

## **Pitching Days/Time Available**

From: 03/06/2022 to: 05/28/2022 duration: 90 min at O VTool Training Facility

Slot	SUN	MON	TUE	WED	тни	FRI	SAT	Instructors
#1	12:00 pm 1:30 pm	7:00 pm • 8:30 pm	×	7:00 pm * 8:30 pm	×	×	×	Tom Dedin
#2	1:00 pm 2:30 pm	8:00 pm  9:30 pm	×	8:00 pm 9:30 pm	×	×	×	Tom Dedin

## Speed and Weight Training Days/Times Available

SUN THU Slot MON TUE WED FRI SAT Instructors 10:00 am 5:00 pm 5:00 pm 5:00 pm #1 Ŧ Ŧ Ŧ Ŧ  $\times$  $\times$  $\times$ 11:30 am 6:30 pm 6:30 pm 6:30 pm 10:00 am 6:30 am 6:30 am 6:30 am Ŧ  $\times$  $\times$  $\times$ #2 Ŧ Ŧ Ŧ Shawn Kirkman 11:30 am 8:00 am 8:00 am 8:00 am

From: 03/06/2022 to: 05/28/2022 duration: 90 min at 9 VTool Training Facility