

Long Hill Recreational Baseball

This is an outline summarizing the 2025 LHBSA Recreation Baseball Rules. Any rule that is not covered in this outline will be covered by the 2025 Cal Ripken Babe Ruth Rule Book

League: Majors

Age/Grades: 5th and 6th Graders and 7th Graders who turn 13 after 4/30/24

Players: From Long Hill Only

Regular Season Games: 10 regular season games plus playoff

Game Days: Monday and Friday

Interleague Games w/ Sending Districts: Yes

Umpires: Two. One behind the plate and one on the bases

Baseball Used: Rawlings RCAL1 or Rawlings RCAL

Bats: USA Bat Standard, exception (-3) BBCOR when playing another long hill team

Field Dimensions: 50/70

Pitching: Player Pitch from 50 ft

Pitch Rules, Count & Innings: 85 pitches or 3 innings, whichever comes first in the regular season.

Pitcher Rest:

- 1-35 pitches: no rest
- 35-50 pitches: 1 day rest
- 50-65 pitches: 2 days rest
- 66-85 pitches: 3 days rest
- 86+ pitches: 4 days rest

Playoff Pitching Rules: The playoffs will NOT have an innings restriction and will go only by pitch counts and incorporate the Cal Ripken tournament rules as follows:

- 1-40 pitches: No Rest
- 41-65 pitches: 1 Day Rest
- 66+ pitches: 2 Days Rest

NOTE: A pitcher may NOT pitch in 3 consecutive games regardless of pitch count during the playoffs.

Roster Bat: Yes, all batters in line up but change sides on 3 outs

Playing Time: min 4 innings in the field per game

Extra OF: No

Extra IF: No

Innings: 6 innings unless subject to time limit

Time Limit: No new inning after 1 hour 45 minutes, no hard stop. No time limit in the playoffs.

Max Runs per Inning: Five Runs in innings 1-4, Uncapped in the 5th and 6th inning. There is no limit in the playoffs.

Mercy Rule: Yes, 10 runs after 4 at bats for the trailing team

Outs Called: Yes

Balls and Strikes Called: Yes

Score Kept: Yes

Standings Kept: Yes, Point System (3W, 2T, 1L). Interleague results count

Tie Breakers: (1) Points (2) Head to Head (3) Runs Allowed (4) Run Differential (5) Coin Flip

Stealing: Yes, all bases including home

Leading: Yes

Sliding: feet first, head first allowed when going back to bag

Courtesy Runner: Allowed for P and C, anytime regardless of number of outs

Extra Bases: No Limit on overthrows

Bunting: Allowed

Fake Bunting: Not Allowed

Slashing: Not Allowed

Balks: called after 1 warning per pitcher (discretion used)

Intentional Walks: Not Allowed