

YAEFL Wavier Acknowledgment for Communicable Diseases Including COVID-19

While it is not possible to eliminate all risk of furthering the spread of COVID-19, the YAEFL will take necessary precautions and comply with guidelines from the federal, state, and local governments, CDC, and PIAA, to reduce the risks to players, cheerleaders, coaches, and their families. As knowledge regarding COVID-19 is constantly changing, YAEFL reserves the right to adjust and implement precautionary methods as necessary to decrease the risk of exposure for our players, cheerleaders, coaches, and spectators. Some precautionary methods in the YAEFL plan include, but may not be limited to:

- 1. Health screening tests following CDC guidelines for each Phase.**
2. Encourage social distancing and promote healthy hygiene practices such as hand washing, using hand sanitizer, etc.
3. Intensify cleaning, disinfection, and ventilation in all facilities.
4. Educate players, cheerleaders, coaches, and parents on health and safety protocols.
5. Require players, cheerleaders, coaches, and officials to provide their own water bottles for hydration.
- 6. Parents must take player or cheerleader's temperature prior to practice or game. Anyone who is sick must stay home, including a fever of 100.4 degrees or above.**
7. Plan in place if an player, cheerleader or coach gets sick.
8. Regularly communicate and monitor developments with local authorities and families regarding cases, exposures, and updates to policies and procedures.
9. PPE (gloves, masks, eye protection) will be used as needed or determined by local/state governments.
10. YAEFL will identify players, cheerleaders or coaches who may be at higher risk for severe illness from COVID-19 due to underlying medical conditions.

In consideration of the above requirements, I, on behalf of the player or cheerleader, and I, the player or cheerleader, acknowledge the following:

- Participating in the upcoming season may include a possible exposure to a communicable disease, including but not limited to MRSA, influenza, and COVID-19. I/Player/Cheerleader must be an active participant in my/his/her own healthcare.
- In consideration of my/his/her voluntary involvement, I have had an opportunity to carefully read the current CDC Guidelines for COVID-19 virus related health risks and understand the recommended precautions, along with the above requirements.
- I understand if I traveled to one of the COVID-19 hotspots within 2 weeks prior to the start of practice or anytime during the season I will need to be quarantine for 14-days before beginning practice.
- I voluntarily and willingly choose to have Player or Cheerleader participate in the upcoming season. I willingly agree to comply with all procedures, protocols, and requirements put into place by the YAEFL in order to provide for safe athletic participation, to keep myself and others safe, and to limit and reduce the exposure to and spread of COVID-19 and other communicable diseases.
- I knowingly and voluntarily assume all risks related to the COVID-19 virus. I acknowledge that while particular recommendations and personal discipline may reduce the risk, the risk of serious illness and death does exist and I assume full responsibility for my/his/her participation.

**Parents/guardians, players, and cheerleaders are expected to abide by all guidelines for participation. The guidelines were developed to protect the health and safety of all involved. Due to the seriousness of COVID-19 violators will be suspended from participating in the upcoming season.*

Player Name (Printed): _____

Signature of Parent/Guardian: _____ Date: _____

Signature of Player: _____ Date: _____