

SPRING 2026 COACHING Handbook

AYS Office: 866 S. Co. Rd. 625 E. Avon, IN 46123 317.839.5480 | avonindiana.gov/sports



TABLE OF CONTENTS

SPORTS DIRECTOR MESSAGE		3	
AYS - AT A GLANCE		4	
MEET THE TEAM!		5	- 6
CHAIN OF COMMUNICATION		7	
SCHOLARSHIPS (ASK PROGRAM	()	8	
ATHLETIC CODE OF CONDUCT		9	- 11
SAFE PLAY POLICY		12	
SOCIAL MEDIA POLICY		13	- 14
COACHES CODE OF CONDUCT		15	
PARENT/PLAYER CODE OF CON	IDUCT	16	
EMERGENCIES		17	
INCIDENT REPORTING PROCEDU	JRE	18	
INCIDENT REPORTING FORM		19	- 26



JUSTIN THOMPSON SPORTS DIRECTOR

Thank you to all the coaches, commissioners, league coordinators, and other volunteers that make AYS sports a wonderful experience for our youth! The difference you make and the impact you have is critical in the development of these young players. You are greatly appreciated!

Sincerely,

HISTORY

Avon Youth Sports (formerly AJAA) has created childhood memories for youth athletes since 1963! The organization baseball started as organization and has grown to offer our community 21 sports programs, making it largest youth the sports Hendricks organization in County. Our participant numbers have grown approximately 20% of the Avon community!

MISSION

At Avon Youth Sports, there's a sport for everyone. AYS provides outstanding opportunities for Avon community youth to develop physically while encouraging growth in teamwork, effort, sportsmanship, and character by offering diverse and high-quality athletic programming and instruction through single organization.



It's
ALL
about the
KIDS!



MEET THE TEAM!



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CHAIN OF COMMUNICATION

AYS serves over 4,000 participants each year. In order to best serve everyone (players, parents, coaches, and volunteers), please utilize the following chain of command for any questions or concerns.

O1 Coach

Parents should first communicate directly with their child's coach.

- League Coordinator
 - If a concern needs escalated, contact the player's League Coordinator.
- **League Commissioner**

If the concern still needs escalated, please contact the appropriate League Commissioner.

O4 AYS Staff

If assistance is still needed, please contact AYS Staff at sports@avonindiana.gov. We're here to help!

You may also reference the particular sport program page on avonindiana.gov/sports, which will have a current list of Committee Members with corresponding contact information.

ATHLETIC SCHOLARSHIPS FOR KIDS

SCHOLARSHIPS FOR KIDS (ASK) SCHOLARSHIP PROGRAM



PURPOSE

The purpose of the Avon Youth Sports Athletic Scholarship for Kids (ASK) program is to remove financial obstacles that would otherwise prevent athletes from participating in recreational youth sports.

ELIGIBILITY

- Athletes must be of eligible age to participate in an AYS program and applicant must have an active AYS account created. Accounts can be created at avonindiana.gov/sports.
- Scholarship are available for recreational youth sports programs only. Try-out based and All-Star sports program participants are not eligible to receive a scholarship.
- Scholarships will be awarded to athletes who live within the Avon Community School Corporation boundaries or attend a school located in Avon, Indiana only.
- Scholarship recipients are required to attend a minimum of 80% of all scheduled games and practices.
- Scholarship recipients must adhere to all rules and policies of Avon Youth Sports including the Code of Conduct. Any violations may impact eligibility.
- Scholarship amounts awarded will be based off of Early Bird registration rates. If a scholarship application is received after TWO (2) days prior to the Early Bird registration deadline, the scholarship recipient will be responsible for any remaining balance due after the scholarship amount has been applied.
- The deadline for scholarship applications is fourteen (14) days prior to the close of registration for the sport in which the applicant is applying for.
- Scholarship applications must be completed by a parent, guardian, or head of household and include all requested information and documentation. *Incomplete* applications will not be considered.
- The maximum amount awarded per family per calendar year is \$500.

