

2023 Lil Pioneers “In House Rules and Guidelines”

DO NOT USE SOCCER 5 RULES

The Oregon City Soccer Club is committed to providing the **best possible youth sports experience** for players pre-k to second grade and their families! Our youth soccer programs are modified (scaled to be developmentally appropriate) and based on current US Club Soccer Recommendations for young players as mandated by Oregon Youth Soccer Association.

Fair Play Rule: All coaches shall honor the spirit of the recreational game and any team leading by five (5) goals must adjust and attempt to even the play. Use your good judgment to make sure the game is fun for all players on both teams.

Team Listed as **HOME** shall wear **RED** jersey and provide game ball and set up and/or take down field. Team listed as **AWAY** shall wear pennies.

Coaches and players are to sit on the opposite side of parents at **ALL** games. Reasoning is for safety of KIDS due to required mandatory background checks

*****No jewelry may be worn at games or practices (necklaces, earrings, etc)*****

	<u>U4 Pre-K - U5 Pre-K</u>	<u>U6 – Kinder</u>	<u>U7/U8 – 1st & 2nd Grade</u>
Field Size	Length: 25-30 yards	Length: 25-30 yards	Length: 25-30 yards
	Width: 15-20 yards	Width: 15-20 yards	Width: 15-20 yards
	Fields vary based on space	Fields vary based on space	Fields vary based on space
	Ball Size: 3	Ball Size: 3	Ball Size: 3
Goal Size	PUGG Goals (4')	PUGG Goals (4')	Approximately 4' X 6'
Game Length	4 -8-minute quarters	4 -8-minute quarters	4 -10-minute quarters
Breaks/ Halftime	5-minute breaks	5-minute breaks	5-minute breaks
Field Markings	Midfield line (build out line)	Midfield line (build out line)	Midfield line (Build out line)
	Corner kick arc	Corner kick arc	Corner kick arc
	Goal box	Goal box	Goal box
Roster Size	6-8 players suggested	6-8 players suggested	8-10 players suggested
	3 v 3 (no goalie)	3 v 3 (no goalie)	4 v 4 (no goalie)
Referees	No Referees - Coaches allowed on the field	No Referees - Coaches allowed on the field	No Referees - Coaches allowed on the field

Rules	<p>*No slide tackles</p> <p>*No direct Kicks</p> <p>*Throw-ins, corner kicks, & Goal kicks for out of bounds.</p> <p>GOAL KICKS - All players on defending team must be behind the build out line (half field line) until the ball is kicked and touched by a teammate of the player taking the kick .</p>	<p>*No slide tackles</p> <p>*No direct kicks</p> <p>*Throw-ins, corner kicks, & Goal kicks for out of bounds.</p> <p>*GOAL KICKS - All players on defending team must be behind the build out line (half field line) until the ball is kicked and touched by a teammate of the player taking the kick .</p>	<p>*No slide tackles</p> <p>*No direct kicks</p> <p>*Throw ins, corner kicks, goal kicks for out of bounds</p> <p>*GOAL KICKS - All players on defending team must be behind the build out line (half field line) until the ball is kicked and touched by a teammate of the player taking the kick .</p>
-------	--	---	--

	*Substitutions on any dead ball.	*Substitutions on any dead ball.	*Substitutions on any dead ball.
	*Indirect kicks for all penalties	*Indirect kicks for all penalties	*Indirect kicks for all penalties
	**Kickoff to start each period.	**Kickoff to start each period.	**Kickoff to start each period.
	*Switch ends after each Half	*Switch ends after each Half	*Switch ends after each Half
	*Each player must play at least half of game.	*Each player must play at least half of game.	*Each player must play at least half of game.
	Co-ed teams	*Coed teams.	*Gender Based Teams.
	<p>*Repeat throw ins if improperly done</p> <p>*Coaches allowed on field but can't interfere with the ball.</p>	<p>*Repeat throw ins if improperly done</p> <p>*Coaches allowed on field but can't interfere with the ball.</p>	<p>*Repeat throw ins if improperly done.</p> <p>*Coaches allowed on field but can't interfere with the ball.</p>
	<p>*HEADING RULE:</p> <p>No Heading of the ball at any time (game or practices) A player may not use his/her head to play the ball.</p> <p>The penalty for playing the ball using the head is an indirect free kick at the spot of the infraction.</p>	<p>*HEADING RULE:</p> <p>No Heading of the ball at any time (game or practices) A player may not use his/her head to play the ball.</p> <p>The penalty for playing the ball using the head is an indirect free kick at the spot of the infraction.</p>	<p>*HEADING RULE:</p> <p>No Heading of the ball at any time (game or practices) A player may not use his/her head to play the ball.</p> <p>The penalty for playing the ball using the head is an indirect free kick at the spot of the infraction.</p>
	*No offside calls.	*No offside calls.	*No offside calls.