

2023 Safety Manual
Butte, Montana
Montana District 2
League ID 314905

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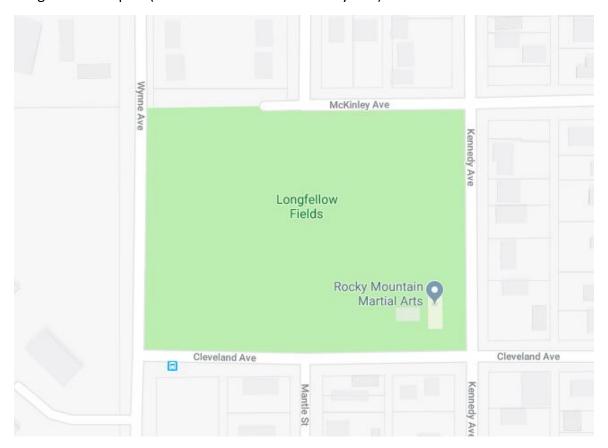
MISSION

Our mission is to create a city- wide girls softball program. The goal of the program is to provide quality instruction at all levels while focusing on sportsmanship, teamwork, competitiveness, and fair play. The league will be committed to fostering the love of the game in a positive, competitive environment.

FACILITIES

In cooperation with Park and Recreation Department of Butte-Silver Bow, Copper City Softball Little League uses the following facility:

Longfellow Complex (Cleveland Street and Kennedy Ave)



Information about the conditions and features of these facilities are available in the League Facility Survey.

BOARD OF DIRECTORS/EMERGENCY CONTACT INFORMATION

2023 Copper City	/ Little League Board of Di	rectors	
Position	Name	Cell	Email
President	Kate McGree	406-490-9824	mcgreekate@gmail.com
Vice President	Jaimee Richards	406-498-6907	jaimeerichards@outlook.com
Secretary	Amy Babb	406-490-8128	babby59701@gmail.com
Treasurer	Craig Tippett	406-491-0494	ctippett@newlandpc.com
Player Agent	Kelci Thatcher	406-565-0483	kthatcher00@hotmail.com
Safety Officer	Jaison Carriger	406-490-8296	jaison46@gmail.com
	Kensie Dallaserra	406-498-5529	mdallaserra@universalathletic.com
	Alicia Kachmarik	406-490-3761	aliciawheeler@gmail.com
	Josh Hettick	406-491-4219	headly218@gmail.com
	Amber Killoy	406-491-7002	amkilloy@gmail.com
	Sara Stepan	406-850-4537	thatchersarah@yahoo.com
	Jaci Hanley	406-533-5966	jacihanley1@hotmail.com
	Rebecca Schwartzmiller	406-498-1732	rlrobinson07@gmail.com
	Luke Stajcar	406-491-7511	Lukestajcar@gmail.com
	Shaine Tomsheck	406-498-5324	stomsheck@universalathletic.com
	Melissa Johnson	406-490-5231	broph12@yahoo.com
	Amanda Badovinac	406-533-5894	abadovinac@mtech.edu
	Dani Greer	406-490-8615	greerdani@yahoo.com
	Brooke Samson	406-390-4866	Samsonbrooke@gmail.com

Emergency Contact Procedures

- 1. Dial 911
- 2. Give dispatcher the necessary information when asked. Some common questions include

Field Location: Longfellow Fields. Cross streets of Cleveland Ave., Wynne Ave., Kennedy Ave.

What Happened?

How many people are involved?

Your name and number in case you get disconnected?

Status of victim including aid being administered

3. DO NOT HANG UP. Send someone to look for emergency Personnel

Page is posted in Clubhouse and Concession stand

VOLUNTEER BACKGROUND CHECKS

Any person that interacts with players will need a background check. This will include Coaches, Managers, Parent Helpers, Umpires, etc.

When registering, the ability to sign up as a volunteer is available. Data collected through Blue Sombrero is used to conduct background checks and track volunteers. Any person volunteering for Copper City Little League needs to create and account and register with the league.

Information provided by users when registering for volunteer positions is automatically sent to JDP for background processing. Status of volunteers are kept within the league database within Blue Sombrero.

For any volunteers not in the system, they will be required to fill out the Little League Volunteer form shown in Appendix B of this document and provide it to a board member for processing. Blank forms will be available in the clubhouse.