HOW TO SUBMIT A SCHOLARSHIP APPLICATION

Scholarship applications can be submitted online at avonindiana.gov/sports or may be emailed to ask@avonindiana.gov (including completed application and required documentation).

866. S. Co. Rd. 625 E. Avon, IN 46123 | (317)839-5480 | ask@avonindiana.gov | avonindiana.gov/sports

PAGE 1 OF 1

Avon Youth Sports





ATHLETIC CODE OF CONDUCT

Avon Youth Sports (AYS) Mission: To provide high quality athletic programming and instruction for youth athletes to develop physically and mentally by encouraging growth in teamwork, effort, skill, sportsmanship, and character.

This AYS Athletic Code of Conduct has been prepared as a guide to the expectations of AYS. This policy applies to all parties involved or present at AYS events, regardless of their role or affiliation. The Code of Conduct is to be read and understood by all coaches, assistant coaches, managers, players, and parents.

The Town of Avon, Indiana Sports supports youth sport activity that is governed by a strong sense of individual and team sportsmanship. Value and emphasis on sportsmanship, character building, and positive conduct are a requirement of our athletic participants. Persons unwilling to abide by this Code should reconsider their involvement in AYS activities.

Principles and Expectations:

- AYS believes in the principles of fair play, ethical behavior, and the right of every individual to fully enjoy sport without undue interference from others.
- AYS recognizes competitive sport activities are a source of strong feelings which may lead to misunderstandings, disagreements, and other related conflicts.
- AYS believes that every participant has a requirement to respect the right of competitors to hold conflicting points of view or opinions.
- AYS expects its coaches, players, referees, families, and spectators to deal with conflicts in a
 positive and respectful manner, with focus on good sportsmanship.
- AYS expects its coaches, players, referees, families, and spectators to cooperate in promoting the enjoyment of sports, over the victory of any game, to the greatest extent possible for the development of the player.
- AYS expects adherence to both the spirit and the letter of its rules of the Game. Illegal, unfair, rowdy, violent, dangerous, and unsportsmanlike behavior will not be tolerated, whether on the field of play, over social media, or any place away from the playing area.
- AYS expects all participants to show respect for players and opponents, regardless of their skill.
- AYS expects most activities to involve children from a very young age. Children are influenced by the behavior of adults, so adult participants will be held to the very highest standards of conduct.
- AYS discourages demonstrations and protests which may disrupt or disturb other members or delay the start of organized play.
- AYS will not permit any player or volunteer registered for a program to play with pending or previous criminal charges. Releasing a player during a program season due to pending charges will forfeit any refunds.



ATHLETIC CODE OF CONDUCT (CONTINUED)

<u>Unacceptable Conduct (Not All-Inclusive):</u>

- Vulgarity by coaches, players, or spectators
- Harassment of referees, coaches, and/or spectators (Verbal or Physical)
- Verbal or physical Assault/Violence or Threat of Violence
 - o Physical assault is defined as the initiation of any physical contact.
- Consumption of alcohol, tobacco, or use of illegal drugs at a Town of Avon, Indiana Sports facility or any facility used to host AYS activities.
- Obscene gestures
 - Gestures may include or indicate the threat of physical violence (e.g. Punching gesture; neck slit gesture)
- Angry tone of voice with elevated volume.
 - May include continued yelling or raised voice towards coach, player, parent, or umpire.
- Negative coaching style
 - Intentionally or repeatedly ignoring AYS rules
 - Sacrificing player development for victory
- Any type of bullying behavior
 - Examples of bullying include:
 - Physical- hitting, pushing, punching, biting, striking, kicking, spitting, slapping, and/or throwing objects.
 - Verbal- ridiculing, taunting, name calling, intimidating, or threatening to cause someone harm.
 - Social- Use of rumors or false statements about someone to diminish their reputation; using electronic communications or other social media platform technology to harass, frighten, intimidate, or humiliate someone.
 - Sexual- ridiculing or taunting based on gender or sexual orientation (real or perceived), gender traits or behavior, or teasing someone about their looks.

