# Avon Youth Sports Rec. Basketball Middle School and High School Division Rules 

## League Organization

## Conduct

Participants - Coaches, Players, and Parents sign the "AYS Code of Conduct" when registering online to play AYS basketball. By registering, all parents, players, and coaches agree to be held to, and abide by the AYS Code of Conduct. Violations of the AYS Code of Conduct will not be tolerated.

Guests attending AYS games should be informed of the Code of Conduct as well. Parents must be responsible for their children and everyone must remain in the gymnasium at all times (unless restroom facilities cannot be accessed from the gym). Anyone associated with AYS basketball found roaming the halls will be banned from the school.

AYS takes this matter very seriously and we expect our coaches, players, and parents to do the same. Thank you.

## League Goals

Goals of the AYS Middle School and High School Basketball Leagues are:

- Break barriers between underclassmen and upperclassmen
- Involve everyone in a positive team experience
- Continue to develop basketball skills and player confidence
- Provide positive role models
- Mentor players so they will want to coach their kids one day
- Have fun!


## League Overview

Middle school ( $7^{\text {th }} \& 8^{\text {th }}$ Grade) and High School ( $9^{\text {th }}-12^{\text {th }}$ Grade) Basketball Leagues are recreational leagues aimed to teach and instruct the game of basketball to players within the following framework:

- Keeping score
- Keeping team records and league standings
- Emphasizing player effort
- Practicing good sportsmanship


## Official Rules

All situations will be governed by the IHSAA basketball rules with the following exceptions and clarifications.

These exceptions and clarifications have been approved by the AYS Basketball Committee and the AYS leadership.

Changes ANY CHANGES TO THESE RULES MUST BE APPROVED BY THE AYS BASKETBALL COMMITTEE.

## Approval of Coaches

All coaches must undergo a background check as part of the approval process to coach.

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## Team Selection

Teams will be determined per the approved AYS Team Selection Policy. The goal of the selection process is to fairly evaluate player skills in order to balance teams as fairly and equally as possible.

## Number of Games

The number of games in the AYS league may vary due to the number of teams organized in the league. The minimum number of games that shall be permitted for the regular season is ten (10). Efforts will be made to make up games and practices that are cancelled due to inclement weather.

## Participation and Competition

PLAYING TIME AND SUBSTITUTION RULES
Player substitutions will be allowed as outlined below. Please read carefully! Violation of the playing time or substitution rules will result in suspension of the Head Coach.

Every team MUST sit out their $1^{\text {st }}$ round and $2^{\text {nd }}$ round draft pick for a MINIMUM of $1 / 2$ a quarter every game. Quarters are 9:00 minutes with continuous running clock in the Middle School division and 10:00 minutes with continuous running clock the High School division. Therefore, each team's $1^{\text {st }}$ and $2^{\text {nd }}$ round draft pick must sit out a MINIMUM of $4: 30$ game clock minutes in the Middle School division and a MINIMUM of 5:00 game clock minutes in the High School division).

Each team player present must play a MINIMUM of 2 quarters total per game. Therefore, each player must play a MINIMUM of 18:00 game clock minutes in Middle School division and a MINIMUM of 20:00 game clock minutes in the High School division). It is up to the Head Coach, Assistant Coach, and team statistician of each team to ensure every player receives the minimum 2 full quarters of playing time.

## The Head Coach is subject to suspension if not following this rule.

Substitutions can be made when allowed by the official in quarters 1 through 3. In the $4^{\text {th }}$ quarter, unlimited substitutions can be made during a time out or change of possession/dead ball. Substitute players must check in at the scorer's table. Substitution for a sick or injured player, or a disqualified player due to fouls, are made during an official's time out and do not count toward the one substitution allowed per quarter. Substitutions for sick or injured players do not count toward playing time for the substitute (replacement) player.

Attendance Issues - Any coach who wishes to refuse a player the right to play in a game must notify the Commissioner of their respective grade at least 48 hours prior to the scheduled start of the game. The coach must have tried all possible methods of resolving the problem before contacting the Commissioner.

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There is no obligation to play any team member who arrives after the game starts. The coach should take into consideration the entire situation before deciding not to allow the player to play two full quarters.