FUNDAMENTALS

Copper City Softball believes that one of the best ways to prevent injuries and accidents is to have the players be taught proper fundamental skills of softball. All Managers and coaches are required to attend a fundamentals clinic hosted by the league. Several different experts have served as instructors.

This year's fundamentals workshop is scheduled for April 16th and will include First Aid, Concussion and AED training.

FIRST AID and CONCUSSION POLICY

Copper City Softball believes that preventing and being able to respond to medical situations is the cornerstone of any safety plan. Whether it be on the field or off the field, leagues can help not only prevent accidents, but educate youngsters in fundamental safety concepts that can help them safe on and off of the field. CCSLL managers are required to take one practice before games begin to discuss bicycle and motor transportation, bullying, and tobacco avoidance. The speed limit on CCSLL facilities is 10 mph as it is posted by county officials. CCSLL requires that all umpires, managers and coaches attend a first aid/accident prevention clinic in order to stay current with first aid procedures. Clinic will be held on April 16th at CCSLL facility. Each team is issued a first aid kit and is required to have it at all practices and games. First aid kits are also available at all facilities.

An AED, or automated external defibrillator, is used to help those experiencing sudden cardiac arrest. It's a sophisticated, yet easy-to-use, medical device that can analyze the heart's rhythm and, if necessary, deliver an electrical shock, or defibrillation, to help the heart re-establish an effective rhythm. AED will be available at the clubhouse facility. AED training will be provided to coaches at annual safety clinic on April 16th.

Electronic weather detector application WeatherBug should be used by league officials and coaches to monitor weather during practices and games. Suspension of activity is required when the storm is detected at 3 to 8 miles away. Games will be suspended for 20 minutes to ensure the storm has moved out. Children should be removed from metal dugouts and seek shelter while in delay.

CONCUSSION POLICY

A concussion is a type of traumatic brain injury that interferes with the normal function of the brain. It occurs when the brain is rocked back and forth or twisted inside the skull because of a blow to the head or body. The blow does not need to be directly to the head for a concussion to occur. What may appear to be only a mild jolt or blow to the head or body can result in a concussion. It is now known that young athletes are particularly vulnerable to the effects of a concussion and that a concussion has the potential to result in short or long-term changes in brain function, or in some cases, death. There is no such thing as a minor brain injury. Any suspected concussion must be taken seriously and acted upon immediately. Recognition and Management If an athlete exhibits any signs, symptoms, or behaviors that make you suspicious that he or she may have had a concussion, that athlete must be removed from all physical activity immediately! Continuing to participate in physical activity after a concussion can lead to worsening concussion symptoms, increased risk for further injury, and even death.

Concussion training is available online through the Centers for Disease Control at https://www.cdc.gov/headsup/youthsports/training/index.html

Each head coach and each board member will be required to submit a copy of the certificate once completed and must be done before the first game of the season.

The handout in Appendix A will be given to all parents to raise awareness of concussions. The form is also available at https://www.cdc.gov/headsup/pdfs/youthsports/Parent Athlete Info Sheet-a.pdf

CONCUSSION PROTOCOL

Managers, coaches, umpires, and league officials are not expected to be able to "diagnose" a concussion. That is the role of an appropriate health-care professional. However, you must be aware of the signs, symptoms, and behaviors of a possible concussion, and if you suspect that an athlete may have a concussion, then the following procedure must be enacted immediately:

- 1. Immediately remove the athlete from game/practice/physical activity.**
- 2. Complete the CCSLL Concussion Checklist immediately upon removal from game/practice/physical activity. Turn completed form into appropriate CCSLL official. If the health status of the athlete warrants immediate medical assistance/attention (seizure, loss of consciousness, etc.) call 911 immediately and then complete a concussion checklist when the situation allows you to do so.
- 3. The signs, symptoms, and behaviors of a concussion are not always immediately apparent after a bump, blow, or jolt to the head or body and may develop over a few hours. An athlete should be observed following a suspected concussion and should never be left alone.
- 4. Inform the athlete's parents or guardians about the possible concussion and inform them that CCSLL policy mandates that the athlete must be evaluated by an appropriate health-care professional and will not be allowed to return to practice or games until an appropriate health-care professional says they are symptom free and medically clears them to resume physical activity.
- 5. Manager/coaches will not allow athlete to resume practice/games/physical activity until they are provided a written release by the athlete's health care provider. Verbal indication of release by parent/guardian is not acceptable written release must be provided and this in turn must be into appropriate league official to be filed with other documentation of incident.

