



WELCOME TO THE FLORESTA BASEBALL LEAGUE

www.florestabaseball.org

Floresta Baseball League is a non-profit, independent sports league that was established in San Leandro in 1963. Floresta Baseball focuses on safety, fun and skill building for all children. At Floresta, ALL players play, regardless of their skill level.

UPCOMING EVENTS AND DATES

Live Scan Fingerprinting for Team Parents & Coaches

Wednesday, January 28, 2026, 5:30p- 7:30p

San Leandro Church of Christ
601 MacArthur Blvd, San Leandro, CA 94577

CAP NIGHT, EQUIPMENT EXCHANGE & VOLUNTEER DEPOSIT CHECK DROPOFF

Cap Night kicks off our season. Families will:

- Meet coaches and teammates
- Get fitted for jerseys and caps
- Hear a short welcome from the Floresta Board
- Enjoy pizza and drinks for a small donation

Equipment Exchange

Bring gently used baseball gear or clothing to pass along, and pick up items that will fit your player for the season.

Volunteer Deposit Check

Each family is required to complete 6 volunteer hours per player during the season. Please bring a \$100 deposit check per registered player, made out to Floresta Baseball League. If your hours are completed, your check will be returned at the end of the season.

TBall, and Single A Cap Night and Equipment Exchange

Wednesday, February 4, 2026, 5:30p- 6:30p

San Leandro Church of Christ
601 MacArthur Blvd, San Leandro, CA 94577

AA, AAA, Majors and Seniors Cap Night and Equipment Exchange

Thursday, February 5, 2026, 5:30p- 6:30p

San Leandro Church of Christ
601 MacArthur Blvd, San Leandro, CA 94577

OPENING DAY CEREMONY AND PICTURE DAY

Saturday, March 14, 2026

Opening Day and Picture Day *More details the closer we get to Opening Day*

2026 Season Dates to Remember

- Feb. 23rd – Practices can begin (please check with your team manager)
- March 2nd – Mandatory Positive Coaches Alliance Training for All Coaches
- March 8th - Field Setup Training
- March 14th – Opening day, Parade Starts @ 8am. **All kids must be in line by 7:45am**
- March 14th – Picture Day, your time TBD
- May 2nd – Mid-Season Mix Up!
- Floresta Day at The Oakland Ballers Date TBD
- TOURNAMENT WEEK: June 1- June 6
- June 13th – All Stars Games

OUR SEASON

Our season begins February 23rd, 2026 and ends June 13, 2026. **Be sure to note, while the regular season games end May 30th, we have two more weeks of baseball.** The second to the last week we have a tournament with a championship game (no tournament for Tball or single A). The final Saturday is an allstar game for all divisions.

If games are rained out, we will do our best to reschedule them.

PRACTICES AND GAMES

Practices

Tball and single A - practices once a week for one hour.

AA, AAA, Majors -practices twice a week from 1 ½ to 2 hours depending on location and day.

Practice times are generally available on Sundays between 9a-5p, and on week day evenings between 5p-8p.

Coaches will pick their practice locations and times. If your child has a special situation, i.e. cannot practice on Tuesdays and Thursday, make sure you let the Coach know. Hopefully, the coach can take your special circumstance into consideration when selecting practices. Ultimately it is the coach's decision about when to hold practice.

Games

See chart below for game information

Division	Length of Games	When (All evening games begin at 6:00p)
Tball	1 hour	All games played on Saturday
A	1 ½ hours	Most games will be played on Saturdays and on Monday nights
AA	2 hours	Most games will be played on Saturday or on Thursday nights
AAA	2 hours	Most games will be played on Saturday with some Tuesday Nights

Division	Length of Games	When (All evening games begin at 6:00p)
Majors	2 hours	Most games will be played on Saturday with some Wednesday Nights

VOLUNTEERISM

Volunteer Fee

What is the Volunteer Fee and how can I get it refunded?

Each family is required to complete 6 hours of volunteer work per player (field clean-up, setup, teardown, announcing, score-keeping, or snack bar shifts). Once completed, they'll receive a \$100 refund.

How will volunteer hours be tracked?

Team parents are to keep track of the volunteer hours for each family. The team parent is responsible for recording volunteer hours and submitting them to the league at the end of the season. The league will then record the hours and refund families accordingly.

There are plenty of opportunities to fulfill this obligation, from helping your child's team at practices or game day to taking a board position to working the Snack Bar.

Positions that will automatically fulfill the Volunteer requirement are the following positions: All board positions, Managers/Head Coaches, Assistant Coaches, and Team Parents.

