



# Thunder Baseball Newsletter

April 10, 2022

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## OPENING DAY RECAP



Here are a few photos as well as an article in the Broomfield Leader about our Opening Day.

[Click Here](#) for the Article

[Click Here](#) for Video

## DROP IN HITTING FEATURING HITTRAX

**Next Session is scheduled for Friday, April 15th.**

Through two sessions of Open Hitting with HitTrax at Thunder Academy, we have some strong hitters that have come to show how their hard work is paying off. Here is the leaderboard so far:

1. 9u Exit Velocity
  1. Silas Reuss - **63**
  2. Chase Hunter - **51**
  3. Sawyer Montoya - **49**
2. 10U Exit Velocity
  1. Eli Hermosillo - **58**
  2. Prestin Barron - **57**
  3. Mason Widman - **49**
3. 13U
  1. Devin Esparza - **75**
4. High School
  1. Kaden O'Toole, Legacy HS - **83**
  2. Mason Widman, Broomfield HS - **52**

Thank you to those hitters that have come out to participate. As a reminder, Open Hitting w/ HitTrax is **every other** Friday, 6:00-8:00. Come have your player get some additional swings and see the improvements they have made through HitTrax metrics, while having a fun time.





# Open Hitting at Thunder Academy

Every other Friday, beginning February 4th.

6900 W 117th Ave. Broomfield, CO 80020



Ever wonder how hard and far you actually hit a baseball? Want to see if the training you've been doing is paying off? Looking to track your progress? Come to Thunder Academy for open hitting and see the data you need to answer those questions.

-Cost - \$20 drop in fee, cash or Venmo

(@shawn-williamson-7)

-When: 6:00 PM - 8:00 PM

-How it works:

- Ten Swings per round, as many rounds as you like in two hours (# of rounds dependent on number of participants)
- Choice of tee, front toss, or machine
- Metrics and video capture on every hit.
- Data reviews sent to the player after each open hitting session.
- Optional professional video review for \$20.

Questions? Email to shawn.hermosillo@gmail.com



-What to Bring:

- Batting Gear - Bat, helmet, gloves, etc.
- Info to create a profile - Name, DOB, Height, email address (parent email if under 18)

So much more than a training aid, HitTrax is the only data capture and simulation system that provides powerful performance metrics with a game time experience.

- Indoor/outdoor compatibility
- Adapts to All Skill Levels
- Live Pitching, Pitching Machines, Soft Toss or Batting Tee
- 110+ mph measurements
- +/- 1 mph accuracy
- Millisecond response time



## SAVE THE DATE - TBL AT THE COLORADO ROCKIES



We have officially gotten approval from Major League Baseball to host our pregame on-field parade program for your event. We are excited to be bringing back our pre-game parades for the first time since 2019, and we are so glad that you will be joining us back on the field with your team!



### **Colorado Rockies vs. Kansas City Royals**

**Friday, May 13<sup>th</sup> @ 6:40pm**

Contact your head coach or team manager regarding purchasing tickets. [Click Here](#) for the parade information.

### NEW WEBSITE INFORMATION

Thunder Baseball will be transitioning to a new website Teamsideline platform in the coming weeks. In the near future you may receive some communications on setting up a new account. The new website should allow better communication tools, more robust registration programs, and easier navigation.

[Click Here](#) to preview new website



Calendar

FEB ★ Presidents Day  
21

 <b>REGISTRATION</b>	 <b>REGISTRATION</b>	 <b>TEXT SIGN UP</b>	 <b>CONTACT US</b>
<b>REGISTER NOW!</b> <i>Click here to register online.</i> <i>Any questions? Contact us.</i>	Did you receive a Roster Invitation email? If so, and if you have questions on how to register, click here for a short "How To" video.	<b>COMMUNICATION</b> <i>Click here to sign up for Text and Email Communications.</i>	<b>CONTACT US</b> <i>Got questions? We have answers - contact us.</i>



## FIELD CONDITIONS

Note from the City of Westminster:

*Happy Spring! I have received several emails about field conditions. Please remember, we have had a lot of weather that has kept park crews off of the field. Early spring is always a challenge. Weather can warm up after a storm but crews may not be able to get on fields for several days because the dirt is still too soft. Parks crews are doing their best to get to all of the parks as quickly as possible. I ask for your patience and understanding in the early season as is the case every spring.*

This note pertains to practice fields in both Westminster and Broomfield. Also of importance is not all Park and Rec departments are fully staffed this early in season. Many employ local college and high school kids and they usually do not join the team until late Spring when the school year is over.