** In the event that a manager or coach becomes aware (i.e., disclosure by parent/guardian/ player) that a player has been involved in a non-league activity that is known to have actually caused a concussion or is of such a nature as to cause concern – the manager /coach is to restrict league activity until such time as the player is examined and released by an appropriate health care professional to return to full physical activity. When in doubt, sit them out!

Important to Remember: If an athlete returns to activity before being fully healed from an initial concussion, the athlete is at risk for a repeat concussion. A repeat concussion that occurs before the brain has a chance to recover from the first can slow recovery or increase the chance for long-term problems. In rare cases, a repeat concussion can result in severe swelling and bleeding in the brain that can be fatal. Athletes must know that they should never try to "tough out" a suspected concussion. Teammates, coaches, umpires, and parents/guardians should never encourage an athlete to "play through" the symptoms of a concussion. In addition, there should never be an attribution of bravery to athletes who do play despite having concussion signs or symptoms. The risks of such behavior must be emphasized to all members of the team, as well as coaches and parents.

REPORTING INJURIES

- 1. Report incident immediately to League Official
- 2. Fill Out Accident Claim form. Forms are available in Appendix A of this Document, or at the clubhouse.
- 3. Once completed by Parent and League, form will be submitted to Little League International.

FACILITIES AND EQUIPMENT

Managers, Coaches, and Umpires are required to inspect equipment on a regular basis. The League Safety Officer will inspect equipment prior to each season. Managers, coaches, and umpires will inspect equipment prior to each game. Equipment not fit for use will be destroyed so that an individual can't use them again to prevent someone to use it without league knowledge. Breakaway bases are used on all fields. In addition, the league equipment supervisor will also manage the storage sheds at the facilities to ensure they are organized, and maintenance equipment is safely stored.

Managers, coaches, and umpires must inspect the field prior to use. League officials must also inspect facilities as well. Inspections of league officials, managers, coaches, and umpires' areas essential to their use.

Items included in either inspection by league officials, managers, coaches, and umpires include:

- 1. Holes, damages, rough, or uneven spots.
- 2. Slippery areas and long grass.
- 3. Glass, rocks, and other debris and foreign objects.
- 4. Unsafe conditions around backstop and pitcher's mound.
- 5. Warning track condition.
- 6. Dugout conditions before and after games. Teams are required to clean the dugout after use.
- 7. Availability of telephone.
- 8. Area around the bleachers is free of debris.
- 9. Garbage clean-up
- 10. Establishing who is in charge of the facility that game.

- 11. Restroom conditions.
- 12. Concession stand inspection.

Disengage-able bases will be used on all fields. The speed limit for all cars at all facilities is 5 mph. Items such as mouthguards, faceguards for helmets, and pitcher heat protectors are available for players, parents, managers, or coaches that requests them. Parents are welcome to make suggestions to the President or Safety Officer at any time. All adults are encouraged to sign-up for Little League E-News in order to keep up with current practices, suggestions, and trends in safety development for participants.

STORAGE SHED PROCEDURES

The following applies to all of the storage sheds used by CCSLL and apply to anyone who has been issued a key by CCSLL to use those facilities.

- 1. Keys are available through the President who keeps record of key disbursements. All keys must be returned at the end of the season.
- 2. All individuals with keys to CCSLL equipment and storage sheds are aware of their responsibilities for the orderly and safe storage of rakes, shovels, bases, etc.
- 3. All individuals are responsible to read operating instructions for all equipment prior to use. (I.e. lawn mowers, weed whackers, lights, scoreboards, pa systems, etc.)
- 4. All chemicals or organic materials stored in CCSLL sheds shall be properly marked and labeled as to its contents. Material Safety Data Sheets will be available for all materials requiring them. Sheets will be stored in office as well as where the chemical is stored.
- 5. All chemicals organic materials stored within these sheds will be separated from areas used to store machinery and gardening equipment to minimize the risk of puncturing storage containers.
- 6. Any witnesses "loose" chemicals organic materials within these sheds should be cleaned up and disposed of as soon as possible to prevent accidental poisoning.
- 7. Cleaning supplies will not be stored in concession areas.
- 8. Adults are responsible to clean storage shed after each use.

