

# Lacey Girls Softball League

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## General Rules & Regulations ~ 2026 Season

It is the intent of the LGSL to follow the most current edition of the "Official U.S.A. Softball Rules" for the T-Ball (6u), 8u, 10u, 12u/14u divisions. The rule modifications listed within this document are the **only exceptions**.

1. Season runs: Opening Day, April 18, 2026 (No Rain Date)  
Closing Day: June 13, 2026 (Rain Date: Sunday, June 14, 2026)
2. The **umpire/umpires** on the field of play are the final authority on all USA rule interpretations. Any protests to USA rule interpretation will be made to the umpire/umpires on the field of play and their decision is final. Any interpretation protests to the LGSL rules will be made first to the umpire, then in accordance with USA rules however, you may make the protest to your Board of Directors.

The umpires are the final authority on all judgment calls; their decision on the field is final and cannot be protested.

The decisions of the umpires are to be upheld by everyone at ALL times. Questioning a rule interpretation is permissible by Manager only

3. Any **litter** left on fields or dugouts is the responsibility of those teams playing on the field that day. **Please clean up!**
4. **The pitching style** for the league is fastpitch. One foot must start on the rubber, then bring both hands together. Players can deliver the pitch from that point or can separate hands and then deliver the pitch. If a pitcher cannot windmill we will accept a modified pitching style instead. Illegal pitches will not be called, but the umpire will let the player know it was illegal so they correct their mistake (teaching moment). ALL infield players MUST wear face masks on defense.
5. Inclement weather, unplayable field conditions or cancellation by the Board are the only reasons for games not being played. Once at the field, games cannot be  canceled  for a lack of players. If either team is unable to field enough players, said teams(s) will receive a forfeit.

6. Rescheduled games are to be assigned by the Board and played within 2 weeks from the cancellation date.
7. Any form of alcohol or smoking is prohibited on or near playing fields. Parking lots are also included in this area. This includes Manager, Coaches, Players, Scorekeepers and Umpires.
8. All coaches must go online to get a background check every year. This is confidential. The Board gets notified if you pass or did not pass. The Board does not get notified why you did or did not pass. **NO ONE IS ALLOWED ON THE FIELD DURING PRACTICES UNLESS THEY HAVE HAD A BACKGROUND CHECK.** During games, parents who have not had a background check may help out as base coaches only.
9. Wearing of batting helmets IN ALL DIVISIONS with attached face guard/mask is mandatory. Batters, base runners, on-deck batters and any player acting as coach at the first or third base line must wear helmets.
10. The umpire will eject any batter who DELIBERATELY throws a bat or any other item of equipment.

If the umpire judges a player to have subjected another player, umpire, coach, or anyone on or off the field, to the risk of injury by throwing a bat, the umpire shall issue a warning or possible ejection to the coach of the team of the offending player, which shall serve as a team warning, resulting in ejection of that player or any player on that team if the act is repeated.

11. All players must wear their Team Shirts. In all cases, players should look the same, i.e.; colors. No open toed shoes are allowed. Players/Coaches in all divisions may wear all-purpose shoes. **METAL CLEATS are NOT ALLOWED!**
12. **JEWELRY IS PROHIBITED. THIS APPLIES TO ALL DIVISIONS. LGSL**  
**EXCEPTION:** When a girl has newly pierced ears and cannot remove the earrings, the coach must put adhesive tape or a bandage over the child's earrings to prevent any type of injury and notify the home plate umpire and other coach of the earrings. Medical alert bracelets are allowed.
13. Players, managers, coaches and volunteers authorized by the manager are the ONLY persons who are to be on the bench. Players are to remain in the vicinity of the bench during the course of the game.
14. Any runner is out when she does not avoid contact or attempt to get around a fielder who has the ball and is waiting to make the tag or if she maliciously runs into a fielder, which

may be grounds for ejection. Sliding is an example of avoiding contact. The League rule supersedes the ASA rule.

15. Only one player at a time is allowed in the batter's on-deck circle. On-deck batters must wear their batting helmet!
16. The catcher **MUST** wear a head protector, a protective mask with throat protector (which must be commercially manufactured, properly attached and unaltered), body/chest protector, and baseball/softball protective shin guards. Any player warming up a pitcher at any location within the confines of the field shall wear a mask and throat protector. Only players, coaches or authorized volunteers will be allowed to warm up the pitchers.
17. Spectators are prohibited from behind the backstop area. The umpire shall have the power to remove spectators who do not comply with this rule after requesting to move. Possible forfeit of game if coach can't control his team or fans
18. Only USA/ASA/USSA approved bats may be used; those bats deemed illegal on the MOST CURRENT USA banned bat list are NOT ALLOWED!
19. Players, managers, coaches, umpire(s) and spectators shall NOT ridicule anyone however, they MAY use encouraging chatter.
20. No profanity, foul language or derogatory remarks will be tolerated from players, managers, coaches, umpires or spectators. Foul language and/or disparaging remarks about coaches, teammates, opponents and umpires will not be tolerated. Umpires will act according to the latest edition of the ASA Softball Rules and should be informed of any additional League rules before the game starts.

Violators will receive ONE (at the discretion of the umpire) warning from the umpire. A second violation will result in that person(s) being removed from the playing area by the umpire before play can or will be resumed. If the umpire feels it necessary, said person(s) will be asked to leave the park totally. If a League member is ejected, they will receive a minimum one game suspension. In addition, any League member provoking a fight will be suspended a minimum of two games and any league member actually fighting physical contact of any kind) will be suspended from the League for one year. Please be advised that these are minimum penalties!

Any questions regarding rules and or disputes shall be referred back to the Board of Directors.