

Recruiting Guidelines & Tips

Recruits

If you want a coach to seriously recruit you and they can't see you at any tournaments, they will not recruit without a skills or game action video. The best method is to upload your video to an online service such as YouTube or if you have a HUDL account. The video link can be easily emailed to college coaches.

Get an e-mail address – coaches love to e-mail prospective recruits. You can set up a free email account with Hotmail, Yahoo, Google (Gmail), etc. Please make sure that your email address is professional. Example: firstname.lastname@gmail.com

Fill out information for programs that interest you ASAP. All schools have websites, which you can evaluate the school and take virtual tours. Visit the volleyball team webpage to get a feel for the team, current roster & schedule.

Parents

Help your daughters stay on schedule with the information. In the beginning, they may feel overwhelmed when inundated with brochures, letters, e-mails & phone calls. As schools are notified that they are no longer in contention, it will become easier to manage.

Once coaches have e-mailed, respond back to them with e-mails too and develop the relationship further and ask any questions that you may have.

Make sure your daughter registers with the NCAA & NAIA Eligibility Centers. Have your daughter take the ACT more than once. Nothing to lose – you get to keep the higher score even if you score lower on a subsequent exam and you can take the best scores in each subject from multiple exams to get a “composite” score. You should be able to forward your scores directly to the Eligibility Centers by selecting a “school” code and placing it on your ACT registration form. The NCAA's school code is 9999 and the NAIA's is 9876.

D1 Recruiting Process Steps & Rules

June 15th prior to junior year – On June 15th, college coaches can correspond with juniors as much as they like via email and texts. Official and unofficial visits to a college campus can be made during this time for D2 schools but cannot be made to D1 schools until August 1st. The recruits can make as many as they want (but only one to a specific school) to D2 schools but no more than 5 official visits to D1 schools. Unofficial visits are unlimited. Recruits should register with NCAA Eligibility Center.

D2 Recruiting Differences – Unlimited official visits but no more than one to each school starting on June 15th prior to junior year. Unlimited off campus contacts with parents & recruit

beginning June 15th prior to Junior year. A recruit may practice or work out with the team while on campus as long as their HS season has ended.

D3 Recruiting Differences – Unlimited official visits but no more than one to each school. Phone calls can be made at any time by coaches. Unlimited off campus contacts.