

PYSC Short-Sided Soccer Rules - Brief Summary				
	U6	U8	U10	U12
Ages	4-5 yr olds	6-7 yr olds	8-9 yr olds	10-11 yr olds
Field Size	25 yds X 30 yds	35 yds X 55 yds	45 yds X 60 yds	55 yds X 80 yds
Game Length	Four 8 minute quarters	Four 10 minute quarters	Four 12 minute quarters	Four 15 minute quarters,
Quarter Breaks	1 Minutes	1 Minute	1 Minute	1 Minute
Half Breaks	5 Minutes	5 Minutes	5 Minutes	5 Minutes
Field Side Switch	No	Half	Half	Half
Ball Size	#3	#3	#4	#4
Game Size	4 vs 4	7 vs 7 (including keeper)	7 vs 7 (including keeper)	9 vs 9 (including keeper)
Goal Keepers	No	Yes	Yes	Yes
Substitutions	At any stoppage unlimited	Unlimited between periods, on goal kicks, on corner kicks, after a goal, extended time-out. On throw-ins & corner kicks only if team in possession does	Unlimited between periods, on goal kicks, on corner kicks, after a goal, extended time-out. On throw-ins & corner kicks only if team in possession does	Unlimited between periods, on goal kicks, on corner kicks, after a goal, extended time-out. On throw-ins & corner kicks only if team in possession does
Playing Time Per Player	50 Percent	50 Percent	50 Percent	50 Percent
Heading Allowed	No	No	No	No
Punting Allowed	No	No	No	Yes
Referees	Yes / 1	Yes / 2	Yes / 2	Yes / 2
Fouls and Restarts	Indirect Kicks, opponents 10 ft from ball	Indirect Kicks, opponent 8 yds from ball	Direct or Indirect, opponent 8 yds from ball	Direct or Indirect, opponent 8 yds from ball
Goal Kicks	Ball on goal box, opponents 10 ft from ball	Ball on goal box, opponents beyond build-out line	Ball on goal box, opponents beyond build-out line	Ball on goal box, opponents 8 yds from ball
Corner Kicks	Yes, opponents 10 ft from ball	Yes, opponents 8 yds from ball	Yes, opponents 8 yds from ball	Yes, opponents 8 yds from ball
Off Sides	No	No	Yes	Yes
Goalie Ball Hold Time	N/A	6 seconds	6 seconds	6 seconds
Throw Ins	No	Yes	Yes	Yes
Score Keep	No	No	Yes	Yes

Updated 3/17/25