Media Youth Center – Winter Basketball League Game Rules

Girls 7th-10th Grade League

1. (4) 7 minute quarters. Clock stops on all whistles.
2. Must play man-to-man defense in the first half.
3. Pressing is allowed in the last 4 minutes of the 2nd and 4th quarters. Must take press off when leading by 12 or more points.
4. Every player must play at least a quarter.
5. Every player must wear an MYC game shirt to each game. Each player without a shirt will be given a technical foul.
6. All other PIAA rules apply.
7. 4 time-outs per game