CONCESSION STAND PROCEDURES

CCSLL recognizes the important role that concession stands have in supporting the overall program. It is essential for concession stand procedures to provide safe items to league supporters.

Procedures will be posted at all concession stands.

- 1. Menus are very simple to minimize cooking equipment and maintenance. Food items must come from approved sources. Control of items is supervised by league from purchase to sale. Safety Officer must approve menus.
- 2. Thermostats are used to maintain proper levels of cooked materials. Foods must be properly stored at the correct temperature.
- 3. Reheating food items is not practiced. Potential left over potentially hazardous foods must be discarded each night.

- 4. Proper cooling facilities (under 41 degrees) must be available if food is to be stored.
- 5. Hand washing is the first line of defense in preventing food borne diseases.
- 6. Foods that have potential allergic implications (ie nuts) must be labeled and knowledge of contents understood by worker.
- 7. Workers that are healthy are the only ones that will prepare foods. Use of protective gloves and hair covering items must be available.
- 8. Disposable utensils are recommended. Utensils that must be washed need to be washed in hot soapy water, rinsed in clean water, and air dried. Use of chemical or heat sanitizing equipment is also recommended.
- 9. Ice for injuries needs to be placed in plastic bags and stored separately. Avoid touching ice with hands.
- 10. Wiping cloths are to be stored in a bucket of sanitizer and changed every two hours.
- 11. Food and utensils need to remain covered to protect from insects. Frequent sweeping of floors is also effective way of preventing insects.
- 12. Food needs to be stored at least six inches above the ground.
- 13. Workers under the age of 14 must be supervised by an adult.
- 14. Proper smoke detectors and fire extinguishers are installed in each concession stand.

PLAY BY THE RULES

CCSLL operates under the Official Rules and Regulations of Little League Softball. Local rules that are provided by such rules will be provided in writing to the managers, coaches, and umpires. The league is dedicated to recruiting and providing education for umpires. Training includes using resources such District Consultants and Regional Umpire Schools when appropriate dedication is established. Managers, Coaches, Umpires are required to attend annual rules clinic conducted by District Umpire Staff. The clinic this year will take place on April 18th at CCSLL field facilities from 2PM to 4PM. It is essential that deviation from the rules as a significant number of the rules are established in order to make the game safer. These include, but aren't limited to

- scheduling procedures
- no on-deck batters
- coaches not allowed to warm up pitchers (including standing at the backstop)
- Use of disengaging breakaway bases.

ADDRESSING COMPLAINTS & GRIEVANCES

As in any competitive situation, there are always times that individuals will disagree with the decisions made by an organization and its leaders. A truly safe program allows for those disagreements to be heard in a safe, non-threatening manner. As an entity that employs volunteers, the organization must respect due process rights of individuals involved in decisions of the organization. Thus, a method of bringing forward complaints is necessary in order to protect the due process and dignity of individual members, as well as providing a safe method by which members can relate their feelings on decisions, etc. without turning into a crisis situation. Referring to the League Code of Ethics will be of great assistance to league personnel throughout a grievance situation and should be referred to during the process.

The first step of any grievance is to attempt to handle the situation unofficially through mediation. Note: All player complaints are represented through the Player Agent who speaks on behalf of players. The complaining party is required to contact the individual directly to verbally voice the complaint. If no solution is found, the division director may be brought into conversation. If no solution is found, the President may be contacted. Both parties must contact the President to ensure the need for his or her involvement. If the President cannot mediate the situation to a solution, he or she will ask the complaining individual to put the complaint in writing in which the complaint will be heard at next Board meeting or at special meeting if the President feels the issue is of dire attention. All complaints must be in writing to be heard by the Board. The Board of Directors will then listen to complaint as well as responses from other parties and offer solutions. The League Constitution spells out timelines for resolving these complaints. Complaints about personality conflicts will not be heard by the Board unless it shows negative impact on the kids shows negative impact on the kids.

