Ages:

## **TOTS (9am –11am)**

**Monday-Friday** 

9:00am – 10:10am - Soccer Activities on the field, with water

about every 15-20 minutes.

10:10am - 10:35am - Snack 10:40am - 11:00am - Games

## 11:00AM - PICK - UP

Ages:

## Half Day (9am -1:00pm)

**Monday-Friday** 

9:00am – 11:10am - Soccer Activities, working on the Skill

Of the Day (dribbling, passing, trapping,

**Shooting....etc)** 

11:15am – Noon - Lunch 12:05pm – 12:55pm – Games

1:00pm - PICK-UP

Ages:

## Full Day (9am -3:30pm)

**Monday-Friday** 

9:00am – 11:10am - Soccer Activities, working on the Skill

Of the Day (dribbling, passing, trapping,

**Shooting....etc)** 

11:15am – Noon - Lunch

12:05pm - 12:55pm - Games

1:00pm-1:30pm - Cool down inside

1:45pm - 2:30pm - Soccer Activities on the field

2:35pm - 2:50pm - Cool down inside

2:55pm – 3:25pm – Soccer Activities on the field

3:30pm - PICK-UP