



AJAA Fall 2023 Baseball Rules: Rookies Division

League Goals

The goals of the AJAA Baseball League are:

- Involving every participant creating a positive experience
- Developing fundamental baseball skills
- Building player confidence
- Emphasizing player efforts
- Practicing good sportsmanship
- Having fun!!!

Code of Conduct

- Any abusive, obscene language, or unsportsmanlike conduct by coaches, players, spectators, or parents WILL NOT be tolerated.
- All coaches, players, umpires, spectators, and parents will treat each other with respect, and speak to each other accordingly.

Sportsmanship Expectations

- Coaches are not only responsible for their own conduct, but also for the conduct of their players and fans as well. All coaches are expected to set a positive example for their teams.
- **Please take notice of the following sportsmanship expectations:**
 - No abusive, profane, or obscene language will be tolerated by ANYONE
 - Anyone ridiculing or directing negative comments to any player, volunteer, or umpire will be asked to leave the field immediately.

League Set up

Little League International Affiliate.

All Little League rules will be followed except the following Amendments, labeled as such.

Further explanation of each league, with the Amendments, listed below.



Rookies Division (6-7 years old) EXPLANATION OF LEAGUE

- Use of real baseball
- USA Baseball certified bats only
- Coach pitch
- No umpires. Coaches will be umpires
- Pitchers Helpers must wear a heart guard (provided by AJAA)
- 5 inning games; no new inning after 1:15 and finish the inning
- Regular season games can end in a tie
- Must bat the entire lineup
- 5 run max per inning (all innings) or 3 outs
- Each batter will receive 7 pitches or 5 swings. If the last one is a foul, then the player will get another pitch.
- The coach must pitch OVERHAND from roughly 30 feet
- A batted ball that comes in contact with the pitching coach is a dead ball
- Only 4 players on the infield dirt (1st base, 2nd base, SS, 3rd base) plus catcher and pitcher's helper
- All other players have to be in the outfield grass
- No Bunts
- No Steals
- No advancing on overthrow to 1st base
- Ball into outfield, advance until ball is controlled in the infield
- All Players will play defense, rotating throughout the season
- Players will rotate between playing the infield and outfield throughout the game
- Use a catcher (standard catcher's gear provided by AJAA, personal protection provided by player)