

REC Under-6/8 Age Group Season Playing League Rules

1. U6/8 field size: Minimum 15 yards wide x 35 yards long. Maximum 25 yards wide x 35 yards long.
2. Goal size: max 4'x6'
3. Ball size: #3
4. U-6/8: Maximum four players, no goalie. Minimum of three (4) players.
5. Home team uniform colors are WHITE and visiting team is PURPLE
6. Coaches will not instruct or teach any player to head the ball nor to position herself/himself to stay stationary in front of the goal.
7. U-6/8 game duration: four 10 min quarters with a 5-minute break between quarters. Quarters must be used – no exception!!
8. Head coaches' license level: Pre-4v4 minimum in first season, 4v4 license required by second season.
9. Assistant coaches' license level: Pre-4v4 desired, nothing required
10. Head coach referee certification required: No
11. U-6/8 games shall be played using a single center referee. The center referee may be a licensed referee or a Team coach
12. No scores or standings are recorded.
13. *Game day* sequence of events:
 - a. Coaches shall have their team roster and player medical/waver releases at all events.
 - b. In adverse weather during game, the referee with coaches shall decide if conditions are safe for games to continue unless the City Closes fields.
 - c. No games shall be rescheduled unless confirmed by NYSL level.
 - d. The home team shall occupy the south or east side of the field.
 - e. Where colors of uniforms are similar, the home team must effect a change to colors which are distinct from those of the opponent. Color pennies shall be used to distinguish teams.
 - f. Spectators must stay 3 yards from the touch line and shall not occupy any area behind the goals. Spectators must conduct themselves in a supporting manner with no negative comments to players, or coaches of either team. Any infractions by a spectator will result in an automatic hearing with the League's PAD and a possible suspension from attending games and/or practices as per the NYSL Zero Tolerance Policy.
 - g. Any coach who is "dismissed" or ejected from the game due to a spectator's behavior will receive an automatic minimum three (3) game suspension.
 - h. Home teams are responsible for putting up goals for first game of the day and taking down goals for final game of the day.
 - i. Home Team will provide the game ball.
 - j. A referee field monitor shall check a team in prior to the start of the game (approximately 15 minutes prior to scheduled game time) by performing the following:
 - i. Call the name of the player from the team roster and have them step forward, check for jewelry, hair barrettes, and other potentially hazardous items. Players must remove all unauthorized items.
 - ii. Players will tap on their shin guards to ensure wear on skin, under socks. All players must wear shin guards at all times
 - iii. Players will turn and show the bottom of their cleats to verify there is no presence of a toe cleat. Cleats that have had the toe cleat removed will not be allowed.
 - iv. After the player has passed the check they should gather behind their Coach until all players have been checked.
 - k. Players shall not play with casts, soft or otherwise. Teams shall begin to warm-up off the field and, if time permits, on the field. At no time shall the start of a game be delayed for team warm-up.

- l. Games shall start PROMPTLY ON TIME or earlier if teams are ready.
- m. The visiting team shall have kick off in 1st half. Switch positions at halftime. The home team kicks off in 2nd half.
- n. Both Coaches will referee the game on the field. Each Coach must provide a whistle to be used on the field.
- o. All players who attended practice the week prior shall play a minimum of one half the game. Exceptions to this shall be for illness, school conflict, etc., which shall be at the coaches discretion. All players shall be afforded playing time in every game.
- p. Substitutions shall occur at any stoppage of play.
- q. At this age direct and penalty kicks are not allowed.
- r. Substitution at any stoppage
- s. No Headers allowed.
- t. No slide tackling is allowed
- u. Goal kicks shall be taken from any point inside the goal area. All opposing players must be at least six yards away and out of the goal area.
- v. A repeat throw-in shall be granted to a player after an explanation.
- w. No Offside calls
- x. Fouls to observed
 - i. If these fouls are committed, an indirect free kick is given to the opposing team. There are no penalty kicks.
 - a. Kicking
 - b. Tripping
 - c. Jumping
 - d. Charging
 - e. Striking
 - f. Pushing
 - g. Kicking opponents leg before touching the ball
 - h. Holding
 - i. Spitting
 - j. Handling ball deliberately
- y. When an injury occurs on the field and the referee stops play, all players remain in place and a referee shall motion to have a coach enter the field to care for the injured player. Coaches shall assess the player to determine if safe for them to get up on their own or to move them. If unsure due to the extent of the injury, then call 911 for emergency services. At no time shall a spectator enter the field unless cleared by a referee.
- z. **No scores are kept.** Coaches are encouraged to avoid running up a score. To help equalize a score a team that is losing a game by six points shall add an extra player to the field. Additional players must be removed if the differential goes below five.
- aa. Teams shall give the opposing team a cheer of “good game” and shall line up along the midfield line to meet in the center. Players and coaches shall proceed to do “high fives” in a display of “good game” sportsmanship. At no time shall any player, or coach be excluded from these acts of good will.
- bb. Any coach who is “dismissed off” or ejected from a game will receive an automatic minimum three (3) game suspension as per the NYSL Zero Tolerance Policy.

U6/8 RULES

	U6/U8
* Field Size (yds)	25/35 L 15/25 W
**Number of Referees	1
Number of Players	4v4
Minimum # of Players	4
Goal Keeper	No
Playing Time	4x10
Ball Size	3
Goal Mouth Size (feet)	4x6
Offside	No
Substitutions	Any Stoppage
Fouls (type of kick)	Indirect Free Kicks Only
Free Kick clearance	10 ft
Throw-in	1 Re-throw
Penalty Kicks	None
Penalty Area (yds)	None
Goal Area (yards)	3x8
Heading	None
Build-Out Line	None