

State College Youth Wrestling Club presents...

Give Wrestling a Try Night!

A FUN INTRODUCTION TO WRESTLING

Monday, October 28th

6:00PM-7:00PM

Held in the SC Wrestling Room, High School North Building

653 Westerly Parkway, State College PA 16801

Free Session for K-6th graders for our upcoming season.

*We will be available to help register
new and returning wrestling families!*

No equipment required. Just wear shorts and a shirt!

Wrestling Builds:

Self Confidence

Work Ethic

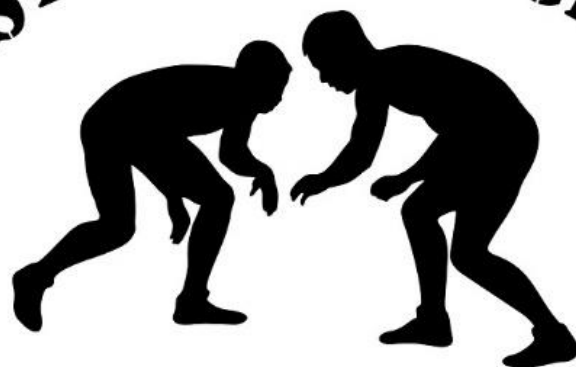
Mental Toughness

Self Reliance

Strength and Speed

Coordination, Balance, & Agility

STATE COLLEGE



YOUTH WRESTLING

**For questions & program information: please visit our
website at www.statecollegeyouthwrestling.com**