APPENDIX

APPENDIX A: LITTLE LEAGUE BASEBALL AND SOFTBALL ACCIDENT NOTIFICATION FORM

LITTLE LEAGUE BASEBALL AND SOFTBALL ACCIDENT NOTIFICATION FORM INSTRUCTIONS

Send Completed Form To: Little League International 539 US Route 15 Hwy, PO Box 3485 Williamsport PA 17701-0485 Accident Claim Contact Numbers:

Phone: 570-327-1674

Accident & Health (U.S.)

- This form must be completed by parents (if claimant is under 19 years of age) and a league official and forwarded to Little League
 Headquarters within 20 days after the accident. A photocopy of this form should be made and kept by the claimant/parent. Initial medical/
 dental treatment must be rendered within 30 days of the Little League accident.
- Itemized bills including description of service, date of service, procedure and diagnosis codes for medical services/supplies and/or other documentation related to claim for benefits are to be provided within 90 days after the accident date. In no event shall such proof be furnished later than 12 months from the date the medical expense was incurred.
- When other insurance is present, parents or claimant must forward copies of the Explanation of Benefits or Notice/Letter of Denial for each charge directly to Little League Headquarters, even if the charges do not exceed the deductible of the primary insurance program.
- Policy provides benefits for eligible medical expenses incurred within 52 weeks of the accident, subject to Excess Coverage and Exclusion provisions of the plan.
- Limited deferred medical/dental benefits may be available for necessary treatment incurred after 52 weeks. Refer to insurance brochure provided to the league president, or contact Little League Headquarters within the year of injury.
- Accident Claim Form must be fully completed including Social Security Number (SSN) for processing.

League Name					League I.D		
		PART					
Name of Injured Person/Claimant		SSN	Date of Birtl	h (MM/DD/YY)	Age	Sex	
						□ Female	□ Male
Name of Parent/Guardian, if Claima	ant is a Minor		Home Phon	e (Inc. Area Coo	de) Bus. Phon	e (Inc. Area C	code)
			()		()		
Address of Claimant		A	ddress of Parent/	Guardian, if diffe	erent		
The Little League Master Accident F per injury. "Other insurance program employer for employees and family	ns" include family's p	personal insurar	ce, student insura	ance through a s	chool or insur	ance through	ductible an
Does the insured Person/Parent/Gu	ardian have any ins	surance through:	Employer Plan Individual Plan				□No □No
Date of Accident Ti	ime of Accident	Type of Inju	у				
		⊐РМ					
Check all applicable responses in e	anch column:						
	LLENGER (4-18)	□ PLAYER		□ TRYOUTS		SPECIAL E	VENT
□ SOFTBALL □ T-BA		☐ MANAGER	, COACH	□ PRACTICE		(NOT GAME	S)
☐ CHALLENGER ☐ MINO	OR (6-12)	□ VOLUNTE	ER UMPIRE		ED GAME	SPECIAL G (Submit a co	
☐ TAD (2ND SEASON) ☐ LITTI	,			☐ TRAVELT		your approva	
	MEDIATE (50/70) (11-13) OR (12-14)	□ SAFETY O	SCOREKEEPER FFICER	☐ TOURNAM		Little League	
_ 50111	IOR (13-16)		ER WORKER	□ OTHER (D		Incorporated	1)
I hereby certify that I have read the complete and correct as herein give	· ·	s of this form and	to the best of my	knowledge and	belief the info	rmation conta	ained is
I understand that it is a crime for an	y person to intention	nally attempt to	defraud or knowin	gly facilitate a fra	aud against an	insurer by	
submitting an application or filing a	-						
I hereby authorize any physician, ho that has any records or knowledge of							
Little League and/or National Union as effective and valid as the original	Fire Insurance Con						
Date Claimant	/Parent/Guardian S	Signature (In a tw	o parent househo	ld, both parents	must sign this	form.)	
Date Claimant	/Parent/Guardian S	ionatura					

For Residents of California:

Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

For Residents of New York:

Any person who knowingly and with the intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

For Residents of Pennsylvania:

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

For Residents of All Other States:

Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

PART 2 - LEAGUE STATEMENT (Other than Parent or Claimant)					
Name of League	• • • • • • • • • • • • • • • • • • • •		League I.D. Number		
Name of League Official			Position in League		
Address of League Official			Telephone Numbers (Inc. Area Codes)		
			Residence: () Business: () Fax: ()		
Were you a witness to the accident? □Yes □No Provide names and addresses of any known witnesses to the reported accident.					
Check the boxes for all appropriate items below. At least one item in each column must be selected.					
POSITION WHEN INJURED	INJURY	PART OF BODY	CAUSE OF INJURY		
□ 01 1ST □ 02 2ND □ 03 3RD □ 04 BATTER □ 05 BENCH □ 06 BULLPEN □ 07 CATCHER □ 08 COACHING BOX □ 10 DUGOUT □ 11 MANAGER □ 12 ON DECK □ 13 OUTFIELD □ 14 PITCHER □ 15 RUNNER □ 16 SCOREKEEPER □ 17 SHORTSTOP □ 18 TO/FROM GAME □ 19 UMPIRE □ 19 UMPIRE □ 20 OTHER □ 21 UNKNOWN □ 22 WARMING UP	□ 01 ABRASION □ 02 BITES □ 03 CONCUSSION □ 04 CONTUSION □ 05 DENTAL □ 06 DISLOCATION □ 07 DISMEMBERMENT □ 08 EPIPHYSES □ 09 FATALITY □ 10 FRACTURE □ 11 HEMATOMA □ 12 HEMORRHAGE □ 13 LACERATION □ 14 PUNCTURE □ 15 RUPTURE □ 16 SPRAIN □ 17 SUNSTROKE □ 18 OTHER □ 19 UNKNOWN □ 20 PARALYSIS/ PARAPLEGIC	01 ABDOMEN 02 ANKLE 03 ARM 04 BACK 05 CHEST 06 EAR 07 ELBOW 08 EYE 09 FACE 10 FATALITY 11 FOOT 12 HAND 13 HEAD 14 HIP 15 KNEE 16 LEG 17 LIPS 18 MOUTH 19 NECK 20 NOSE 21 SHOULDER 22 SIDE 23 TEETH 24 TESTICLE 25 WRIST 26 UNKNOWN 27 FINGER	O1 BATTED BALL O2 BATTING O3 CATCHING O4 COLLIDING O5 COLLIDING WITH FENCE O6 FALLING O7 HIT BY BAT O8 HORSEPLAY O9 PITCHED BALL O1 RUNNING O11 SHARP OBJECT O12 SLIDING O13 TAGGING O15 THROWN BALL O16 OTHER O17 UNKNOWN		
Does your league use batting helmets with attached face guards? □YES □NO If YES, are they □Mandatory or □Optional At what levels are they used?					
I hereby certify that the above named claimant was injured while covered by the Little League Baseball Accident Insurance Policy at the time of the reported accident. I also certify that the information contained in the Claimant's Notification is true and correct as stated, to the best of my knowledge.					
Date League	e Official Signature				

APPENDIX B: LITTLE LEAGUE VOLUNTEER APPLICATION FORM-2022

tost Updated: 1/4/23

Little League® "Basic" Volunteer Application – 2023

Do not use forms from past years. Use extra paper to complete if additional space is required.



This volunteer application can be used as a reference for leagues utilizing the JDP Quick App Special professional training, skills, hobbies:

