

JYFL 2020 Football Alternative Schedule			6:00pm - 8:00pm @ Adair-Kennedy Turf		
Group	Kindergarten - 2nd	6th-8th	3rd-5th	6th-8th	3rd-5th
Day	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
No Contact First Week	8/10/2020	8/11/2020	8/12/2020	8/13/2020	8/14/2020
Dynamic Workout, Individual Skill Building, and Flag Scrimmages	8/17/2020	8/18/2020	8/19/2020	8/20/2020	8/21/2020
	8/24/2020	8/25/2020	8/26/2020	8/27/2020	8/28/2020
	8/31/2020	9/1/2020	9/2/2020	9/3/2020	9/4/2020
	9/7/2020	9/8/2020	9/9/2020	9/10/2020	9/11/2020
	9/14/2020	9/15/2020	9/16/2020	9/17/2020	9/18/2020
Risk Mitigation Team	Angela Lewis	Heather Mahle	Tim Shockley	Heather Mahle	Tim Shockley
	Tanya Howard	Amy Ridle	Jackie Bell	Amy Ridle	Jackie Bell
		Mike & Sara Chambers	Amy Ridle	Mike & Sara Chambers	Amy Ridle
		Jason Hart		Jason Hart	
Coaches	Steve Lewis	Dennis Galey	Sean Goertzen	Dennis Galey	Sean Goertzen
	Sara Garcia	Brandon Ridle	Tyler Womack	Brandon Ridle	Tyler Womack
	Angela Lewis	Josh Mahle	Gerald Mayeda JR	Josh Mahle	Gerald Mayeda JR
			Shawn Guthrie		Shawn Guthrie
			Mark Schultz		Mark Schultz

Risk Mitigation Team:

- Setup Field – Includes setting out cones on field – creating 10' grid.
- Check-In @ Gate – Attendance Log & Screening 5:45 – 6:05
- Sanitize high-touched surfaces
- Sanitize cones, balls & any other equipment used after the workout & skill building
- Sanitize flags and balls after flag scrimmages and before putting away.
- If needed set up 6' distancing cones on sideline for scrimmages.

Participant To Bring:

- Personal Water Bottle
- Mouthpiece (one will be provided to you and it is required to participate in any flag scrimmages)
- Long sleeves to be worn at all practices
- Cleats or Tennis shoes
- Masks encouraged when not exercising and when 6' distancing is not possible.
- Sweats, sweaters, hoodies, base layer should be considered based on the weather.

Special Expectations:

- Signed COVID-19 waiver must be on file prior to first session.
- 40 max participants per practice
- Smaller groups will be assigned at beginning of each week to reduce exposure.
- No Congregation before or after practice
- 6' distance expected prior to check-in until you leave, with exception of flag play. (Sidelines still expected to distance)
- No More than two individuals in bathroom at a time
- Hand sanitization readily available and recommended after bathroom and drink breaks.
- No sharing of equipment.
- No handshakes, high fives, fist/elbow bumps, group celebrations, etc.