Code of Conduct Violation:

1st Offense: 1st offenses may be subject to a verbal and/or written reminder of expectations and agreement related to the Code of Conduct.

2nd Offense: 2nd offenses may be subject to a written warning of violation to the Code of Conduct and resolution plan put in place to avoid future incidents.

3rd Offense: 3rd offense may be subject to removal of AYS sports programs for a 1 calendar year period.

4th Offense: 4th Offenses may be subject to permanent removal of all AYS sporting events and activities.



ATHLETIC CODE OF CONDUCT (CONTINUED)

<u>Please Note</u>: Any violation may be subject to escalation and omission of violation resolution steps depending on review of reporting, witnesses, and severity of the offense. This is up to the discretion of the Avon Youth Sports leadership.

I do hereby affirm and acknowledge that I have been fully informed of the AYS Athletic Code	of
Conduct associated with Avon Youth Sports ("AYS") and agree to abide by all policy obligations a	ınd
requirements.	

Signed:		
Print Name:		
Date:		



SAFE PLAY POLICY

AYS desires safe play for all athletes on and off the field. Below, you will find a list of protocols concerning injury and illness. It is the parent's/guardian's responsibility to adhere to these guidelines to keep his or her player, and the player's family, safe.

Illness

- If your player is showing any symptoms of illness, they should be excluded from play and stay home.
- If someone in your household is sick, it is best that you do not send your player to practice or games if the ill person is contagious.
- If anyone in your household has been diagnosed with a communicable disease, you should contact the Hendricks County Health Department on guidance for quarantine.
- Any communicable illness, such as COVID-19, that is diagnosed in an AYS household should be reported to the AYS office for keeping records and possible contact tracing.
- Any player suspected of being symptomatic without a report may be subject to removal for the season.
- Any communicable illness, such as COVID-19 that has not been reported to the AYS office that is subject to contact tracing may be considered grounds for removal for the season.
- Player roster information may be shared with Hendricks County Health Department, upon request, for contact tracing.
- Parents should communicate with the head coach of the player's team, as well as the AYS office, if there are reasons listed above for exclusion from play.
- If a player is symptomatic during a season, they must self-quarantine based on Health Department guidelines or produce a negative test result prior to return to play.

Injuries

- Injuries should be reported to the head coach immediately, as well as the AYS office.
- A player who suffers an injury will need a full medical release before returning to play.
- Any release containing limitations on practice or play must be followed by a full release to eliminate the restrictions laid out in the original release.
- In the event of a head injury, it is preferred that a sports medicine doctor with specialty in head injuries treat the player to reduce the risk of re-injury.
- All releases are subject to review and verification by AYS office.
- Players participating in collision sports must sign a waiver for treatment, and a consent to treat form by athletic trainers with our partners at Hendricks Regional Health.
- Physical limitations and pre-existing conditions
- Any physical limitations or pre-existing conditions should be reported to the head coach and the AYS office.
- Certain limitations may prevent players from participating in programming without express written consent from a physician.
- If players have allergies to environmental risks that require emergency therapeutics, the player or parent are required to bring the therapeutics to practice and games. (Including, but not limited to: rescue inhaler, EpiPen, etc.)



SOCIAL MEDIA POLICY

This policy provides guidelines for Employees, Commissioners, Coordinators, Coaches, Parents, Players, Volunteers & Contractors ("AIS Employees and Volunteers") use of social media, which should be broadly understood for purposes of this policy to include blogs, wikis, microblogs, message boards, chat rooms, electronic newsletters, online forums, social networking sites, and other sites and services that permit users to share information with others in a contemporaneous manner.

PROCEDURE

The following principles apply to professional and personal use of social media on behalf of AIS or when referencing the Town of Avon, Indiana Sports or Avon Youth Sports.

