

CDC Heads Up Concussion Training (Approximate training time 30-40 minutes)

[Click the link here](#) or follow the link below to get started:

<https://www.train.org/cdctrain/course/1089818/>

Click on create an account or if you already have an existing account, please login.

HEADS UP to Youth Sports: Online Training for Coaches

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To access this content, you first need to [create an account](#). If you already have an account, [please login](#).



Web-Based Training - Self-Study

ID 1089818

Skill Level: Introductory

0.45h

★★★★☆ (69868)

If you are having issues creating an account, starting the course, or navigating the course, please use the [Create an Account](#) and [FAQ](#) documents located in the Resources tab below.

This course was not designed for mobiles devices. If you are having issues while on a mobile device, please try a laptop or desktop.

[▼ Show More](#)

After creating or logging into your account, click on the Pre-Assessment button in **GREEN**. This is for coaches that either completed the training last season or new coaches taking the training for the first time.

HEADS UP to Youth Sports: Online Training for Coaches

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[Pre-Assessment](#)

[Print Certificate](#)



Completed Web-Based Training - Self-Study

ID 1089818

Skill Level: Introductory

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★★★★☆ (69868)

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After completing the Pre-Assessment (31 questions) you will then be able to take the actual Concussion Training. Click on the **Orange** “Start Training” button to begin your training. The training is broken into 4 lessons with a test after watching all the videos. You must get a score of 80% or higher to pass.

HEADS UP to Youth Sports: Online Training for Coaches

Open




CONCUSSION IN YOUTH SPORTS

Changing the Culture of Concussion Starts With You!

By taking this free course—and using what you learn—you will be well-positioned to improve the culture of sports safety and prevent concussion. Your actions can help create a safe environment for young athletes so they can stay healthy, active, and thrive—both on and off the playing field.

Once you complete the training and post-test, you can print out a certificate and show your league or school you are ready for the season.

Start Training



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

After completing all the video training modules you can now move proceed to taking the required post test.

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SAFE BRAIN. STRONGER FUTURE.

Lesson 5: Conclusion > Congratulations









Congratulations!

You have completed the training.

To receive your certificate of completion, you must pass the post-test with a score of 80% or higher. Please click the next arrow (>) below for instructions on how to access the post-test and certificate.


 Resource Center





Click on the **Orange** "Exit" button to continue to the exam and follow the directions to complete the Post-Test and then print the certificate after passing. Please email the completed certificate to directorofopstbl@gmail.com

Thank you coaches for taking the time out to complete the concussion training as well as coaching this upcoming Spring.

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CDC HEADS UP
SAFE BRAIN. STRONGER FUTURE.



Lesson 5: Conclusion > Course Completion Instructions



Course Completion Instructions


STEP 1: Complete the Post-Test


Click the orange "Exit" button at the bottom of this page and return to the CDC TRAIN course webpage. Click the green "Assessment" button to take the post-test.



STEP 2: Access Your Certificate


After you complete the post-test return to the CDC TRAIN course webpage. Click the blue "Print Certificate" button to print or save a PDF of your course completion certificate.



 Resource Center

Example of a completed certificate:

Certificate of Completion


CDC HEADS UP
SAFE BRAIN. STRONGER FUTURE.

Awarded 01/18/2022 to

Date

Robert de Vera

Name

In recognition of completing the HEADS UP Concussion Training for Youth Sports Coaches

