



INTERLEAGUE RULES 2025

JUNIORS AND SENIORS SOFTBALL

Games will be played under official Little League Senior League Softball rules with the following clarifications.

Coaches: Teams may have three adult coaches. One coach must be in the dugout at all times.

Equipment: Cleats may be plastic, rubber, or metal. Home teams provide 12-inch softballs.

Pitchers must wear a safety mask. (Infielder and outfielder safety masks are optional.)

Time Limit/Curfew: Time limit for all games is 2 hours (no new inning after that point) or 7 innings. Friday and Saturday games will have a curfew of 10:30 pm. All other games will have a curfew of 9 pm. No inning can start after the designated curfew times. The chief umpire should keep official time at home plate. An inning must continue if it begins before curfew. If a game is tied at the time of curfew, the continuation of that game will need to be scheduled by the representatives of each league involved.

Doubleheaders: Each game will consist of 5 innings and have a 1 hour, 45 minute time limit. The host team will be the home team in Game 1 and the visiting team in Game 2.

Ending an Inning: An inning shall end when 3 outs are made or when 5 runs have scored. If a team is trailing by more than 5 runs in the last inning, the inning can be completed to allow for maximum playing time. If the visiting team is ahead by 6 runs or more when the time limit is reached, the home team may bat but are limited to 5 runs. If the home team is ahead and batting when the time limit is reached, they will continue to bat until 3 outs are made or 5 runs are scored. If the visiting team is batting when the time limit is reached, their portion of the inning should be completed.

Local Option for Rule 4.10e: The 15-run rule and 10 run rules are in effect. Note that the 15-run rule takes effect once the visiting team has completed 4 at bats, and the 10-run rule applies the visiting team has completed 5 at bats.

Batting Order: All players present shall be in the batting order (continuous batting order) for the entire game (rule 4.04). Free defensive substitution as per rule 4.04.

Rule 6.02c is enforced: After entering the batter's box, the batter must remain in the box with at least one foot throughout the at-bat except for instances outlined in the rule book.

The on-deck batter should remain in the on-deck circle closest to their dugout.

Courtesy Runner – For the Regular Season, a courtesy runner for the pitcher and/or catcher of record when there are two (2) outs. Because continuous batting order is used, the “courtesy runner” must be the player in the batting order who made the last out.

Pool Players: Pool players must be noted in the line up and be pointed out at the pre-game plate meeting. Pool players cannot pitch but can play any other position, bat anywhere in the lineup and must play at least 9 consecutive outs and bat once.

The pitching circle shall be chalked and pitches must be thrown from the 43’ pitching plate

Senior League reminder: Regulation VI(c): A pitcher may be withdrawn from the game offensively or defensively, and return as pitcher once per inning provided the return does not violate the substitution, visits per pitcher, or mandatory play rule(s).