- Employees, Commissioners, Coordinators, Coaches, Parents, Players, & Contractors ("AIS Employees and Volunteers") need to know and must adhere to the AIS Code of Conduct, Employee Handbook, and other company policies when using social media in reference to AIS as a condition of their involvement with AIS.
- AIS Employees and Volunteers should be aware of the effect their actions may have on their images, as well as AIS' image. The information that employees post or publish is public information forever.
- AIS Employees and Volunteers should be aware that AIS may observe content and information made available through social media. AIS Employees and Volunteers should use their best judgment in posting material that is neither inappropriate nor harmful to AIS, its employees, its volunteers, or its participants.
- Although not an exclusive list, some specific examples of prohibited social media conduct include
 posting commentary, content, or images that are defamatory, pornographic, proprietary,
 harassing, libelous, material that can create a hostile work environment, or which may be
 characterized as a personal attack on employees, volunteers or participants.
- AIS Employees and Volunteers are not to publish, post or release any information that is considered confidential or not public.
- Social media networks, blogs, and other types of online content sometimes generate press and media attention or legal questions. AIS Employees and Volunteers should refer these inquiries to the Town of Avon, Indiana Sports Director or the Town of Avon Parks & Recreation Director if he/she is unavailable.
- If AIS Employees and Volunteers find or encounter a situation while using social media that threatens to become antagonistic, employees should disengage from the dialogue in a polite manner and seek the advice of the AIS Sports Director.
- AIS Employees and Volunteers should get appropriate permission before they refer to or post images of current or former employees, members, vendors, suppliers, volunteers, and the like.
 Additionally, AIS Employees and Volunteers should get appropriate permission to use a third party's copyrights, copyrighted material, trademarks, service marks or other intellectual property.

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SOCIAL MEDIA POLICY

(CONTINUED)

- If AIS Employees and Volunteers publish content after-hours that involves work or subjects associated with AIS, a disclaimer should be used, such as this: "The postings on this site are my own and may not represent AIS's positions, strategies or opinions."
- AJAA Employees and Volunteers may not advertise for fundraisers or other AIS related events unless the fundraiser or event has been approved by the Sports Director and is in compliance with the AIS Travel and All-Star Financial Policy.
- Any and all websites and other web content, brand names and intellectual property belonging to AIS, whether on AIS' individual website, its Facebook page, or any page it manages, including but not limited to Avon Youth Basketball Club, Avon Youth Baseball Club, Avon Jr. Orioles Football Club, Avon Softball Club, etc. shall remain the sole property of and under the sole direction and management of AIS. Employees and Volunteers who are granted access to provide content do not, under any circumstances, receive any ownership interest in said content or ownership of AIS managed pages.
- AIS Staff shall have the authority to monitor and enforce this Social Media Policy.
- The failure of any AIS Member to adhere to this Social Media Policy shall be considered a violation of the AIS Code of Conduct, and any AIS Member who fails to adhere to this Social Media Policy shall be subject to disciplinary action, up to and including termination of such individual's involvement in AIS, in accordance with the AIS Disciplinary Procedures.
- I agree to comply with the terms of the AIS Social Media Policy and understand that my participation in AIS/AYS is conditioned thereon.

