

Hello and Happy New Year Lady Mac Hoops Rec League Parents, Coaches and Players! We hope that you all had a wonderful holiday season with your families. We are excited to announce that we are ready and able to move forward with the start of our season THIS WEEK! Please read this document in its entirety, as there is a lot of information that we need to communicate with you all. As we have said before, this season is unlike any other and we will all have to work together to make it successful. We appreciate your patience and understanding as we navigate all of the added challenges and responsibilities this year.

COVID-19 Waivers, Screenings and Procedures

- The health and safety of our players, coaches, league families, and our community is paramount to Lady Mac Hoops and vital to the success of our season. We will be implementing multiple health and safety procedures this season, and we ask that you adhere to them. Failure to do so may result in you or your player being unable to participate in league activities, and potentially a temporary or permanent halt to league activities as a whole. Lady Mac Hoops reserves the right to update procedures as needed, but will not do so without explicit notification to families of any changes. (See the full Lady Mac Hoops Association COVID-19 plan here: https://docs.google.com/document/d/1Vt7sszb96SapWeC65awSLjXIDqpFuc_VC_C3wtMpmq1M/edit)
- All participants will be required to complete a COVID-19 waiver for both the Armory **and** the Lady Mac Hoops organization before they can participate in any league activities. You will receive a link to each waiver. Please complete them as soon as possible.
- All coaches and players will be required to complete a COVID-19 screening survey before each practice, game or skills session. Parents will be responsible for completing the survey on the GameChanger Team Manager app that the league will begin using this year. (More information on the app below.) Parents are asked to answer the survey honestly and not send their players to league events if they or members of their household have symptoms of COVID-19.
- All coaches and players will be required to have their temperature checked with a no-contact forehead thermometer before entering the Armory by a coach or other league representative. Any player or coach with a temperature of 100.4 or higher will not be permitted to enter the gym. Parents who are dropping their children off should wait for an OK from the coach or league representative before leaving.
- All coaches are required to wear a mask or other appropriate face covering at all times while engaged in Rec League activities.
- Players are required to wear a mask or other appropriate face covering at all times when not actively engaged in practice or play - this includes when

entering/exiting the gym, when changing shoes before/after practices/games, when on the bench, etc.

- Due to the capacity limit at the Armory of 50 people, each player is allowed to have 1 spectator at games. Some skills sessions and/or practices may be closed to parents/spectators so that we are able to maintain compliance with the capacity limit. Parents will be notified when any session will be players and coaches only.
- When parents/spectators are permitted, they must wear a mask or other appropriate face covering at all times in the Armory, and are expected to maintain physical distance from those that do not reside in their household.

GameChanger Team Manager App

- Lady Mac Hoops will be utilizing this app to help coaches communicate with their teams, as well as simplifying the COVID-19 screening process.
- This app is free to download to your smartphone or other device. Once rosters have been set, and uploaded by Lady Mac Hoops, you will receive notice from your coach or age division director with instructions for downloading the app and locating your team on it.

Now for the fun stuff!

2021 Season Game and Practice Schedule

- Lady Mac Hoops is currently not approved to utilize any Canon McMillan facilities for practices as we would in a typical season which means that all practices, games and skills sessions must be held at the Armory.
- Limited gym availability means that teams will practice less often, but please know that we are continually in contact with CMSD regarding use of facilities and will update our schedule if/when facilities become available. Until that time the following schedule is a general outline for our season. It will be updated with specific times for each team once rosters are set.
 - **Friday Jan 8th - Grades 5-8 Skills Session 5:30-8:30** (Coaches will informally evaluate players during this time in order to spread talent evenly across the league. 5-8 team rosters will be set and families will be notified that weekend.)
 - **Saturday Jan 9th - Grade 3-4 Team Practices 12:30-6:30** (There is no informal evaluation process for 3-4 players. 3-4 Team Rosters are set, and you will be contacted by your coach ASAP with your practice time. If you do not hear from a coach by Tuesday 1/5, please email Kim Hyland at hylandk@cmsd.k12.pa.us)

- **Saturdays Jan 16th through March 6th Game Days** Exact schedule TBD, but grade 3-4 games will start at 12:30, 1:30 and 2:30. Grade 5-8 games will start at 3:30 and 4:30.
- **Friday Night Practice Schedule** Age divisions must alternate use of the gym each week in order to make gym time fair. Again, schedules will be updated if/when CMSD facilities become available to us. Our league has access to the Armory from **5:30 to 8:30** on Friday nights. ***Your coach will notify you of your team's exact practice time.***
 - 1/15 Grades 5-8
 - 1/22 Grades 3-4
 - 1/29 Grades 5-8
 - 2/5 Grades 3-4
 - 2/12 Grades 5-8
 - 2/19 Grades 3-4
 - 2/26 Grades 5-8
 - 3/5 Grades 3-4

We look forward to a fun season! If you have questions, please don't hesitate to reach out to the director of your age division.

Sincerely,

Lauren Semple Grades 5-8 Director laurenrsemple@gmail.com

Kim Hyland Grades 3-4 Director hylandk@cmsd.k12.pa.us