## PARKING REMINDER

With Practice and Training starting this week a few parking reminders:

- Do not park in surrounding business driveways
- Do not double park
- Do not block the surrounding business' driveways
- Do not use the surrounding business' driveways as a turnaround

- Park in designated areas only
- Park in between parking signs
- Park in North or South parking lots

Failure to do so may result in a ticket or possibly towed. **As we instituted the last few seasons only Coaches and Players are allowed in the Indoor Facility.** Thank you for your cooperation.

## COACHES CONCUSSION TRAINING



**Reminder** to all our Thunder coaches to complete their concussion training for the upcoming season. [Click Here](#) for the instructions on how to complete the Concussion Certification.

## SUMMER SOFTBALL CAMP



Below I have attached information about *Rule the Diamond*, the high school softball camp that will prepare softball players for their season! All girls entering grades 8-12 are welcome to register.

Thank you again for getting the word out! We are very excited to run our first annual camp. Please feel free to reach out with any questions!

Website: <https://sites.google.com/view/dagfastpitch>

Registration:

[https://docs.google.com/forms/d/e/1FAIpQLSedf3DP18ga13c5gTD8tZCAxIgaXvs5luwydwaHPzuT4Ozaww/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSedf3DP18ga13c5gTD8tZCAxIgaXvs5luwydwaHPzuT4Ozaww/viewform?usp=sf_link)

Waiver: [CLICK HERE](#)

Jess D'Agostino

follow us on Instagram - @dagfastpitch

## JUST A FRIENDLY REMINDER



## RMJBL DATES

### 14u

- 3/1 Post Schedules: **Now posted: [rmjbl.org](http://rmjbl.org)**
- 3/14 Start Games
- 5/20 All games finished
- 5/24-5/26 EOS Tournament in Brighton (Single Elimination)

### 8-13u

- 3/14 Post Schedules: **Now posted: [rmjbl.org](http://rmjbl.org)**
- 4/4 Start Games
- 6/17 All games finished

6/21-6/23 EOS Tournament in Broomfield/Brighton (Single Elimination)

**RMJBL team's minimum of 10 games, season EOS June 21-23, no reschedules**

## COACHES PCA MEETING - IN PERSON



**Sunday, April 24th @ 7:00pm.** This will be an in person Live meeting with PCA Instructors at The Thunder Baseball Indoor Facility. The topic will be: **Culture, Practices & Games**. This is a free event provided by Thunder Baseball to further enrich our coaches.

**\$20 DSG Gift Certificates and a dozen game balls will be raffled off for those in attendance.**

## CONGRATULATIONS



Congratulations to the Thunder Knights coached by Mike Johnson that won the USSSA True Blue Tournament in Northern Colorado over the weekend. They played in the 10U AAA division going 5-0 in their first tournament of the season. The boys were pumped!



Congratulations to Academy 12U Reiser for taking runner-up in the TCS Spring Swing D2 this past weekend.

After going 1-1 in pool play on Saturday the team ended up in 11th place, the last place of the platinum bracket.

The boys won 3 games in a row Sunday, sending the team to the championship game and their 4th game of the day to play the only team they had lost to. Although it wasn't the big win they had hoped for, the boys worked hard, put forth a great team effort and showed incredible grit and perseverance during 6 games (32.5 innings) in 2 days and 12 hours at the field on Sunday in cold weather conditions. It was a great way to start their in-state tournaments.

## THE ANSWER



Joe Roseberry, Trainer Joe, one of our strength and agility trainers has put together some videos of the workouts the kids have been doing during their team training session that were specifically designed for Thunder Baseball. If you are interested in purchasing "The Answer" you can [Click Here](#).

### [This Week's Training Video](#)



Baseball Training Guide



This strength & agility training guide features daily workouts, neurolinguistic programming, journaling, and visualization to empower the entire athlete for increased success on and off the field.

Below is a Baseball Training Guide video that was created with our own Mason Gneiser that you can complete on your own.

[Thunder Baseball Training Guide Video](#)

[Thunder Baseball Training Guide PDF](#)

Also, players and coaches have asked about a good stretching program. Below is a link that Trainer Joe created with the help of our own Mason Gneiser.

