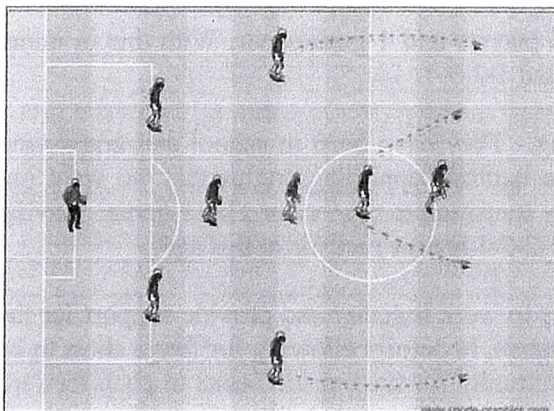


Sample U12 (1-3-3-2) Formation Diagram:



U13+ Formations

Teams in this age group play with 11 players; 10 field players and 1 goalkeeper. Keep in mind that the size of the field has, once again, increased considerably, especially in its width.

In the 11v11 formation, there are several different options, which are displayed and described below. Each system has their strengths and weaknesses on the offensive and defensive side.

3-4-3

3-5-2

4-3-3

4-4-2

The challenge, once the players reach the age of the 11v11 game, is maintaining appropriate defensive and attacking shape all over the field. This is where the choice of formation (system of play) becomes crucial...placing the appropriate players in the correct positions; balancing personnel through the thirds of the field (defensive third, middle third and attacking third).

Sample U13+ (1-4-4-2) Formation Diagrams:

