



HYR Soccer Equipment List

Each HYR Player will receive...



An HYR T-shirt

The team names are selected by a survey each season. The team themes might range from insects to trees to herbs and spices to Broadway musicals. So we often end up with matches between the “Screaming Zucchini” and the “Justlin’ Jalapenos” or between the “Nutmeg” and the “Peppercorns”. Just roll with it.

Sponsors pay for logos on the HYR shirts. (To sponsor a shirt, email hyr@hcmlouisville.org.)

Each HYR player should provide their own...



Soccer cleats or shoes

Soccer cleats are important the older a player is, the faster they run, or the cooler they want to feel. Soccer cleats do not have a toe cleat like a baseball cleat. Sneakers are fine for younger players. We have bins of recycled cleats at the field.



Soccer Socks

Soccer socks should come up to just below a player’s knees. At HYR, there are not matching uniforms other than the shirt, so the color is a personal choice. It is a long standing tradition to wear unmatched or really funky socks. Please let your freak flag fly!



Soccer Shin Guards

Shin guards can be either completely under the sock or a sleeve that goes over the sock, but they must be worn by all players, and they need to be securely in place.



Soccer Clothes and Jewelry

Soccer shorts or long pants should be made of soft stretchy material that does not contain zippers or rivets. Players should remove all jewelry before the start of a game. Players with earring studs that cannot be removed should cover the entire stud with a soft adhesive bandage (especially the pointed back part.)



A Soccer Ball

Divisions 1, 2, and 3 use a size 3 soccer ball.

Division 4 uses a size 4 soccer ball.

Divisions 5 and 6 use a size 5 soccer ball.

PLEASE LABEL YOUR SOCCER BALL WITH THE PLAYER’S NAME.



A Water Bottle

HYR Provides a water bottle filling station on game days, but not at practice. Please bring your own water bottle to practices and games, label it with the player’s name, and remember to take it home 😊