All RED fields are required.	All RED fields are required.		Special Certifications (CPR, Medical, etc.):
Jame			Special Affiliations (Clubs Services Organizations etc.)
First	Middle Name or Initial	leal	
City	State	Zip	
Home Phone:	Cell Phone		Previous volunteer experience (including baseball/softball and years [s]):
Work Phone:	E-mail Address:		IF YOU INF IN A STATE THAT REQUIRES A SEPARATE BACKGROUND CHECK BY LAW, PIEASE ATTACH A COPY OF THAT STATES
Oriver's License#:			BACKGROUND CHECK, FOR MORE INFORMATION ON STATE LAWS, VISIT OUR WEBSITE. Little Longue, and Passine Laws
Have you ever been charged w a minor, or of a sexual nature?	. Have you ever been charged with, convicted of, plead no contest, or guilty to any crime(s) invalving or against a minos, or of a sexual nature?	any crime(s) involving o	AS A CONDITION OF VOLUNTERING, 1 give permission for the Little League organization to conduct background check[s] on me now and as long as I continue to be active with the organization, which may include a review of sex offender registries (some of which contain name only searches which may result in a report being generated that may not he me). Child dubuse and
If was clascribe each in full:		□ Yes	No
(If volunteer answered yes to	(if volunteer answered yes to Question 1, the local league must contact Little League International.)		
2. Have you ever been convicted of the secretary and the secretary	Have you ever been convicted of or plead no contest or guilty to any crime[s]? If was classified each in full:	Yes	information. I also understand that, regardless of previous appointments, titlle League is not obligated to appoint me to a volunteer position. If appointed, I understand that, prior to the experiorion of my term, I am subject to suspension by the President and removal by the Board of Directors for violation of Life League policies or principles.
(Answering yes to Question	(Answering yes to Question 2, does not automatically disqualify you as a volunteer.)	lunteer.)	
3. Do you have any criminal charge	Do you have any criminal charges pending against you regarding any crime(s)?	□ Yes	Applicant Name (piease print or type)
If yes, describe each in full:			
(Answering yes to Question	(Answering yes to Guestion 3, does not automatically disquality you as a volunteer.)	lunteer.)	
4. Have you ever been refused participation in any other youth		programs and/or listed on any youth organization	If Minor / Parent Signature
ineligible list? If yes, explain:		□ Yes	□ No NOTE. The local Limie League and Little League Bazeball, Incorporated will not discriminate against any person on the basis of
(if volunteer answered yes to	(If volunteer answered yes to Question 4, the local league must contact Little League International.)	League International.)	race, creed, color, navanal origin, mantal status, genaer, sexual orientation or disdaility.
5. In which of the following would	In which of the following would you like to participate? (Check one or more.)		
☐ League Official	☐ Field Maintenance	Concession Stand	LOCAL LEAGUE USE ONLY:
□ Coach	☐ Manager ☐ Other	er	Background check completed by league officer on
☐ Umpire	☐ Scorekeeper		System(s) used for background check (minimum of one must be checked): Review the Little League Regulation 1 (c)(9) for all background check requirements
A COPY OF VALID GOVERNMENT ISSUED PHOTO COMPLETE THIS APPLICATION (NOT NECESSARY IF V	MENT ISSUED PHOTO IDENTIFICATION MUST BE (NOT NECESSARY IF VOLUNTEER IS RETURNING)	IDENTIFICATION MUST BE ATTACHED TO OLUNTEER IS RETURNING).	1ED TO Includes review of the U.S. Center of SafeSport's Centralized Discplinary Database and Little League International Ineligible/Suspended List)* OR
Please provide updated inforequesting a new position.	Please provide updated information below if there are any changes from previous years or requesting a new position.	ss from previous ye	□ National Criminal Database check □ National Sex Offender Registry
Occupation:			* Please be advised that if you use JDP and there is a name match in the few states where only name match searches can be performed you should notify volunteers that hery will receive a letter are email directly from JDP in compliance with the Fair Crede Reporting Act
employer:			contraining information regarding all the criminal records easociated with the name, which may not necessarily be the league volunteer.
Address			and an action in a ppintain topics of background there reports that reveal tours of the appintain

APPENDIX C: CONCUSSION INFORMATION SHEET FOR PARENTS

Concussion INFORMATION SHEET



This sheet has information to help protect your children or teens from concussion or other serious brain injury. Use this information at your children's or teens' games and practices to learn how to spot a concussion and what to do if a concussion occurs.

What Is a Concussion?

A concussion is a type of traumatic brain injury—or TBI caused by a bump, blow, or jolt to the head or by a hit to the body that causes the head and brain to move quickly back and forth. This fast movement can cause the brain to bounce around or twist in the skull, creating chemical changes in the brain and sometimes stretching and damaging the brain cells.

How Can I Help Keep My Children or Teens Safe?

Sports are a great way for children and teens to stay healthy and can help them do well in school. To help lower your children's or teens' chances of getting a concussion or other serious brain injury, you should:

- Help create a culture of safety for the team.
 - Work with their coach to teach ways to lower the chances of getting a concussion.
 - Talk with your children or teens about concussion and ask if they have concerns about reporting a concussion.
 Talk with them about their concerns; emphasize the importance of reporting concussions and taking time to recover from one.
 - Ensure that they follow their coach's rules for safety and the rules of the sport.
 - Tell your children or teens that you expect them to practice good sportsmanship at all times.
- When appropriate for the sport or activity, teach your children or teens that they must wear a helmet to lower the chances of the most serious types of brain or head injury. However, there is no "concussion-proof" helmet. So, even with a helmet, it is important for children and teens to avoid hits to the head.



