D5



Division 5 Specs

- 10 through 12 year-olds
- Up to 15 players on roster
- 9 or 10 on the field which includes the goalie.
- Game Interval 1 hour, 15 minutes
- 30 minute halves.
- Permanent goals 6' high x 18' wide
- Field 180' x 90'

(Revised 8/21/2025)

Division 5 Rules

- Referees whistle when ball goes out of bounds and then call the team and the action. (Blue throw in, Green corner kick, etc.) Referees use a flag to indicate direction.
- ➤ Depending on position, referee may hand the ball to players for throw-in or places ball on ground for start, goal, and corner kicks.
- ➤ Game 1: Referee demonstrates correct throw-in and gives a do-over if not done correctly.
- Game 2 and beyond: Incorrect throw-in results in a turnover.
- Week 1 and 2: Offsides is not called in Division 5.
- Week 3 and beyond: Offsides is called in Division 5.
- > Referee enforces players on opposing team to back up to bottom of the midfield circle on goal kicks.
- Referee whistles hand balls.
- Referees call fouls for inappropriate contact and award a free kick to the opposing team.
- Penalty kicks in Division 5 for hand ball or foul in the penalty box. All players except the goalie must be outside the box. If the kick is deflected into play, the ball is live
- Coaches only coach from their own half of sidelines.
- ➤ Headers allowed in Division 5 with proper technique. Headers not allowed off a goalie punt.
 - Coaches to discuss calls with referees at the end of quarters or during time outs