of the net is a live serve and must be returned.
 - ii. The server may not step on or over the end line until the ball has been contacted. The width of the service area is from sideline to sideline. The depth of the service area is infinite.
 - iii. After each side out, players must rotate from the front right to back right position. Substitutions can ONLY be made at this point in the rotation. The substitute is now the server.
- **Playing the ball**

- i. A defensive block does not count as one of the allowable contacts. A player may reach over the net to block a ball if:
 - Any portion of the ball breaks the plane of the net.
 - After the offense has come in contact with the ball on the third attempt.
- ii. The serve may not be blocked or spiked.
- iii. Players can return the serve by:
 - Bump pass
 - Clapping their hands together
 - A closed fist
 - A set (as long as the ball is not caught or carried)
- iv. Contact of the ball when spiking is legal only if a portion of the ball is in contact with the plane of the net or on the spiker's side of the net. Spikers may follow through over the net after legal contact.
- v. The ball must be cleanly hit when spiking with an open hand. Guiding or carrying is illegal.
- vi. A carry is any use of an open hand(s) while making contact with the ball that is not in a firm manner.
- vii. The ball can contact any number of body parts down to, and including the foot
- **Court layout**
 - i. Out of bounds is the area outside the designated court line.
 - ii. The line is in bounds.
 - iii. A player may touch but not completely cross over the center line with his/her foot.
- **Scoring**
 - i. All games are rally scoring.
 - Points will be awarded on both the service side and the receiving side (ex. Server hits ball into the net, point and serve go to the opposing team).
 - ii. Games are first to 30 points.
 - iii. 3 Games per Match. Each team will play one Match during league games and a minimum of two matches during the tournament.
 - The tournament bracket is determined by league results. All teams should play the third game even if the match has already been won. A 2-1 can help your team's league record!
 - iv. Captains will give scores to a Beach Volleyball Organizers.

6. Tournament

- The season will end with a round-robin-style tournament.
 - i. If more than 11 teams, teams will be divided into 2 pools of up to 12 teams.
 - ii. Each team will play every team once in the pool.
 - iii. The top two teams from each pool will play in the single-elimination final four games. (If games won and points scored are a tie, a tie-breaker will be played.)
 - iv. The championship game will be the winners of the final four.
 - v. The losers of the final four will play for 3rd place.