**Central Iowa Little League: 2018 Official Regulations & Playing Rules**

**T-Ball Baseball & Softball**

**General Rules**

* Keeping Score: No score will be kept.
* Time Limit: 1 hour or 4 innings – whichever occurs first
* Coaches Allowed On The Field: Two adult base coaches and two adult defensive coaches are allowed on the field. One adult (may be a parent) must stay in dugout with players at all times.
* Soft cover or rag-style baseballs will be used.

**Defense**

* The catcher position is optional.
* **Protective Gear:** All catchers, if you use one, must have on protective gear: throat guard, protective cup and little league approved chest and head gear. Violation of this rule will result in a forfeit of your game.  **No exceptions.**
* Fewer Than 9 Players: No penalty.
* More Than 9 Players: Players must assume normal infield positions: pitcher, first base, 2nd base, shortstop and 3rd base. All remaining players must play in the outfield.
* The play is over when a fielder attempts to throw the ball back to the pitcher. Runners in between bases when throw is released will stop at the next base.

**Offense**

* 10’ Arc: A batted ball that does not leave the 10’ arc in front of home plate will be considered a foul ball.
* Batting Out Of Order: No penalty.
* Retiring The Side: Change sides after all offensive players have batted.
* Sliding: Sliding should be avoided to prevent injury to inexperienced players. A runner will not be called out for leaving the base line or stepping off the base to avoid a defensive player.
* 1 Base on an overthrow: Runners may advance 1 base on an overthrow of an obvious attempt to retire a runner.