



Hello Families,

We had a great 2nd Week of in-Person Workouts! Your boys are working very hard and we can't wait to get onto the field to show off their progress! We are hopeful that we will begin football camp in pads on December 14th, and have our 1st Regular Season game on 1/8/21. If there are any changes to these dates I will make sure to message everyone ASAP.

For Week 3 of POD workouts Frosh/Soph will practice from 2:30-4:00 PM and Varsity will practice from 3:45-5:10 PM. Workouts will be on Mon-Thurs until further notice. Please refer to the FB calendar for the schedule over the Holidays.

During the Week of Thanksgiving we are scheduled to practice on Monday 11/23 and Tuesday 11/24. The athletes will then have the rest of the week off. If you know in advance that your athlete will not be able to attend a practice we ask that you contact the coaching staff in advance. Thank you.

For Student Drop off: We ask that you drop off your athletes in front of the curb outside the weight room in the parking lot off 183rd Street. We kindly ask that parents STAY IN THE CAR at all times. Parents are asked to leave campus during practice, and then come back in time for pick-up.

For Student Pick-Up: We ask that you wait parked in the parking lot off 183rd Street in a designated spot. This will help us to avoid crowds of kids gathering after practice is over.

**** If you are going to be late to pick up your athlete after practice we kindly ask that you pick up your child on the corner of 183st and Bloomfield. We have been told that NO ATHLETE should be on campus once practice is over. Thank you for helping us follow district guidelines at this time ****

In-Person workouts currently consist of conditioning drills and working out outside of the weight room. We ask that all athletes BRING/WEAR A MASK, wear Don colored workout clothes (Blank and Gold), bring cleats, and bring a water bottle. These sessions are strictly organized where we maintain space for safety. ALL PLAYERS and COACHES will be screened before entering the workout area, and ANY player/coach that has ANY symptoms will be sent home immediately.

1.) Week 3 PODS Off-Season Football Schedule:

- **Monday 11/16:** F/S practice from 2:30 – 4:00 PM & Varsity from 3:45 – 5:10 PM
- **Tuesday 11/17:** F/S practice from 2:30 – 4:00 PM & Varsity from 3:45 – 5:10 PM
- **Wednesday 11/18:** F/S practice from 2:30 – 4:00 PM & Varsity from 3:45 – 5:10 PM
- **Thursday 11/19:** F/S practice from 2:30 – 4:00 PM & Varsity from 3:45 – 5:10 PM
- **'Football' Friday 11/20:** Football IQ Training on own
- **'Recovery' Saturday 11/21:** Recovery Workout on own
- **'Soul' Sunday 11/22:** Kids are encouraged to help others / Spend time with Family

2.) Cleaning Donations:

- In the Spirit of 2020 we are asking for the following donations to help keep our facilities safe and clean for your student-athletes; **masks, cleaning wipes, and hand sanitizer.** Thank you in advance!

3.) Updated Calendar

- An updated Calendar was attached in a previous email. If you need a Calendar sent over please reply to this email and I will send one ASAP.

4.) Homecoming Raffle Tickets

- All players that picked up their Spirit Pack also received 20 tickets for our Homecoming Raffle. Tickets are sold for \$5 each and we are asking each player to sell their entire book of 20 for a chance to win 4 different GREAT prizes!
- **We are asking that all tickets be sold and turned-in in a timely manner. Please contact Heather Barron or Coach Carter when tickets are sold!**

GO DONS!!!! Thank you in advance,

Coach Carter and Staff