Volunteer Opportunities

- *Positions*
Board of Directors position, Coaches, Assistant Coaches, Team Parent
- *Opening Day and Picture Day (see events section above)*
We will need people to help set-up and tear down, to staff the raffle booth, and to help the photographers with picture day.
- *Snack Bar*
Shifts will be available for our Saturday games only. We highly suggest fulfilling some of your hours by working our snackbar. Without volunteers we can't keep the Snack Bar open.
- *Home team vs. Away team Duties*
The home team is responsible for field setup and for a scorekeeper (scorekeeping is not applicable for TBall or A). The "away" team is responsible for the field tear down and an announcer. Sign up for these with your Team Manager or Team Parent.

UNIFORMS

Jersey & Caps are provided by Floresta Baseball League

Every team in a division will have a unique authentic team jersey and hat. The jerseys are different colors and styles.

The Rest of Uniform

The rest of the baseball uniform you will need to provide. The colors will be determined by your child's coach and/or team.

Here is list of the uniform items you need to provide:

Baseball pants, Baseball socks, Baseball belt

Non-white Long sleeve or $\frac{3}{4}$ sleeve undershirt (optional)

Note: players will not be allowed to pitch if wearing a visible white sleeved shirt as it makes it difficult for batters to see the pitched ball

Rubber soled baseball cleats (**ABSOLUTELY NO METAL CLEATS**)

Athletic cup (any child with male genitalia)

IMPORTANT: Your child will not be allowed to practice or play games if they are not wearing a cup and are required to.

Jersey and Cap Names and Numbers

This was included in your registration fee and will be taken care of by the league.

EQUIPMENT

The following items are **REQUIRED** for each child:

- Baseball glove
- Water bottle

The following items are recommended:

- Baseball helmet. Each team will have two helmets to share if you cannot obtain one.
- Baseball bat. Each team has at least one bat to share. Reminder: Floresta Baseball League only allows USABat standard bats. For more information about the bat standard, see our [Bat Policy](#) on our website.
- Batting gloves. These help keep the hands from stinging when swinging a bat and making contact with the ball.
- Catching equipment, if your child is known to catch. Each team has a set of catching equipment.

HOODIES

While not required, many teams opt to purchase team hoodies. They help foster team spirit and unity. Team hoodies cost around \$30-\$50. Please talk to your child's Coach or Team Parent regarding hoodies.

Parent/Guardian Code of Conduct

Floresta Baseball League

The Floresta Baseball League has implemented the following Parent/Guardian Code of Conduct. Parents/Guardians should read, understand and accept this form prior to their children participating in our league.

Any parent/guardian exhibiting improper conduct at any game or practice will be asked to leave the sports facility and be suspended from the following game. Repeat violations may cause a multiple game suspension, or the season forfeiture of the privilege of attending games.

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles: Trustworthiness, Respect, Responsibility, Fairness, Caring, and Good Citizenship.

I therefore agree:

- I will remember that children participate to have fun and that the game is for youth, not adults.
- I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.
- I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
- I will learn the rules of the game and the policies of the league.
- I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other sporting event.
- I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; or using profane language or gestures.
- I will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.
- I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, gender or ability.
- I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
- I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.

- I will respect the officials and their authority during games and will never question, discuss, or confront coaches at the game field, and will take time to speak with coaches at an agreed upon time and place.
- **I acknowledge that the use of illicit drugs and alcohol at any Floresta event is strictly prohibited.** I further acknowledge use of such substances could result in my removal from the premises and/or my child's team forfeiting the game.

SIGNED ELECTRONICALLY DURING REGISTRATION

Medical (including Covid) Release
Floresta Baseball League

I understand and fully accept that there are risks involved in sports and that accidents and injuries are common and are ordinary occurrences of sports. I HEREBY AGREE TO ACCEPT ANY AND ALL RISKS OF INJURY OR DEATH.

I further understand the risk my child(ren) takes with their participation in activities with the League that may cause an illness such as, but not limited to COVID-19 that may lead to paralysis or death. I understand attending events held by the League could increase my risk and my child(ren)'s risk of contracting COVID-19.

I hereby release and hold harmless Floresta Baseball League's staff, volunteers, designated coaches, program officials, sponsors, field facility owners from all liability, and from all actions or claims that I or my child now or hereafter have for illness, damage, or injury to me or my child, or to any person or property, resulting from me or my child's participation.

In case of a medical emergency, I hereby give permission to Floresta Baseball League staff and volunteers to order treatment for me or my child, including any necessary medical treatment and x-rays. I agree to pay all medical, hospital, or other expenses which my child or I may incur as a result of such treatment.

I HAVE CAREFULLY READ THIS RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN ME AND FLORESTA BASEBALL LEAGUE, AND ACCEPT THIS RELEASE OF MY OWN FREE WILL.

I hereby voluntarily permit me or my child to participate in the Floresta Baseball League.

ELECTRONICALLY SIGNED WHEN REGISTERING