How Can I Spot a Possible Concussion?

Children and teens who show or report one or more of the signs and symptoms listed below—or simply say they just "don't feel right" after a bump, blow, or jolt to the head or body—may have a concussion or other serious brain injury.

Signs Observed by Parents or Coaches

- Appears dazed or stunned
- Forgets an instruction, is confused about an assignment or position, or is unsure of the game, score, or opponent
- Moves clumsily
- · Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- · Can't recall events prior to or after a hit or fall

Symptoms Reported by Children and Teens

- · Headache or "pressure" in head
- · Nausea or vomiting
- · Balance problems or dizziness, or double or blurry vision
- Bothered by light or noise
- Feeling sluggish, hazy, foggy, or groggy
- Confusion, or concentration or memory problems
- · Just not "feeling right," or "feeling down"

Talk with your children and teens about concussion. Tell them to report their concussion symptoms to you and their coach right away. Some children and teens think concussions aren't serious, or worry that if they report a concussion they will lose their position on the team or look weak. Be sure to remind them that it's better to miss one game than the whole season.



CONCUSSIONS AFFECT EACH CHILD AND TEEN DIFFERENTLY.

While most children and teens with a concussion feel better within a couple of weeks, some will have symptoms for months or longer. Talk with your children's or teens' healthcare provider if their concussion symptoms do not go away, or if they get worse after they return to their regular activities.

What Are Some More Serious Danger Signs to Look Out For?

In rare cases, a dangerous collection of blood (hematoma) may form on the brain after a bump, blow, or jolt to the head or body and can squeeze the brain against the skull. Call 9-1-1 or take your child or teen to the emergency department right away if, after a bump, blow, or jolt to the head or body, he or she has one or more of these danger signs:

- · One pupil larger than the other
- · Drowsiness or inability to wake up
- · A headache that gets worse and does not go away
- Slurred speech, weakness, numbness, or decreased coordination
- Repeated vomiting or nausea, convulsions or seizures (shaking or twitching)
- Unusual behavior, increased confusion, restlessness, or agitation
- Loss of consciousness (passed out/knocked out). Even a brief loss of consciousness should be taken seriously
- while having concussion symptoms, or who return to play too soon—while the brain is still healing—have a greater chance of getting another concussion. A repeat concussion that occurs while the brain is still healing from the first injury can be very serious, and can affect a child or teen for a lifetime. It can even be fatal.

What Should I Do If My Child or Teen Has a Possible Concussion?

As a parent, if you think your child or teen may have a concussion, you should:

- 1. Remove your child or teen from play.
- Keep your child or teen out of play the day of the injury. Your child or teen should be seen by a healthcare provider and only return to play with permission from a healthcare provider who is experienced in evaluating for concussion.
- 3. Ask your child's or teen's healthcare provider for written instructions on helping your child or teen return to school. You can give the instructions to your child's or teen's school nurse and teacher(s) and return-to-play instructions to the coach and/or athletic trainer.

Do not try to judge the severity of the injury yourself. Only a healthcare provider should assess a child or teen for a possible concussion. Concussion signs and symptoms often show up soon after the injury. But you may not know how serious the concussion is at first, and some symptoms may not show up for hours or days.

The brain needs time to heal after a concussion. A child's or teen's return to school and sports should be a gradual process that is carefully managed and monitored by a healthcare provider.

To learn more, go to cdc.gov/HEADSUP





Discuss the risks of concussion and other serious brain injuries with your child or teen, and have each person sign below.

Detach the section below, and keep this information sheet to use at your children's or teens' games and practices to help protect them from concussion or other serious brain injuries.

O I learned about concussion and talked with my parent or coach about what to do if I have a concus	ssion or other serious brain injury.
Athlete's Name Printed:	Date:
Athlete's Signature:	
O I have read this fact sheet for parents on concussion with my child or teen, and talked about what other serious brain injury.	to do if they have a concussion or
Parent or Legal Guardian's Name Printed:	Date:
Parent or Legal Guardian's Signature:	
	Davised January 2019