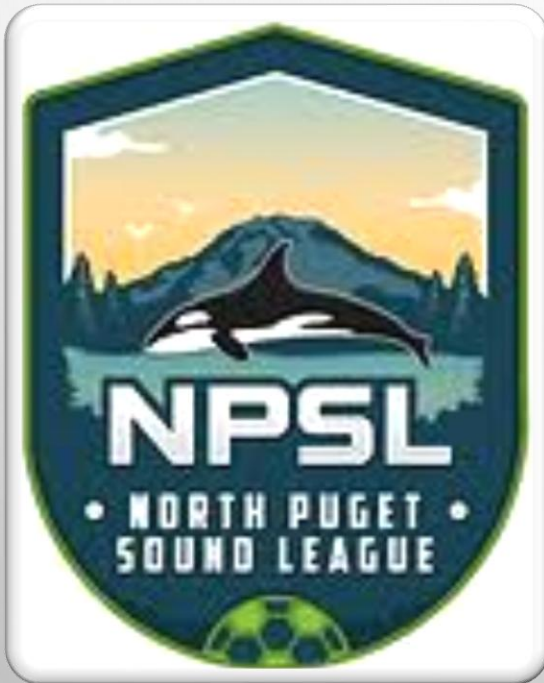


PACFW – SELECT



INTRODUCTORY COACHES MEETING

2025-26 SEASON
AUGUST 25TH, 2025.

PLEASE FOLLOW...

* Make sure you are muted



* Please wait until the end for the Q&A

Agenda

- ❖ Club Leadership
- ❖ PacFW – Select
- ❖ Playmetrics & Practices
- ❖ FAQs and Questions





Club Leadership



US Soccer Structure

US Soccer Federation

State Control (Washington Youth Soccer)

League (In House)

Club (PacNW FW-Rec)

Team
BU6

Players

Team
GU8

Players

League (SSUL)

Club (PacNW FW-Rec)

Team
BU14

Players

Team GU
16

Players

Other Club

Team
BU14

Players

Team GU
16

Players



Gordo Millan



Coaching Experience

- ❖ PacNW ECNL - Present
- ❖ WA State EPD - Present
- ❖ Federal Way HS Varsity Coach - Present
- ❖ Bellevue College Assistant Coach 2019 - 2022
- ❖ XF Premier 2019 - 2021

Playing Experience

- ❖ Professional Soccer - Venezuela 2002 - 2014
- ❖ Venezuela National Team U13 - U20
- ❖ NPSL Seattle, WA - 2014 - 2018

Coaching License

- ❖ USSF National B License



PacFW Rec Admin Team

Gordo Millan - PacFW Director gordo@pacnwsc.org

**Nicole Holtman -
Registrar**

FWRECREGISTRAR@PACNWSC.ORG

- Player Registration
- Team formation
- Volunteer coordinator
- Practice scheduler
- City of federal way contact for field issues. Text 253.241.9747

**Chris Morrow -
Rec Manager**

FWRECMANAGER@PACNWSC.ORG

- Game schedules

Dave Lanning

FWRECUNIFORMS@PACNWSC.ORG

- Uniform Coordinator
- Gear distribution & collection



PacFW - NPSL

Program Overview and Philosophy



OVERALL OBJECTIVES AT TRAINING

Trainings are active (no laps, lines or lectures)

Quality repetition over quantity

Being coachable

Problem-solving + Decision Making

Most importantly: FUN!



PRACTICE FIELDS

- ❖ Practices need to start/end ON TIME.
- ❖ If you need to speak with families/teams, please do this off the field.
- ❖ Teams must practice on the fields we have reserved.
- ❖ Please don't use the other field spaces, as we do not have them rented.
- ❖ This leaves gaps in the reserved fields, and walk-ons are more likely.
- ❖ Practice maps were emailed to all coaches & team staff.
- ❖ Any questions on your practice space, email Nicole at fwrecregistrar@pacnwsc.org
- ❖ Practice maps will also be sent through Playmetrics so families know where their kids are practicing.
- ❖ Print a copy of our rental agreement to keep with you at practice. *Included in the email with practice maps.



