

# EHT SOCCER CLUB

## U5 & U6 Spring 2024

- **NO SCORES are to be kept & FUN should be emphasized!**
- Each team should help bring nets from the equipment shed to the fields, and bring them back when games are completed. **ONE SANDBAG PER GOAL is required to play.** **Please don't allow kids to hang on the goal or walk up the net.**
- Utilize size 3 balls.
- **SHIN PADS and SOCCER CLEATS MUST BE WORN!**
- Teams should practice for 5 minutes prior to the start of the game.
- 4 vs 4 **NO GOALIE**. Four field players VS four field players.
- There will be **4 ten-minute quarters**. There is a 2 minute rest in between quarters with a 5 minute at halftime.
- Teams will switch sides after halftime.
- May substitute anytime the play stops or when agreed upon by BOTH coaches.
- **MERCY RULE: This is beneficial to all players.** If the score is more than 3 goal difference, the team with the lower score will add a player to the field of play to give them a chance to score. If a player can't be added then the team with higher score will take a player off the field of play. Once the team with lower score scores then players resume normal player counts.
- No defensive players allowed within 5' area around the goal unless the ball is in there first, coaches use their discretion.
- Coaches please use your whistles to stop or start the game or play. The kids need to learn this basic skill. It will carry over into later years of soccer.
- The parents **MUST** sit on the opposite side of the field at least 2' off of the sideline. NO ONE sits on the goal line sides.
- Only **ONE** coach from each team is allowed on the field. Both coaches are Referees. You can make 1 coach a sideline Referee and the other coach can be the field Referee. Switch off at the end of the quarter.
- A game starts with one team getting a free kick from the midfield center spot, all defensive players should be several feet away until the ball is kicked. (Suggested do a coin toss and have 2 kids per team call heads or tails. Whatever team starts the game with the ball won't have the ball to start the second half.)
- If the ball goes out (completely crosses the line) on the sidelines, the other team kicks it in. Coaches use your discretion if the ball is coming back into the field of play. This is a recreation league and we want the kids to try.
- The ball **MUST completely cross the goal line into the goal** to count as a goal. The other team gets the ball at midfield just like the start of the game.
- If the offense kicks the ball and misses the goal, and the ball goes past the goal line, the defense kicks the ball from about 6' from either side of the goal.
- If the defense kicks the ball out of bounds behind their **own** goal the offense gets the ball on the corner and kicks it in.
- If someone pushes, shoves, or side tackles any player **STOP play** and let the other team kick the ball the offending team must take 6 big steps away or more.
- If someone touches or picks up the ball with their hands the **OTHER** team gets the ball at the spot where it was touched with hands.

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- If the ball hits them by accident, allow the play to continue.
- Have fun with the kids, cheer for the whole team, not just your child.
- At the end of the game, have kids line up on the sideline to give high fives and a good game chant. Shows good sportsmanlike behavior.