

Mt. Spokane-Mead Pop Warner Association Team Manager First Aid Kit

Important!! Make sure your team Head Coach has a first aid kit on hand if Team Manager is unable to be at every practice.

Suggested Supplies:

**All items to be replaced as needed.*

- ✓ 25 Plastic Bandages ¾" x 3"
- ✓ 3 Plastic Bandages 2" x 4.5"
- ✓ 5 Gauze Pads 3" x 3"
- ✓ 1 Roll Gauze 2"
- ✓ 10 Antiseptic Wipes
- ✓ 3 Sting Relief Wipes
- ✓ 1 Tape ½" x 5 yards
- ✓ 2 Cold/Hot Packs (replace as needed)
- ✓ 1 Scissor
- ✓ 2 Gloves

PLEASE NOTE: Any participant who requires an EPI pen needs to have in the first aid kit unless parent/guardian is present at all games and practices.

This kit provides first aid relief for common injuries. There will be an EMT or Medical Personnel on hand to attend to football related injuries at all Pop Warner sanctioned games.