RULES - QUICK REFERENCE GUIDE*

|  | Co-ed Middle School | Boys High School |
| :---: | :---: | :---: |
| Scoring Limit | None | None |
| Foul Limit/Player | 5 | 5 |

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| Substitutions | 1 Substitution allowed in <br> each quarter 1 thru 3. | 1 Substitution allowed in <br> each quarter 1 thru 3. <br> Unlimited $4^{\text {th }}$ quarter. <br> Every player must play the <br> minimum playing time. |
| :---: | :---: | :---: | | Unlimited $4^{\text {th }}$ quarter. |
| :---: |
| Every player must play the |
| minimum playing time. |

*Quick reference guide does not supersede official rule book

## Tournaments

Middle School ( $7^{\text {th }} \& 8^{\text {th }}$ Grade) and High School (9th $-12^{\text {th }}$ Grade) AYS Basketball leagues will have a post season tournament. Regular season records will be recorded by the Commissioner in order to seed the tournaments. All coaches must report the results of their game each week to their respective League Coordinator (who won, who lost, and the final score). In the event of a tie in the standings, the tie breaker will be most points scored.

## Game Clock

## Middle School $7^{\text {th }} \& 8^{\text {th }}$ Grade

A regulation game will consist of four (4) quarters, which will be nine (9) minutes with continuous running clock in length. The clock will stop on each whistle the final 2 minutes in the $4^{\text {th }}$ quarter. There will be a 2 -minute half time intermission, and a 1-minute break between quarters.
High School $9^{\text {th }}$ through $12^{\text {th }}$ Grade
A regulation game will consist of four (4) quarters, which will be ten (10) minutes with continuous running clock in length. The clock will stop on each whistle the final 2 minutes in the $4^{\text {th }}$ quarter. There will be a 2 -minute half time intermission, and a 1-minute break between quarters.

## Free Throws (Matches IHSAA Rule Change for 2014)

Players on the lane can move as soon as the ball is released from the shooters hand. The shooter cannot leave until the ball hits the rim. Other players outside of the free throw lane may not enter the lane to rebound.

## Start Time

Each team will be given at least 5 minutes of warm-up prior to the start of the game.

## Forfeits

A team must have 5 players to start the game. Less than 5 players on a team within 5 minutes after the scheduled starting time MAY constitute a forfeit. During the regular season, a substitute can be picked up. This does not apply to the tournament. The substitute MUST be registered with AYS. The substitute must be from the same league or one age division below. Only enough substitute players may be picked up to complete a 5-player lineup. If a regular team member arrives late, the substitute must be removed. In the event of an injury, a substitute may also be picked up if no other team players are available. When a team is forced to pick up a player, that team automatically forfeits the game. Officials assigned to the game will still officiate.

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A game cannot be forfeited due to miscommunication of schedule between AYS to the Head Coach or between the Head Coach to the team. We are all volunteers and mistakes do happen. Under the circumstances of an entire team not showing up due to miscommunication of scheduling, all efforts will be made to reschedule. In instances such as if a coach habitually miscommunicates schedules to his/her team, the AYS may take action and reserves the right to make the final determination.

## Make-up Games

Canceled games may be rescheduled by AYS. Rescheduled games are dependent upon gym availability.

## Gym Clean-up \& Equipment

Both teams will be responsible for disposing of litter on and around the gym, bleachers, and bench after each game (Middle School and High School). Note: We pay to rent the gymnasiums from Avon Schools, but we do not pay the custodians for being there. Please clean up after yourselves after every game!

For Middle School, the teams with the last game of the day will be responsible for clean-up including putting away the score clock.

## Timeouts

Each team is allowed three (3) timeouts of one (1) minute each per game. There is one (1) minute timeout allowed for each overtime period. Coaches or players are allowed to call timeout during a game.

## Score Book \& Game Clock

Score books will be provided. For Middle School, the score book is to remain with the score clock. For high school the score book must remain on the scorer's table in the gym.

A parent volunteer will be designated keep the score book at each game. A parent volunteer from the opposing team will be designated to run the clock.

It is the responsibility of each team to ensure that playing time rules are followed.

## IHSAA Rules

Any rules not covered above will be governed by IHSAA basketball rules (i.e. 10 seconds to cross half court, 5 seconds to dribble or pass, top of the backboard, sides and bottom are in-bounds - the supports are out of bounds, jump ball at the start of the game and overtime, otherwise alternate possessions)

