

# Buddy Werner Tahoe

The Weekly Update  
For Sunday, February 3, 2019

**Weather Forecast:** 46° to 25° F

**Expected Conditions:** Snow

Hello Buddy Werner Parents and Skiers,

## *Practice makes perfect!*

Thanks to everyone for your help with Race 2 – it was another successful day for our racers! We attempted to pull off a dual course race, but for a variety of reasons, we were unable to do so. Nevertheless, we still got all our skiers through two runs on a single course in good time. Much of the reason for that is our skiers – they flew through the course! Check out the overall results and the results by age group attached to the email to which this newsletter was attached. The results have also been uploaded to our website. We'll hand out #1 bibs at our next race on Sunday, February 10.

**This Sunday**, February 3, we'll use our time to practice and we'll end by noon at the latest so everyone can get home in time for the Super Bowl! Please have your skiers in the Aspen Lodge and ready for check-in at 8:00 am. We will have morning announcements at 8:30 a.m., coaches meeting immediately thereafter and then send our skiers out to the Buddy Tree to meet their coaches.

They are calling for storms all weekend. Please make sure to check road conditions and leave early – there is likely to be chain controls.

## *Safety Reminders*

Even though our skiers had much success on the race course this last weekend, unfortunately we also had a few accidents off the course. Listen, we all love and enjoy our extreme sport of skiing. And we all know that with an extreme sport comes an extreme risk of injury. However, there are many things we can do to lessen the chance of injuries to ourselves and our kids. So, a few safety reminders we'd like to share with you all and we ask that you discuss each of these with your kids. Coaches, please continue to reinforce these rules with your teams:

1. We all love to goof off and have fun on the snow. Coming in hot and spraying our friends with snow from a good hockey stop seems like just part of the fun. However, many injuries can occur this way. When conditions are icy you may not be able to stop as fast as you were planning and may end up knocking over the friend you wanted to spray. If you come it too fast or you accidentally catch an edge, you may lose control and hurt those who are already stopped below you. Not good. When practicing with our team, or skiing with a group, always be in control and proper etiquette dictates skiers should come to a controlled stop downhill of the group you are skiing with.

2. Remember that skiers in front of you or below you on the trail have the right of way. You can see them, but they probably can't see you, so it's up to you to avoid them. Never stop in the middle of a trail or anywhere where you can't be seen from above.
3. Look uphill to make sure no one is coming toward you before you start down a trail or merge onto a new trail.
4. Pay attention to warning signs. If a sign says, "Slow" or "Slow skiing area," you must go slow and avoid other skiers.
5. When racing we tell our racers to go fast and take chances. But that is the motto for racing on a race course CLOSED to the public. When warming up, practicing, and taking fun runs on slopes open to the public, STAY IN CONTROL. We must always be ready to slow down or avoid objects or other people at any time. Ski and ride in such a way that you are always able to control yourself regardless of conditions and avoid others and objects you may encounter on the run, groomed or otherwise.

### *We NEED your help!*

Our Raffle Basket Fundraiser is scheduled for **March 10** in the Aspen Lodge. This is our only fundraiser for the year and it helps us maintain our timing equipment, update race gear and keep our registration affordable from year to year. Generally speaking, each team donates a themed basket full of goodies to the event and then we sell raffle tickets on the day of the event to raffle off each basket as a fundraiser. Last year we made a significant amount of money with our raffle and we hope to do the same again this year.

So, if you are still looking for a way to fulfill your volunteer hours or you are just good at fundraising or coordinating events, please volunteer. If interested, send an email to [president@buddywernertahoe.com](mailto:president@buddywernertahoe.com) and we will give you all the necessary details!

### *Buddy Werner Board Meeting – THIS MONDAY*

Ever wonder what it takes to keep this organization going? Have some ideas about how to improve our operations? Want to have a say in our behind the scenes decisions? Come to a board meeting! Our next meeting is this **Monday, February 4, 6 p.m.** at Steve's Pizza in El Dorado Hills. Get involved and join us!

### *A Few More Things ...*

- Please make sure you log your volunteer hours weekly at the end of each day at the lodge desk.
- Make sure your skiers know where their lunch is located in the lodge.
- Before you leave the lodge in the morning please tuck your gear against the walls, under the counters and away from the tables.

That's it for this week. We will see you all bright and early on Sunday!

The Buddy Werner Board  
Amy Haydt, President  
Darren Mack, Vice-President  
Nicole Scroggins, Vice-President  
Dawn Coker, Secretary  
John Chandler, Voting Director  
Jud Wheeler, Voting Director