



Thunder Academy Indoor Facility Policy - 5/19/2021

- **Training is limited to one team (10-12 players) in each designated area at any given time ●**

Designated areas are:

- Upstairs cages (21&22, 23&24, 25&26, 27&28)
- Downstairs cages (1&2, 3&4, 6&7)
- Downstairs Academy Cages (8&9)
- Speed and Agility Area
- Workout Room
- Upstairs cages will be accessed via the back door only.
- Downstairs cages will be accessed via the front door only.
- A session is a meeting between coaches and ten to twelve (10-12) players. A new session starts when new players arrive.
- Each athlete is required to have their own bat, batting gloves, helmet, glove, and water bottle. Players that do not have the equipment needed for practice will not be allowed in the Facility. Each athlete will keep equipment with them the entire time. No sharing. **Face Masks** are optional.
- Only players will be allowed in the Facility. No parents or chaperones allowed.
- Participants must have Thunder Baseball waiver signed prior to participation. No waiver, no participation (Indoor Covid Waiver completed during Spring Registration).
- Coaches will keep attendance of their team roster at each session.
- Anyone that enters the building will need to complete a COVID-19 self-assessment:
 1. Have you experienced any of the following symptoms in the past 48 hours: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea?
 2. Within the past 14 days, have you been in close physical contact (6 feet or closer for at least 15 minutes) with a person who is known to have laboratory-confirmed COVID-19 or with anyone who has any symptoms consistent with COVID-19?
 3. Are you isolating or quarantining because you may have been exposed to a person with COVID-19 or are worried that you may be sick with COVID-19?
 4. Are you currently waiting on the results of a COVID-19 test?
- If a player/coach/trainer answers “**yes**” to any of the following questions, they will not be able to attend practice or the training session.

- Coaches will clean touch points after each session/use. Touch points include, but not limited to:
 - Door knobs
 - Tees
 - Pitching screens
 - Stair rails
- No outside food or drink can be taken in by members unless otherwise permitted. (Individual water bottles are allowed).
- Players and coaches should sanitize hands between stations with shared equipment.
- No contact of any kind is permitted between players, other player's personal equipment, staff or coaches.
- Players and coaches should try and maintain social distance (six feet apart).
- Prior to each session, coaches should go through all cages/stations to provide players an opportunity to maintain a safe distance apart.
- Face coverings are optional for coaches and players.
- Coaches must clean shared equipment before and after each use.
- All coaches must wash hands prior to the start of each session.
- No contact of any kind is permitted.
- Players will try to maintain social distance the entire time from other players as well as coaches. Rotations will have players not crossing paths at same time, again keeping social distancing in play.
- No coaches will be permitted to help players with equipment.
- Players will obey the coach's direction on the necessary distancing and player to player engagement.
- No players will be allowed in the facility until cleared by the coaches after cleaning procedures are completed.
- Teams will leave immediately following their session.
- Players and coaches are encouraged to follow CDC guidelines outside of the facility to mitigate risk of transmission.

There will be sanitation stations located throughout the facility that will include:

- Hand Sanitizer
- Disinfectant Wipes
- General Purpose Cleaner
- Paper Towels

Teams/coaches/players/personnel who do not abide by TBL Covid policy procedures and protocols may have their cage/practice/training sessions either suspended or revoked.

COVID-19 Guidelines

If a player comes in close contact with an infected person or tests positive for Covid-19 use the guidelines below.

If a player tests positive for Covid-19 or a COVID-19 infection is suspected prior to team training session, the player will follow the below quarantine guidelines

If a player tests positive for Covid-19 or a COVID-19 infection is suspected after a team training session, The team will need to follow the quarantine guidelines below. There will be no makeup team training session for sessions missed.

COVID-19 Symptom Chart

[Vea la información a continuación en español](#)

COULD IT BE COVID19? Symptoms can appear 2 to 14 days after exposure to the virus. Consider getting tested if you have any of the following:		
Fever of 100.4 or more	FATIGUE	Diarrhea
BODY ACHES	Shortness of Breath	HEADACHES
Chills	LOSS OF TASTE OR SMELL	Cough
CONGESTION OR RUNNY NOSE	Sore Throat	NAUSEA / VOMITING / LOSS of APPETITE

Symptoms of COVID19 continue to evolve. Many people report a gradual increase in “feeling a bit off” and sometimes only 1 or 2 symptoms from above. If you have new or worsening symptoms, we recommend getting tested for COVID19. Additional information can be found at: BroomfieldHealth.org/covid19

When should I quarantine?

You should quarantine **AFTER** you've been exposed to someone with COVID-19 but **BEFORE** you get sick. A person in quarantine is required to stay home, not go to work, avoid other people, and watch for symptoms.

Length	Is testing required?	Who should use this option?
14 Day Quarantine	No	People who have regular close contact with high risk individuals. This includes people who live or work in residential or congregate living facilities such as long term care or correctional facilities.* People who had close contact with a case infected with a COVID-19 variant virus of concern (e.g. B.1.1.7 variant).**
10 Day Quarantine	No	This quarantine period is appropriate for most people who do not have contact with high risk individuals.
7 Day Quarantine	Yes	People who do not have contact with high risk individuals and have a negative test collected 48 hours before quarantine is discontinued (on day 5 or later).

When should I isolate?

You must isolate **AFTER** you become sick or test positive with COVID-19. A person with COVID-19 is required to stay home, not go to work, and avoid other people, staying isolated in their own bedroom and using their own bathroom as much as possible.

Length	Is testing required?	Who should use this option?
Minimum 10 Day Isolation	Depends	<p>People who have symptoms of COVID-19, or have tested positive for COVID-19. Isolation starts after the first day of symptoms or the date of a positive test if you do not have symptoms.</p> <p>A person in isolation is required to stay home, not go to work, and avoid other people. Staying isolated in their own bedroom and using their own bathrooms as much as possible is the safest way to isolate.</p> <p>Isolation ends 10 days after symptoms start, AND after 24 hours of no fever, AND after improving symptoms.</p>

*Close contact is when someone was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period, per CDC guidance

Prevention Measures

Broomfield will follow the updated State of Colorado guidance on face coverings, which no longer requires face coverings for fully vaccinated individuals in most settings. The [State of Colorado Executive Order D 2021 103](#) is in effect May 15 through June 1, 2021, unless extended.

What does that mean in Broomfield:

- If you have not been vaccinated yet, get your vaccine! It's easier than ever to get vaccinated, many vaccine providers, including pharmacies and clinics, offer drop-in vaccinations, and many health providers are administering vaccines today! Visit Broomfield.org/COVIDVaccine to see all the ways to receive the COVID-19 vaccine.
- It is recommended, but not required, that those who have not been vaccinated continue to wear a mask as a way to prevent contracting and spreading COVID-19.
- Remember, you are fully vaccinated two weeks after your second dose of the Moderna

or Pfizer vaccine, or two weeks after a single dose of the Johnson & Johnson vaccine.

- Businesses may still require both vaccinated and unvaccinated community members to wear a mask. Please respect local businesses and their requests for patrons to wear masks. Keep it in your pocket, mask up if asked!
- If you would like to continue to wear a mask, please do so! Masks have proven to be effective prevention techniques and each person's level of acceptable risk is different.