Dated:		
Signed:		
Title: _		



COACHES CODE OF CONDUCT

- Coaches have the knowledge and preparation to lead their teams.
- Coaches are to conform to the spirit and intent of applicable rules at all times.
- Coaches are responsible for their own conduct as well as the conduct of their assistant coaches, players and spectators.
- Coaches are responsible to ensure that the health, well-being and development of athletes take precedence over the win/loss record.
- Coaches accept that they do serve as role models and there must be congruency between their actions and words.
- Coaches provide a physically and emotionally safe environment for practices and competition.
- Coaches exemplify honesty, integrity, fair play, and sportsmanship regardless of the impact that might have upon the outcome of the competition.
- Coaches maintain a professional demeanor in their relationships with athletes, officials, colleagues, administrators and the public and treat them with respect and dignity.
- Coaches maintain confidentiality when appropriate and avoid situations that would potentially create a conflict of interest or exploit the athlete.
- Coaches are committed to the education of their athletes and should encourage academic achievement.
- Coaches are committed to the safety and well-being of each athlete.
- Coaches discourage the use of performance enhancing substances and dietary supplements.
- Coaches prohibit the use of any illegal or recreational drugs.
- Coaches follow current safe training and conditioning techniques.
- Coaches exhibit sound injury and risk management practices.
- Coaches demonstrate an understanding of growth and developmental stages of their athletes.
- Coaches place the athlete's needs and interests before their own.
- Coaches remember that competition should be healthy and enjoyable for all. I understand that I represent not only my team, but the Town of Avon, Indiana Sports Division and Avon Youth Sports. I will conduct myself according to the standards presented in the AYS Code of Conduct. I understand that the other coaches, players, parents and AYS will hold me accountable for the actions and behavior of myself as well as my players, parents, and assistants. I acknowledge that I am held accountable to the AYS Code of Conduct, and that failure to abide by the AYS Code of Conduct could result in disciplinary actions.



Parents and players are expected to conduct themselves according to the highest standards of social and ethical behavior.

By agreeing to participate, I acknowledge that I will:

- Encourage and participate in fair play
- Cheer in a positive manner for all participants
- Avoid negative or harsh criticism of any player or team performance
- Show respect for all players, coaches and referees
- Display good sportsmanship at all times
- Abstain from criticizing opponents
- Contribute to a positive environment where kids can play, learn and have fun

I understand that I represent not only my team, but also Avon Youth Sports. I will conduct myself according to the standards presented in the AYS Code of Conduct. I understand that the coach, other players, parents and AYS will hold me accountable for my actions and behavior. I acknowledge that I am held accountable to the AYS Code of Conduct, that failure to abide by the AYS Code of Conduct could result in disciplinary actions.

Emergencies Requiring First Aid: How to Respond

During sporting events, the coaching staff is responsible for administering first aid to any ill or injured AYS athlete, unless an AYS affiliated athletic trainer is present. If an AYS affiliated athletic trainer is present, they will assume responsibility for care and for all return to play decisions. The coach must follow the training protocols they have been instructed on.

The first responder to the situation needs to be the highest certified and trained person on site where the injury occurs. The first responder will most often be the specific team Head Coach, although other personnel may fill this role if their certification and training is greater than that of the Head Coach (i.e. if the bystander is a Certified Nurse, Emergency Medical Technician, Doctor). It is vital that first responders keep the environment calm so that athletes don't panic. Coaches should also make sure they complete all the steps on the First Aid Checklist below. By following this procedure, coaches allow medical personnel to easily respond to the scene and help care for the athlete.

First Aid Checklist

- 1. Check the surroundings for safety hazards and stop all activity near the emergency.
- 2. Check the injured athlete's injury and determine a plan of action.
- 3. Do not move the athlete if there is a possibility of head or neck injury or if the athlete is unconscious.
- 4. Have someone contact a parent/guardian. Some cases may also require 911 to be contacted. Coaches should use their training to properly judge the severity of the situation.
- 5. If EMS responders determine that the athlete is in an emergency, a coach can transport the injured athlete.

Emergency Phone Number: (317)671-0075

Please utilize this number only in the case of an emergency.

Incident Reports

In the case of any incident requiring first aid, an incident form must be completed within 24 hours. This incident form is available on the AYS website and included in your coaching handbook. Incident reports need to be completed by a person who witnesses the situation unfold and not by someone who arrived after the incident occurred. If no witness is available to provide a detailed account of the situation, then AYS will allow the individual who experienced the situation to complete the incident report and will allow a time extension on a case-by-case basis.