[Stretching Video](#)



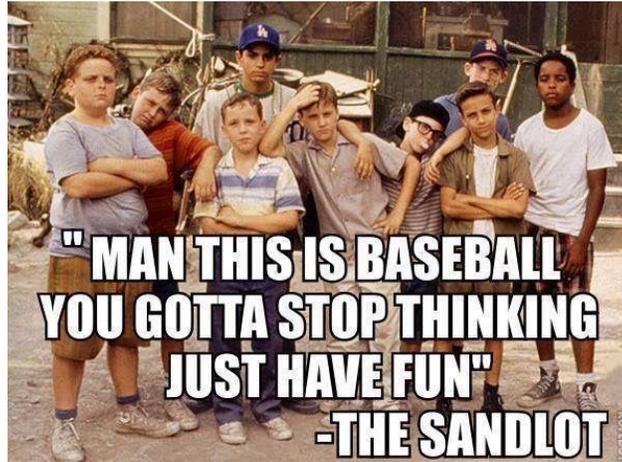
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## GLOVE REPAIR



In need of a glove to be re-laced. Contact Kelly Green for your re-lacing needs. Reasonable rates, different colors to choose from and quick turnaround. Kelly Green:  
[kelly44g@gmail.com](mailto:kelly44g@gmail.com) or call/text (720) 261-9912

## VIDEO(S) OF THE WEEK



No debate, the smoothest slide ever! [CLICK HERE](#)

The next Nolan Arenado? [CLICK HERE](#)

## UMPIRES NEEDED



Mile High Umpires, the assigning organization for your area, needs umpires. Due to Covid, our numbers have dwindled. We are offering a free google classroom for rules along with a one day field training on April 17th. The classroom can be accessed here:

<https://classroom.google.com/c/MTE2OTIyODE5Mzg3?cjc=ybuk27n>

For more information, please visit [www.facebook.com/milehighumpires](http://www.facebook.com/milehighumpires)

Thank you,  
Harvey

## LOST AND FOUND



We are starting to accumulate quite a bit of items in our Lost and Found section. If you are missing a water bottle, sweatshirt, batting gloves, helmet etc., have your player check the rack (which is located between cage 4 and the pitching area). Items left over 2 weeks will be donated or disposed of.

## COACHING TIPS



With the season approaching, we will be adding coach's tips to help you guide you through the season.

The weather is slowly beginning to cooperate and the baseball season is ready to begin, here is a great article titled "**Deception, Uncertainty, and Confusion**" that pertains more to the parents.

[CLICK HERE](#) for the Article

## POSITIVE COACHING ALLIANCE



### Triple-Impact Competitor® Scholarships

Each year PCA awards over 100 scholarships of \$1,000 or more to high school student-athletes, based on their responses to questions pertaining to how they meet the standard defined in Elevating Your Game: Becoming a Triple-Impact Competitor by PCA Founder Jim Thompson.

- Personal Mastery: Making oneself better
- Leadership: Making one's teammates better
- Honoring the Game: Making the game better.

The 2022 Scholarship opportunity for juniors graduating in 2023 is now open. You can apply through April 30th, 2022. Click the link below to begin an application after reading the program rules and eligibility below. In particular, please note that references are all handled within the scholarship application platform by providing the name/email address of the people you'd like to provide a reference. Our system will then send them a link to provide their input electronically. No manual submissions outside of the platform are accepted

[\*\*APPLY NOW\*\*](#)

## COACHING CORPS



Coaches,

We are partnering with Coaching Corps to provide you with professional development, resources, and continual support in your role as a coach. Coaching Corps' platform called "Coaches Corner" will be your place to complete online training courses, access their resource library, and build community with other coaches.

[Article on "Age-Appropriate Coaching"](#)

Future newsletters will provide links to additional training.

## 2022 TBL ANNUAL CALENDAR



[CLICK HERE](#) for the 2022 TBL Annual Calendar.

Updated and important dates for the upcoming 2022 season. (Dates Subject to change).

## TEAM OPENINGS

11u AA RMJBL Team (Kolbe) - 1 player  
13u Tournament Team (Medley/Ludwig) - Up to 2 players

Please contact Robert de Vera, Director of Operations, [directorofopstbl@gmail.com](mailto:directorofopstbl@gmail.com) for more information.

## AMAZON SMILE



Select Thunder Baseball League as your AmazonSmile charity so that when you shop at [smile.amazon.com](https://smile.amazon.com), you will

generate donations for us (at no extra cost to you). AmazonSmile offers the same products and same low prices, with the bonus that they donate a portion of your purchases!

## CONGRATULATIONS THUNDER!

Coaches and Managers,

Does your team have a success story to share? Contact Robert de Vera, Director of Operations, at [directorofopstbl@gmail.com](mailto:directorofopstbl@gmail.com) to have it posted on our Facebook page and in the Newsletter.

## THUNDER SOCIAL MEDIA

Don't forget to follow us on Facebook!

<https://www.facebook.com/ThunderBaseballLeague>

Looking for more baseball info? Check out Baseball Life in Colorado

<https://www.facebook.com/groups/512845765452705>