PacFW – Select NPSL Placements

TEAMS and Divisions

- ❖ BU12 – 12 games – Division 2
- ❖ BU13 – 12 Games – Division 4
- ❖ BU17 – 12 Games – Division 3



NPSL GAME SCHEDULE

NPSL: Game Schedule is posted at

<https://www.northpugetsoundleague.org/schedules>

Rescheduling Games

- ❖ Please do everything you can to keep the original game dates.
- ❖ Rescheduling is hard on opponents and club administrators.
 - Reschedules are preferred to cancellations.
- ❖ Be as flexible as possible on revised dates and reschedule games as soon as possible.
- ❖ Reschedules **MUST** be coordinated with the opposing team AND your Club Admin. Field availability and referee crews need to be coordinated as well.



NPSL Resources

Here is the link to all of their Resources:

<https://www.northpugetsoundleague.org/resources>

Coaches make sure you navigate through the NPSL website so you can work with roster and game day information.



GAMES LOADED TO PLAYMETRICS

Team staff is responsible for adding their games into playmetrics.

- ❖ Login to your coach/staff profile.
- ❖ “Add game” on your team page.

PACFW-R B12 MAROON (MILLER)

Current Season

Summary

Calendar

Games

Roster

Attendance

Fields

Forms

Fees

Resources



Add Game



USE YOUR PLAYMETRICS

- Add NPSL games schedule.
- Need to cancel practice? OK! Send a note to your team with an explanation/reason.
- Need to change a practice?
(Combine with another team, scrimmage, etc.)
 - This needs to be done through Nicole.
 - Please allow 24/48 hours notice to make the change.
- The Help Center has lots of great Articles
<https://help.playmetrics.com/hc/en-us>



FAQs

❖ Coaches package?

- Balls, cones, pinnies, and pugs/bazooka goals are available for all coaches.

❖ Uniforms?

- *Dave Lanning (fwrecuniforms@pacnwsc.org)* has set up uniform store and emailed links to all players.
- Coaches, please follow up with your players as families need to order asap!
- Not all families have ordered!

❖ Can I add players to my roster?

- Yes, BUT you need to communicate with Nicole and Director Gordo first.



❖ Are training days mandatory?

- **Yes!** Players are expecting to train twice a week. If a last-minute situation comes up, please communicate accordingly with your families to ensure everyone is in the loop.

❖ Can we find coverage if we can't avoid it?

- **Yes!** Assistant coaches or any coach from our Select Program.
- **Nicole** is willing to reschedule the training session to a different day if field space is available.

❖ WHAT IS RMA?

FAQs

- Risk management application

- Before participation in any Washington Youth Soccer events and activities, including but not limited to practices, league games, tournaments, and state cups.
- Washington Youth Soccer (WYS) and its affiliated member associations and clubs are required to annually have all adult and minor or organizational members complete **SAFESPORT, CONCUSSION AND SUDDEN CARDIAC ARREST CERTIFICATION, AND OBTAIN AN APPROVED NATIONAL BACKGROUND CHECK** through Washington Youth Soccer's registration platform (Sports Connect).

- Who do I go to with RMA questions?

- Nicole Holtman

Fwrecregistrar@pacnwsc.org



FAQs

❖ Who do I contact if a field has a repair/maintenance issue?

- Nicole Holtman via email.

❖ What do I do if there is a problem/issue on my team?

- Always attempt to repair with communication with the families.
- If you need more troubleshooting or backup for additional conversations with families, then reach out to Gordo Millan via email or phone call.



What to do if there is a Field Conflict?

❖ After this meeting:

- Show them the rental agreement from the city of Federal Way
- If it escalates, walk away and call 911.
 - After call 911, text or call Nicole Holtman & Gordo Millan.
Later, send a detailed email to Nicole and Gordo.
- In the case of a game day field conflict, call Chris Morrow.



What is NEXT?

❖ After this meeting:

- Follow-up email from fwrecregistrar@pacnwsc.org
 - Copy of slides
 - Practice maps
 - Rental agreement
 - Contact info for PacFW admin
- Curriculum and rules email from gordo@pacnwsc.org
 - Rules and curriculum for each age group.





THANK
YOU

Arigato

Efharisto

Gracias

Danke

Shukran

Thoins
Moite

Merci

Mahalo

Grazie

Spasiba

Dankie