INCIDENT REPORTS

AYS' Incident Report Form is used to properly record any incident utilizing the **AYS** property, that occurs when during games/practices, and/or any other reporting that should be noted to the organization's administration. It is extremely important to report any and all incidents, so that proper documentation and details may be recorded promptly. This is helpful to report accidents to our insurance carrier for liability purposes, to accurately document any incidents with all witness details, to watch for any future occurrences, and to know when management needs to help facilitate an issue, etc.

Examples of when to use this form:

- When a player is injured during practice or games
- When an altercation happens between players, parents, coaches, umpires, or any event that should be documented for witness purposes.

Please know that all documentation is extremely important to ensure that all details can be recorded accurately and helps for our leadership to continue to be in the know during all activities.

Upon completion of the form, please immediately take to the AYS office or email sports@avonindiana.gov.



IDENTIFICATION INFORMATION		
Name :		
Date of Hire:		
Address :		
Date of Birth :		
Telephone:		
Name of Physician :		
Name of Hospital, if hospitalized :		
	INCIDENT REPORTING INFORMATION	
Date of Incident:		
Location:		
Time:		
Type of Incident:		
Equipment Involved:		
Event or Task:		
If Injured, what injury:		
Part of Body Affected:		



	MACHINERY/EQUIPMENT INVOLVED (IF APPLICABLE)
Manufacturer :	
Equipment Age :	
Serial Number :	
Model :	
Any Modification to	
Equipment :	
Machine Guarding in	
Place:	

REPORTING MEMBER STATEMENT		
Description of		
Accident/Incident:		
Include Factors that		
Led to Incident:		
Include Any		
Equipment Involved:		



	WITNESS STATEMENT, IF APPLICABLE
Witness Description of Accident/Incident:	
Include Factors that Led to Incident:	
Include Any Equipment Involved:	

٦	TOWN OF AVON, INDIANA SPORTS EMPLOYER REVIEW AND STATEMENT
AIS Description of Accident/Incident:	
,	
Include Factors	
that Led to	
Incident:	
Include Any	
Equipment	
Involved:	



utilize the space below.
Reporting Member Signature and Date:
Witness Signature and Date:
Employer Signature and Date:



IDENTIFICATION INFORMATION		
Name :		
Date of Hire:		
Address :		
Date of Birth :		
Telephone:		
Name of Physician :		
Name of Hospital, if hospitalized :		
	INCIDENT REPORTING INFORMATION	
Date of Incident:	INCIDENT REPORTING INFORMATION	
Date of Incident: Location:	INCIDENT REPORTING INFORMATION	
	INCIDENT REPORTING INFORMATION	
Location:	INCIDENT REPORTING INFORMATION	
Location: Time:	INCIDENT REPORTING INFORMATION	
Location: Time: Type of Incident:	INCIDENT REPORTING INFORMATION	
Location: Time: Type of Incident: Equipment Involved:	INCIDENT REPORTING INFORMATION	



	MACHINERY/EQUIPMENT INVOLVED (IF APPLICABLE)
Manufacturer :	
Equipment Age :	
Serial Number :	
Model :	
Any Modification to	
Equipment :	
Machine Guarding in	
Place :	

	REPORTING MEMBER STATEMENT
Description of	
Accident/Incident:	
Include Factors that	
Led to Incident:	
Include Any	
Equipment Involved:	



	WITNESS STATEMENT, IF APPLICABLE
Witness	
Description of	
Accident/Incident:	
Include Factors	
that Led to	
Incident:	
Include Any	
Equipment	
Involved:	

٦	TOWN OF AVON, INDIANA SPORTS EMPLOYER REVIEW AND STATEMENT
AIS Description of Accident/Incident:	
,	
Include Factors	
that Led to	
Incident:	
Include Any	
Equipment	
Involved:	



For any additional documentation, photos, or statements, please attach separately to this form or utilize the space below.
Reporting Member Signature and Date:
Witness Signature and Date:
Employer Signature and Date: