

York Field Hockey Academy Field Hockey Clinic
Participation Acknowledgement for Communicable Diseases Including COVID-19

The COVID-19 pandemic has presented athletics across the world with a myriad of challenges. The COVID-19 virus is a highly contagious illness that primarily attacks the upper respiratory system. The virus that causes COVID-19 can infect people of all ages. Research from the Centers for Disease Control (CDC), among others, has found that while children do get infected by COVID-19, relatively few children with COVID-19 are hospitalized. However, some severe outcomes have been reported in children, and a child with a mild or even asymptomatic case of COVID-19 can spread the infection to others who may be far more vulnerable. While it is not possible to eliminate all risk of furthering the spread of COVID-19, the current science suggests there are many steps schools can take to reduce the risks to students, coaches, and their families.

York Field Hockey Academy LLC (YFHA) will implement the necessary precautions, recommendations, and requirements from the federal, state, and local governments, CDC, PA Department of Health, as well as the specific regulations for your high school. YFHA realizes that knowledge regarding COVID-19 is constantly changing as new information and treatments become available.

The following precautions will be implemented and adjusted as needed as new information becomes available, in order to decrease the risk of exposure for our staff, and players to include but not be limited to:

1. Athletes, Coaches, and Staff will undergo a COVID-19 health screening the morning of the 11v11 Play Day for YFHA.
2. The type of screening will be dependent upon the available resources. The purpose is to check for signs and symptoms of COVID-19, and will include a questionnaire. A temperature check may be conducted by the Spooky Nook upon entrance to the facility.
3. Athletes, Coaches, and Staff will implement healthy hygiene practices such as hand washing, using hand sanitizer, cough in your elbow, avoid touching eyes, nose, face and mouth, and support etiquette that includes no spitting, no gum chewing, and no Handshakes/Celebrations (high fives, fist/elbow bumps, chest bumps, hugging).
4. YFHA will work with the Spooky Nook to make sure the facility is cleaned regularly and well ventilated.
5. We do request that coaches, staff, and players not on the field social distance and wear a mask.
6. YFHA Staff will educate Athletes on health and safety protocols.
7. **Anyone** (Athletes, Coaches, or Staff) **who is sick will stay home from the clinic.**
8. YFHA will communicate and monitor developments with local authorities, employees, and families regarding cases, exposures, and updates to policies and procedures.
9. Athletes, Coaches, and Staff will provide their own water bottles for hydration. Water bottles will not be shared. **Refill Stations and Water Fountains will NOT BE AVAILABLE through YFHA!**
10. PPE will be used as needed and situations warrant, or determined by local/state governments. Masks/Face Coverings will be utilized by all YFHA staff.
11. Face Coverings will not be used for athletes while practicing or competing, but is expected to be worn when on the sideline.
12. The YFHA staff will note students who may be at a higher risk of severe illness from COVID-19 due to underlying medical conditions. (See – CDC “People Who are at a High Risk for Severe Illness”).

In consideration of the above requirements, I, on behalf of the Athlete and I, the Athlete, acknowledge the following:

- Participating in YFHA 11v11 Play Day may include a possible exposure to a communicable disease, including but not limited to MRSA, influenza, and COVID-19. I/Athlete must be an active participant in my/her own healthcare.
- In consideration of my/her involvement in all YFHA events, I have had an opportunity to carefully read the current CDC Guidelines for COVID-19 virus related health risks and understand the recommended precautions, along with the above requirements.
- I voluntarily and willingly choose to have my athlete participate in YFHA clinics and play days.
- I willingly agree to comply with all procedures, protocols, and requirements put into place by the YFHA in order to provide for safe athletic participation, to keep myself and others safe, and to limit and reduce the exposure to and spread of COVID-19 and other communicable diseases.
- I knowingly and voluntarily assume all risks related to the COVID-19 virus. I acknowledge that while particular recommendations and personal discipline may reduce the risk, the risk of serious illness and death does exist and I assume full responsibility for my/her participation.

York Field Hockey Academy LLC Field Hockey Clinic Waiver

Signature of Parent/Guardian: _____ Date: _____

Signature of Student Athlete: _____ Date: _____